



# Guernsey Sports Commission Review of the Year | 2018



‘A Voice for Sport’





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# Introduction - Graham Chester



The tail end of 2017 was a time when some difficult decisions had to be made to ensure that the Sports Commission continued to be operational. A number of financial restrictions were put in place to enable the Commission to have the breathing space to get back on an even keel during 2018.

It also meant that we lost our Chief Executive, David Harry, at the end of his three year contract in March. My thanks to David for his efforts over the preceding three years.

One of our flagship offerings was our PE in Schools programme, which up until now has been solely funded by the Sports Commission through corporate sponsorship and our Sponsors Club. We gave the Education Sport & Culture Board 18 months' notice that according to our cash flow forecasts, we were likely to run out of funding about now!

At the behest of the ESC Board, Jeremy Frith, with the help of Alun Williams conducted a review of the programme and made 26 recommendations to the ESC Board, who unanimously agreed to support those recommendations, which will come in to being

in 2019. The new programme will now be known as The Guernsey Primary School Sports Partnership.

We are grateful to the ESC Board for their understanding in what we see as being an integral part of our work continuing.

2018 also saw us identify 8 key work streams, some of which were touched on in the PE review, with that being one of them. We also identified Community Sport, Workforce Development, Sport Governance, Talent / High Performance Programme, Barriers to Participation, Sports Facilities and finally Grants, Funding & Loans, as being the focus of what we offer.

To assist us with understanding first of all where we are presently and then understanding where we and the sports want to go in the future, we have been able to call on the expertise of various people that we have co-opted to help us with this task and I would like to publicly thank Steve Sharman, Conor and Casey Osborough and Dan Guillemette for sharing their knowledge and expertise with us in what I have no doubt will help in shaping the future of Guernsey sport.

The key areas that they are being explored are Sport Governance, Talent / High Performance Programme and Barriers to Participation. It is an extensive piece of work and will help to take ours and sports roles forward.

The results of their findings will be reported

Year for their consideration, comments and assistance in our deliberations.

As we know Education, Sport and Culture will have a new Sport and Physical Activity Strategy ready in 2019 and we will ensure that where we have the resources, we will endeavour to help deliver on that strategy.

This year has seen the formation of the new Health Improvement Commission, which will be a great benefit to our community. Initial discussions between us have been excellent and a much clearer picture is emerging of which Commission will fulfil what obligation, although there will be times when the waters are slightly muddled as to who should be doing what. I think we both agree that so long as somebody is doing it that is the main thing.

Our Community Sport offering continues to offer a valuable service in the form of several of our programmes. Street Sports has just completed its ninth year thanks to the generosity of both Children in Need and the Lloyd's Bank Foundation who have been primarily responsible for its continuity over the years.

Our On Your Marks holiday programme unsurprisingly sponsored by Marks and Spencer, also continues to be popular and is a vital link between some of the work that we are doing in our Primary School Partnership and also Street Sports. Securing a link between the programmes ensures that there is maximum benefit to be had by those most in need of support within sport.

A word about all our volunteers in sport. Without them, there would be no structured sport.

I salute you all for the many hours that you put in to your sport for the greater good, usually without even a word of thanks from the people that you make it possible for them to participate in their sport. Thank you.

Finally, whilst we are a small team, we always give our very best. We are all passionate about sport first and foremost but we are also aware of the incredible benefits sport has to offer across a whole range of things.

It is this that we sometimes suffer from as we try to get that message across to a bigger audience. Whilst we can see what a massive enabler it is, that does not necessarily mean that everybody else sees things that way. We have to be better at blowing the sporting trumpet or singing from the rooftops. Sport is a fantastic product that can and does enable great things to be achieved not only in sport but life also.

# Schools

## PE in Schools

The PE in Schools Programme, now in its 7th year, continues to provide local primary schools with additional opportunities and PE provision.

PE was delivered to every Year 3 and 4 class at the 12 states primary schools and 2 private schools with each school receiving 15 lessons of high quality PE per class. Over 3 termly blocks of 5 weeks the children and teachers were given the opportunity to learn and enjoy 11 different sports. The lessons take a holistic approach with children developing their physical literacy as well as cognitive, social and personal skills.

The lessons are taught in a safe and positive environment with children developing fundamental skills through game play. Children are rewarded and encouraged to earn 'player of the day' which is chosen by the class teacher and GSC staff member. This can be achieved by showing positive attributes such as sportsmanship, fair play, resilience, encouraging others etc. as well as trying to achieve the session aims.

Class teachers are encouraged to be included in the lessons so that knowledge and understanding is developed each week and can be implemented into their own lessons.

Session plans are handed to teachers so they can repeat or expand on the sessions they have been involved in.

All children are provided with a role within the lesson whether they can physically take part or not, children are taught to assist, coach and officiate.

In 2018, Guernsey primary schools received over 1000 hours of PE and Club provision delivered to up to 1250 children and over 50 teachers.



## Fit Clubs

Fit Clubs are offered to every primary school in Guernsey and provide children with a free opportunity to stay active during lunchtime or after school. Children that attend the lunchtime Fit Club for Year 1 and 2 learn about how to stay active and healthy. The importance of activity, drinking water, getting plenty of sleep and eating healthily are taught through games that focus on fundamental movement skills.



The children earn a sticker each week and aim to complete their booklet which is then taken home to share what has been learnt and includes extra game ideas to play at home or in the playground.

Year 3 and 4 children have the opportunity to attend a free extracurricular club which aims to build upon the sports taught in the PE lessons and to provide information on how to access these sports in the community.

Each week children are given time to reflect on the sport they have played by noting down what they have learnt or enjoyed from playing the sport.

We actively encourage schools to target the most inactive or children whom they think would most benefit from attending.



## Reception PE

A 5 week block of PE lessons were offered to all Guernsey Primary Schools in 2018. The lessons focus on the fundamental movement skills of running, dodging, hopping, jumping, throwing, catching and dribbling. The lessons are 30 minutes in length and ensure the children have maximum contact time with the equipment and are active throughout.

The key aim is to provide the children with a positive first experience of PE and provide teachers with resources and ideas to further their knowledge and improve their confidence when teaching PE.



## Year 3 and 4 Festivals

In 2018 the now established free festival opportunities provided even more children with the opportunity to access sport in the community.

This year we worked with badminton, fencing, golf, table tennis, tennis, sailing and squash with over 150 children taking part. Targeted at children in Year 3 and 4 the festivals aim to work closely with the respective sports and encourage the attendees to take up the sport if they have enjoyed the experience. Children have the opportunity to attend a training session and a festival date.

The festivals provide a welcoming and inclusive environment for children to experience the sport and have strong emphasis on fair play and fun.

## Inter School Festivals

In 2018, our Inter School Festivals provided additional competition opportunities to children in Year 5 and 6. We worked with badminton, fencing, golf, sailing, squash and tennis.

The main aim of these additional opportunities is to provide more inter school competition to those that already exist. Which target those children that may not have had the chance to represent their school and the ensure that children that play a 'minority' sport have the opportunity whilst continuing to link children with sports in the community and allows children to engage or even re-engage with a sport. Children attend a training session and a festival date with all of the administration and organisation completed by the Sports Commission.



## Primary School Sports Leaders

Two schools have taken up this opportunity in 2018. This programme enables us to work with KS2 children for 6 weeks to train them how to be a Sports Leader.

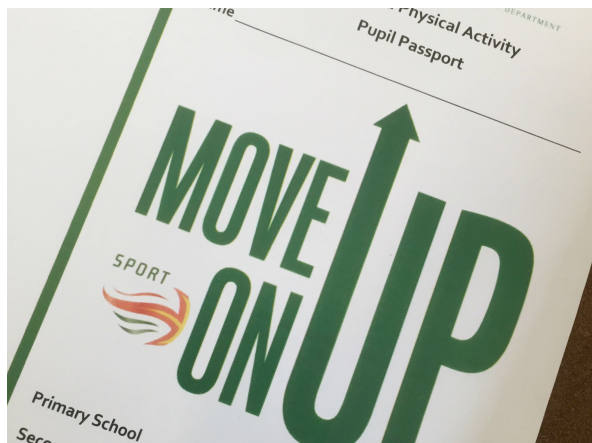
Leaders learn how to create a safe, engaging and active playground. Children create their own games and expectations of what makes a good leader and once trained, they then lead in the playground working together to encourage younger children to be physically active and to play fairly. The number of children trained to lead safe, active playground games in 2017 is more than 20. Schools that have previously been involved are now rolling out an adapted version of the programme.



## Sport and Physical Activity Passports

Sport and Physical Activity Passports were introduced during 2016 and provided the Sports Commission with the opportunity to develop a picture of engagement in physical activity starting with children in Year 6. For the third year the valuable data has also been provided to the Secondary School PE teachers who have been able to ensure that provision is made for those children that have been identified as being 'inactive'.

For the first time data was also collected from Year 8 students, the first cohort to complete the passports when in Year 6.



This year the girls tried Fencing, Judo, Street Dance, Yoga and a mind-set workshop. Marks & Spencer sponsors this event and provides a healthy lunch and a goody bag for each girl. The majority of the girls really enjoyed the day and their comments reinforced the need to stage this event annually.

**‘I think this was a great opportunity and was a great day and has helped give me ideas in different activities’. (Participant)**

## **M&S Girls Convention**

The M&S Girls Convention took place in June for the 9th year running. 60 year 9 girls from five different schools across the island joined us at Beau Sejour Leisure Centre. The aim of the day is to give young women a positive experience of sport and physical activity by offering a variety of activities that do not form part of the regular curriculum.



**M&S**  
EST. 1884

## **PPA PE Project**

9 Primary schools are involved with the PPA PE Project, which offers extra PE and Sport lessons to allow the class teacher Planning, Preparation and Assessment time. All schools are offered one set morning or afternoon slot each week, this continues the same all year. The schools which have been given the afternoon slot also receive the opportunity of a Multi Sports after school club, for 5 weeks per term.



Some schools have focused on one age group, whereas other schools have a different year group each lesson. Different sports and activities are offered to the schools, from swimming to ball skills. The children have the chance to learn and take part in new sports and progress skills that they may already have tried. They have the opportunity to develop social, physical and personal attributes in a PE environment.



## **Bikeability Guernsey**

In 2018 The Guernsey Sports Commission continued their partnership with Traffic and Highway Services and schools in Guernsey to offer Bikeability Guernsey cycle safety training.

Bikeability Guernsey gives children the skills and confidence to ride their bikes and assess the risks and obstacles they may face on today's roads. It is designed to develop road sense, traffic awareness and improve children's ability to ride safely. Most of the training takes place on the road.

Bikeability Guernsey is provided free of charge by the Guernsey Sports Commission on behalf of the States of Guernsey Traffic and Highway Services.



Children must be able to ride a bike before starting the course, this includes the ability to control the bicycle and maintain balance whilst giving hand signals and being able to use gears if fitted.

To gain Bikeability certification, children will need to complete both levels 1 and 2, receiving 6-8 hours of Bikeability training. All sessions must be attended, the course is aimed at pupils in yrs 5 & 6 (age 10-11).

Bikeability is currently taught in 13 primary schools.

The Bikeability team grew to 5 team members in 2018 with Nichola Hodgson, David Harry and Scott Ferbrache to provide additional cycle safety training in schools.





# Community

## On Your Marks

### Programme

The On Your Marks Programme, kindly sponsored by Marks and Spencer (Guernsey), provides children and young people with the opportunity to take part in various activities during the school holidays (February – October).

The sessions focus on developing confidence, physical literacy and social skills through playing sport. The support from Marks and Spencer (Guernsey) enables the Guernsey Sports Commission to offer the activities from just £1 per hour, ensuring that the barrier of cost is removed from preventing children and young people to participate.



411 children and young people took part in the activities in 2018. Primary school and pre-school aged children had the opportunity to attend a Toddler Free Play, Fun and Fit Club (Year R - 2) or Multi Sports (Year 3 – 6). Fun and Fit club sessions focused on the fundamental movement skills, such as running, dodging and rolling. The Multi Sports sessions included; athletics, basketball, cricket, dodgeball, football, frisbee, handball, hockey, longball, rounders, table tennis, tennis, tag rugby, tri-golf and volleyball. Young people in Year 6 and Secondary school this year had the chance to try; badminton, basketball, beach sports, dodgeball, football, golf, judo, tennis, tchouckball and surfing.

The 2018 programme was well supported by the Sports Development Officers and their support was a great addition to what we could offer.

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## Street Sports

Street Sports is a community programme that aims to improve sports provision for young people in order to benefit their physical, mental and social well-being. It offers 6 -18 year olds of all abilities access to free sports and physical activity sessions in their neighbourhood, where a number of young people may experience social and/or economic difficulties. Street Sports gives opportunities for young people to be active, socialise, have fun, play sports and learn new skills. The staff provide a variety of equipment so a wide range of sports can be delivered. Basketball, netball, football, dodgeball and hockey have been popular in 2018. Alongside the sports on offer other activities such as tchoukball, lacrosse, tag games and free play equipment are also enjoyed.

With guidance from staff, participants are always included in the planning and decision making for each session. Young people are given the choice of which activities they would like to do, what rules they want to play by and if they would like to coach, referee or umpire the games. Young people can turn up, register with a member of staff and join in. The sessions are a way of channelling young Islanders' energy into constructive physical activity. Through sport the aim is to improve young people's confidence and self-esteem. The programme is also committed to making young people aware of other activities and services on the Island that may also benefit their well-being. Street Sports staff work closely with other youth agencies that can offer participants advice and support in other

areas of their lives.

Street Sports sessions are delivered fifty weeks of the year with a two week break over Christmas and New Year. The staff team consists of a Development Officer, Street Sports Co-ordinator, Community Sports Leaders and Assistants, all of whom are passionate about sports and engaging with young people. All staff are approachable and enthusiastic about offering new sporting opportunities for participants involved in Street Sports. We also work closely with sports specific coaches, who help support sessions by delivering their sport to the young people a few times a year.



During 2018 we have had over 175 young people aged between 6-18 accessing the Street Sports Programme. 52 young people aged between 11-18 came along to the Tuesday Les Genats estate sessions, with approximately 10 young people attending on a regular basis (1 in 3 sessions or more). We saw around 60 young people aged between 6-11 accessing the Thursday session at Les Genats estate, with approximately 25 attending on a regular basis.



Our Friday night football session has seen 66 young people aged between 11-18 attending during 2018, with approximately 20 participants attending on a regular basis.

At the beginning of September a group of U11's were invited to start attending the older session. We have seen 10 of the U11's transitioning into the older group which proved difficult for the older participants at the start, but now the group are really thriving.

There's enough participants to run team games again and they all have a good level of respect for each other.

The U11's session at Les Genats continues to run smoothly with tag games and team games being enjoyed most weeks. During the summer month's athletics, circus equipment, hula hoops, skipping ropes and the parachute

were taken down to use as free play. The majority of young people who attend are engaged for the full hour, create and play their own games and look forward to the "player of the day" award each week.

Friday night football has been really popular this year with all sessions taking place at Beau Sejour. The young people attending have enjoyed playing football but also take part in lots of other sports. Having use of a bigger space (2 courts) has allowed us to deliver lots of different sports and games each evening. We have seen new participants attending most weeks and lots of young people bringing friends to the session.

During 2018 the Street Sports Programme has been partly funded by Children in Need and the Lloyds Bank Foundation for the Channel Islands.





## Sport Your Trainers

Sport Your Trainers was a new campaign targeted at local schools and workplaces with the aim of fundraising to support some of the key programmes that GSC deliver across the community.

The schools and workplaces that took part wore their trainers for the day and made a donation of £1 each for the privilege. From the 11 schools and 12 workplaces that supported the campaign, a grand total of £4,229.84 was raised.



Additionally, alongside the campaign was a 'Sport Your Trainers' photo challenge supported by Ravenscroft and Fletcher Sports. The winning photo was of Phoebe Smart who collected her voucher from Fletchers Sports.



## Generali Family Fun Day

Around 700 islanders of all ages enjoyed trying out over 16 different sports and activities at the Family Fun Day at Saumarez Park in June, which was organised by the Guernsey Sports Commission. This was the fourth year that the Fun Day was organised and many of the sports that featured at last year's event returned. The Sports Commission set a challenge for those attending to try eight sports/activities, with those completing the challenge being entered into a prize draw. Over 120 entries to the challenge were received.



**‘Great event. So much to try and was brilliant to see so many people trying different sports’**



# Performance

## High Performance Programme

The High Performance Programme now in its 8<sup>th</sup> year continues to provide invaluable support to a number of Guernsey's top sports people and as ever we are extremely grateful to all of those people who have supported the programme particularly Andy Perkins who commits many hours to supporting the programme and its athletes.

With 2018 being a Commonwealth Games year it was fantastic to see athletes that we have provided support to over a number of years, put in world class performances. Lee Merrien's performance in the Marathon, cyclists James McLaughlin and Tobyn Horton, and the performances of the Chalmers brothers throughout 2018 gave us cause to be proud.



Of the other athletes we have supported it has been great to see Maya Le Tissier sign her first professional contract with Brighton and watch Clem Thompson's continued progress within GB Sailing.

Sam Culverwell continues to develop and it was great to see him back on his bike after a bad accident earlier in the year.



What has become clear though is that the programme for a number of reasons needs to move on. The High Performance Centre is in need of significant repairs and the needs of sports in the Island since the programme was set up have changed. With this in mind we have commissioned Dr. Conor Osbrough and Dan Guillemette to review the provision of support for our top athletes on island. Both Conor and Dan have extensive experience in providing athlete focussed sport science support within world class sporting structures. Their recommendations that will be received in March 2019 will shape the future offer for years to come building on the work that has taken place in the past.

# Sporting Heroes

## Induction

The Guernsey Sports Commission revealed Ian Powell as the 21st sporting hero of the Sporting Hall of Fame.

Ian started swimming at the age of 3 at Beau Sejour and went in to the Beau Sejour Swim School at the age of 5, and then on to Barracudas at the age of 11.

Ian made his way through the ranks and ended up representing Guernsey in 5 Island Games; the first in Gotland in 1999 at the age of 13 and the last in Aland in 2011 at which Ian won 7 gold and 3 silver medals breaking 7 Games and Island records in the process.

Ian's swimming career progressed when he was selected to join the Great Britain World Class Performance Programme in 2002 after finishing in 2nd place at the Nationals in the 16 year and under age group for the 200m Backstroke.

Ian also became British Short Course Champion in 2002 for 200m backstroke also in the 16 and under age group.

Recognising that in order to train for competition in a 50 metre pool, Ian made the decision to spend 2 years at Millfield School and during this time he became Under 18 200m Backstroke National Champion and also represented Great Britain at the European Junior Championships in 2003.

It was whilst competing at the Olympic Trials in 2004 where he finished 5th in the 200m Backstroke, Ian was offered a free scholarship to study and train at Florida State University, where he spent 6 years.

Ian represented Guernsey at three Commonwealth Games; Manchester 2002, Melbourne 2006 and Delhi 2010 and went on to swim in two individual finals, which no other Guernsey swimmer has achieved to date.

Ian's closest finish to an Olympic qualification came in 2008 where he finished 4th for the 200m Butterfly.

In the same year he finished 2nd place at the American Short Course Championships and at the following summer World Championship Trials in 2009 finished in 3rd place in the 200m Butterfly and was world ranked for that event.

Ian's other highlights include winning gold in his home Island Games in 2003 and ranking 1st in America for the 50 yard Backstroke for the 30-34 years masters category in 2016 when he came out of retirement for the summer.



# Sporting Achievement

## Awards 2018

On Thursday 10th January 2019 the Guernsey Sports Commission hosted our Sporting Achievement Awards 2018 at Beau Sejour Leisure Centre. 450 people attended the night to see 11 awards presented.

Former Southampton FC and England footballer Matt Le Tissier was our special guest for the evening.



### Full List of Winners

#### **Lambourne Shield**

Sam Culverwell (Cycling)

#### **Beau Sejour Trophy**

Guernsey Panther Under 14s Netball

#### **Nautical Guernsey Shield**

Karl Marshall (Motorsport)

#### **Guernsey Sports Commission Small Team Trophy**

SEAA Road Relay Women's Team

#### **Guernsey Sports Commission Team**

#### **Trophy for over 4 competitors**

Guernsey Raiders (Rugby)

#### **The Baroness Tanni Grey-Thompson**

#### **Trophy for the Para-Sport Athlete with a Physical Impairment**

Sarah Whitchurch (Swimming)

#### **The Ferbrache & Farrell LLP Trophy for the Para-Sport Athlete with an Intellectual Impairment**

Not Awarded

#### **Dave Dorey Memorial Trophy**

Paul Ingrouille (Athletics)

#### **Sir John Loveridge Award**

Charlton Gauvain (Football)

#### **Guernsey Brewer Salver**

Maya Le Tissier (Football)

#### **Richard Burton Salver**

Bradley Watson (Boxing)

#### **Guernsey Sports Commission Trophy**

Alastair Chalmers (Athletics)

# Support

## Workshops

We offer a range of workshops to sports coaches, sports leaders, volunteers and anyone with an interest in furthering their sporting knowledge. These courses are provided to ensure that coaches can remain skilled and can further their professional development. Some courses are also necessary for coaches to fulfil the minimum standards for deployment required by National Governing Bodies.

In 2018 we organised various workshops delivered by Sport Wales and St. John's Ambulance. Workshops delivered included Safeguarding and Protecting Children, Time To Listen and Standard First Aid. A Youth Safeguarding workshop was also delivered, which is specifically for coaches/helpers aged 13-17.



## Funding

### Sports Guernsey (Incorporating Sports and Nautical Guernsey)

With there being no change to the criteria set by Economic Development for 2018, a number of sports decided against making applications to support their events.

There was £28,350 available in the budget but of the 8 applications that were submitted, only 6 met part of the criteria set and were therefore given a grant based on the strength of their application against that.

This therefore meant that funding requests were received for £24,900 and £12,075 was granted. The total cost of the events to the sports to put on was £269,595. The events attracted over 6,000 bed nights and were worth £490,000 to our economy on bed nights alone.

### Sports Development Fund

For the 18<sup>th</sup> consecutive year there was no additional funding made available from the States of Guernsey for the Sports Development Fund and it therefore remained at £65,000.

As is always the case, applications for funding far outweigh what funds there was available and therefore late applications were put on a waiting list.



The percentage of the funds used for coaching in 2018 was 33%, this was for both coaching courses on and off Island. The category where the least funding was claimed was in the off island travel for junior representative teams. This could be due to the cost for getting over to the UK and the convenience of flights. Bear in mind none of these figures relate to inter insular travel as the fund does not support it.

The athletes in the B3 category (top 20 ranking in their sport national/international level) continue to make good use of the funding available although what it can provide for them is extremely limited in the scheme of things. Their annual costs for travel to compete in this standard of competition that cannot be accessed locally is a massive drain of theirs and their parents resources.

# Sport Development Officers

## **Athletics Development**

**Tom Druce**



2018 has been another positive year for Guernsey Athletics on a number of levels. There have been a number of changes within the structure and workforce of the club which are already yielding positive benefits, and athletes have been stepping up both in terms of performance and recreational participation. Various areas of club development continue to organically grow – ultimately young developing athletes are at the centre of much of what we do.

The most successful Track & Field meet in over a decade was hosted at Footes Lane in June which included a 30-strong England U20 Team and a Scottish Athletics Academy side who went up against a senior Guernsey/ Jersey line-up. The Intertrust Athletics Games was coined in the national media as the “Guernsey International” and saw over 80 personal bests set by athletes revelling in the

atmosphere of international athletics. Away from that event, it was especially pleasing that performances on the track and in the field were consistently high in our local T&F meets.

### Schools

As detailed in my report 12 months ago, we have moved to resolve the issue of time constraints on our school availability with the appointment of Lee Merrien to join me on the development team. Lee has taken to his role of Schools Liaison Officer extremely well and as well as allowing us to fulfil more requests for both primary and secondary school PE sessions, he’s also introduced a new primary school event and secondary school initiative. We look forward to working with the GSC on the new PE in Schools model following the recent States backing for this. The club also took on more responsibility (from States Education Dept) for the principle “school sports” events such as the XMA Junior Schools Athletics Championships and these events continue to retain their relevance in their current forms.

### Community

The increased resources in schools has meant that our outreach has been more focused in that area, particularly in terms of younger athletes. Away from schools, our larger principle events also required increased resource in order to cope with increasing numbers – particularly the Fathers’ Day Milk Run Half Marathon.

That event exceeded all expectations meaning that an advanced timing system was required as opposed to manual timekeepers due to the volume of participants. The club also arranged clinics with Lee Merrien for all interested participants who wanted advice and guidance on their preparations for the event. The Intertrust Easter Festival, OSA All-Terrain Challenge and other endurance event series also drew in plenty of amateur athletes from outside of the club's membership.

### Performance

Depth of performances measured from a senior perspective (but including performances from juniors) rose again in 2018 – the club is routinely using an international measure of performance, the world governing body the IAAF's Scoring Tables to track this. A large number of junior athletes continue to make steady progress across an increasing range of disciplines. In terms of individual achievement, Lee Merrien bowed out of competitive athletics with a very credible 8<sup>th</sup> place finish in the Commonwealth Games marathon, and Alastair Chalmers broke the British junior record for the 400m hurdles in the process of an impressive 6<sup>th</sup> place at the World Junior Championships also finished the year ranked as the fastest junior in Europe. His brother Cameron came home from the European Championships with a silver medal as part of the 4x400m relay team but was not involved in the final. Sophie Porter won national indoor bronze in the U20 400m and Joe Chadwick stepped up several levels to rank 1<sup>st</sup> in the UK for U17 indoor 200m.

Our FNB-backed endurance squads also stepped up at regional and national level in the Road Relay events.

### Coach/Workforce Education

The main event for 2018 was the hosting of a Coaching Assistant course here in Guernsey. UK/England Athletics have chosen to move away from the UKCC framework which means this course is essentially straddling the UKCC Levels 1 & 2. Coaches who partake in the course are deemed to be equipped to coach independently so long as a qualified coach of "Athletics Coach" or above is on site at Footes Lane. 15 candidates took part in the course of varying demographics from fresh volunteers to active athletes. In addition, Paul Ingrouille finished his qualification of "Event Group Coach" for endurance, which is the highest formal UKA qualification currently on offer. My own coaching CPD remains a priority in order to be able to lead from the front in terms of coach development and the coaching that all of our athletes ultimately receive. Away from coaching, Louise Perrio and Chris Gillman undertook a Race Directors course to qualify them to organise and hold endurance events under the UKA banner.

# **Badminton Development**

**Matt Haynes**



2018 has once again been a busy developmental year for Guernsey Badminton with a continued development of structure changes around the Senior Clubs and Senior Leagues. Guernsey Badminton have recently written a new Business Plan for the Association with some targets to aim for during the next 5 years in terms of the sport, structures, memberships and facilities. We aim to continually improve the structure and opportunities provided by Guernsey Badminton so that everyone can enjoy the sport at whatever level they wish to play. We hope that this year of development and changes will be for the best interest of the sport and its members and therefore the sport will continue to grow year on year.

## Schools

Guernsey Badminton continues to extend their outreach into the schools programme providing badminton to around an additional 100 pupils this year compared to 2017. The schools programme is working

extremely well with the development officer providing opportunities to Year 5 & 6 pupils while also fitting in as many Year 3 & 4 classes as possible in any spare time slots. Guernsey Badminton also supports the Sports Commissions year 4 festivals and an annual year 5&6 inter-school competition. There is a strong uptake from schools badminton into the Guernsey Badminton after schools clubs so much that we have added an additional session each week for this season.

## Community

We continue to work on ways to increase community involvement into the sport, most successfully has been the Team Challenge event that involves teams of 4 competing in a fun team environment most recently involving over 50 participants who all aren't members of Guernsey Badminton.

Guernsey Badminton has successfully set up a disability badminton club meeting currently once per month, plans to continue to grow this availability to more age groups in the future. Guernsey Badminton has also been providing sessions to the local Scouts groups and DofE to help obtain different awards and badges and we aim to further grow this opportunity. Guernsey Badminton supports the Sports Commission Holiday camps and family fun days to provide badminton opportunities as well as holiday camps delivered at Beau Sejour.

## Performance

Guernsey Badminton have had another good year with regard to performance. We have had victories in the Inter-Insulars for

1st Team (24-3), 2nd team (30-0), veterans (18-12) and the Under 19's (19-11). We also sent 4 players to the Commonwealth Games with a best performance in Women's Doubles reaching the last 16 losing out to a Professional English pairing. This 2018-2019 season also sees Guernsey Badminton heading up an Under 18's Channel Islands team entering the Junior County leagues in the UK with three weekends away over the season playing 6 English counties.

#### Coach/Workforce Education

Planning is still in process for coach education with the first round of courses for Young Leaders, Coaches, Young Officials and Umpires scheduled for 2018-2019 season. Guernsey Badminton aimed to develop a solid Coach Education structure which will allow young players to start themselves on this pathway as young as 14 and develop along the path towards becoming coaches at 16+. There is a similar structure to train Young Officials from 14 years of age and provide them training opportunities to further develop their skills to qualify as full umpires once they are old enough.

## **Cricket Development**

### **Colette Gooding**



2018 was a successful year for Guernsey Cricket with participation numbers improving year on year. There were notable achievements in many areas from a century in the U11 Inter Insular, a fifty in the U13 match to qualification by the Men in the Netherlands to the ICC T20 Europe Final. There have also been some changes with David Hooper leaving his post as Guernsey Cricket Development Officer after a successful 9 years.

#### Schools

Cricket continued to prove popular at Primary School level, with coaches attending sessions at all the island schools. This all culminated in successful Girls and Boys Year 5 & 6 Kwik Cricket tournaments. We also for the first year ran a secondary schools Girls and mixed tournament for Year 7 & 8 which provided very popular. With additional staff this summer we were able to provide more secondary school support.



Elizabeth College is still the strongest cricketing school however it's great to see the developments at Grammar with them touring Jersey for the second year running. We have also seen some great developments at Blanchelande and looking forward to seeing them grow as they have a great new facility.

### Community

This was the second year of the Corporate Cup which saw 10 teams take part and a range of people get involved in cricket who have previously not done so which was great to see. We have had our second successful year of club cricket which sees 136 players competing over three age group U11, U13s and U15s.

Further to this we had a very exciting year with the launch of Ravenscroft Future Stars which led to some 100 Reception to Year 4 budding young cricketers participating in regular activities and all receiving a complimentary bat, bag, cap, shirt and ball. Finally, we have had great fun with our Tots Cricket programme which for the second-year running has proved very popular with over 70 children being involved during the summer.

### Performance

The Senior Women retained the Inter Insular Trophy in Jersey and undertook a UK tour to Sussex and Surrey.

The U19s (actually U17s) took part in the ICC Europe World Cup Qualifiers at Division 2 in Essex, and finished a very credible fourth from nine teams, narrowly missing promotion to Division 1.

In the Netherlands in August the Senior Men qualified for the 2019 T20 World Cup - Europe Final winning four of five matches on their group. Overall six teams qualified from the eighteen who took part.

### Coach/Workforce Education

This season we held a Coach Support Worker course, which enabled us to accredit a further 12 coaches, most of whom are involved with the Junior Club leagues. In addition we had one coach take a Level 2 course in Jersey, whilst our Head of Cricket sat his Level 4 course in November. 2019 will see Ben Ferbrache join us as the Cricket Development Officer.

## **Hockey Development**

### **Steve Eulenkamp**



2018 has been another successful year for Guernsey Hockey. There have been impressive achievements across all sections of the club. The local leagues continue to provide unpredictable and exciting hockey, with the Men's 2<sup>nd</sup> Division going to the last game at the end of 2017/18 and the start of the men's 1<sup>st</sup> Division in 2018/19 getting off to a competitive and interesting start. Changes have also happened in the Ladies' League for the start of this season, resulting in an even start for most of the teams in the league. To help further promote the club and "The Hockey Family" the position of Media Director has been created. This has been successful so far, with increased coverage in traditional and social media.

#### Schools

This year coaches have continued to deliver hockey as part of the PE in Schools programme. Hockey has once again proved to be a popular sport. At the end of 2017/18 academic year, successful hockey tournaments were held for Year 5 and Year 6 children. Whilst the rain was torrential, the

Year 5s enjoyed their hockey. This year the Year 6 tournament was won by Vale School in a competitive and fun event. At the start of the 2018/19 season, Guernsey Hockey began to support hockey in high School PE lessons, with the placement of an experienced and well-qualified coach. This has so far proved successful and a partnership with the Schoolboys Hockey Association led to well attended and competitive Inter Schools Hockey tournaments, which were held at Footes Lane after a long absence. Guernsey Hockey is committed to continuing this partnership to further develop a pathway for young people from all backgrounds to get into hockey.

#### Community

Guernsey Hockey is continuing to develop the community feel, through "The Hockey Family". The Board has been involving the hockey-playing community in many of the decisions being made. There have been a number of Club Forums over the past year, which have encouraged the members to think about how they can support the development of the club. This has led to some small changes in the league teams, which have contributed to more competitive leagues, but also to an increased sense of community. The young people have also begun to become more involved in the running of their section of the club, with the creation of a School Council-style committee, which has brought new and fresh ideas to the club. The Academy Centre continues to be popular, with approximately 100 attendees and the Mini's hockey is also getting more than 100 attendees most weekends.

## Performance

Guernsey Hockey continues to have a strong presence in performance hockey. The senior men's and women's first teams are still competing well nationally, in the England Hockey National Championships. They are now playing tougher opposition and continuing to achieve good results. The U16 boys' team has continued to enter the National Championships this season and got impressive results in their first-round matches in November. Elsewhere, seven young people are taking part in the Regional Performance Centre in Southampton, which is part of the England Hockey Player Pathway. Over the summer two of these young people narrowly missed out on selection to Future's Cup squads, after an impressive season training in the Performance Centre. Successful Academy + sessions, for the brightest young talents, were held over the course of the year, with coaches from the Player Pathway travelling over. In 2018 five current and former Guernsey residents took part in the Master's World Cup competitions in Barcelona.

## Coach/Workforce Education

Over 2018 the club has continued to develop the umpires that took part in the 2017 training. There are now more young people umpiring in the local leagues as part of this. In September, there was some training for Young Leaders in the delivery of Quicksticks Hockey. Many of the attendees are now regular helpers at the Mini's hockey session. 2018 also saw one member of staff travel to England to complete the England Hockey coaching course.

This is part of the commitment to qualify at least one person per year. In 2019, Guernsey Hockey will be working with England Hockey to deliver a bespoke coach conference, supporting local coaches to access some of the England Hockey coaching workshops.

## **Sailing Development** **Clare Chapple**



2018 has been a very successful year for sailing at both grass roots and performance level. We have brought over national coaches for all three youth classes we currently have on Guernsey which have been successful in improving the sailor's skills and developing the local coaches.

The Guernsey Yacht Club (GYC) have sent some of the biggest teams, in three youth/junior classes, to date off Island to compete at National competitions and across to Jersey for the annual triangular match with the local club, St Malo and this year for the first time Alderney. This year the summer programme was almost at capacity with training sessions being run 6 days a week. 2018 has also seen the continuation of our winter training programme



this year also complimented with Yoga sessions after sailing or when too rough to go afloat.

### Schools

The Guernsey Sailing Trust has worked delivering on the water sailing sessions to the GCSE, 9 secondary schools, 17 primary schools and a Home School group, teaching over 1500 school students to sail across a range of different boats. With the special needs school we have been working through the RYA Sailability scheme, and those groups from mainstream school who have come regularly and for more than 4 sessions have been working through the RYA Youth scheme. In conjunction with the Sports Commission we ran a successful year 4 festival and a combined Year 5 and 6 festival, we were also proud to be part of the On Your Marks Holiday programme for students in year 6 and above.

### Community

The GST, in conjunction with the GYC, ran an Open day in April offering free taster sessions sailing on the pond for under 12s. In addition to this, in May, the GST participated in the RYA Push the Boat out National event running an open evening for Sailability. The GYC juniors organised a 24hour sail fundraising event inviting the public to help them keep at least one boat sailing on the pond for a full 24 hours. We were present at the Sports Commission Family fun day taking two boats with us for the public to have a go in. During the summer holidays a drop in centre (£5 for an hour) was available 9-12 on Saturday mornings for sailing on the pond and over 450 children took part.

Our summer courses have been popular with over 400 children sailing at the Guernsey Sailing Trust and working their way through the RYA youth schemes. The GST have also run weekly sessions for St Martin Day Centre and Shotley Villa as part of our Adult Sailability program and our specially adapted disability boat is open for bookings and regularly being enjoyed by two wheel chair users.

### Performance

Sailing has seen a very successful year off island. Clementine Thompson enjoyed a successful year racing in the Olympic Senior circuit. At Gran Canaria Olympic Week, Clementine sailed to an excellent 11th place overall. Then, Clementine bettered her performance at Palamos and was very happy to finish 9th overall. She qualified for gold fleet at Kiel Olympic Week and the European Championships in France. Clementine was also one of 5 GB girls selected to represent the country at the World Sailing Championships in Denmark Clementine is in the British Sailing Team P3 squad, where the ultimate aim is the 2024 and 2028 Olympic games. At junior level we have four new team GB sailors, Abigail Boyle, Jessica Watson, Luke Elliott and Monty Desforges. 11 year old Jessica also had fantastic National Inland Championships finishing 6<sup>th</sup> overall and 1<sup>st</sup> Girl and at the National End of Season Championships Sam Romer and Luke Elliott finishing 2<sup>nd</sup> and 3<sup>rd</sup> Boys all in the regatta fleet for sailors new to big fleet racing.

Last year's three junior squad sailors are now all transitioning into youth classes and will be challenging for squad placing in 2019.

#### Coach/Workforce Education

This year saw 12 13+ year olds qualify as Assistant Instructors, 5 16+ year olds qualify as dinghy instructors. Joe Walter and Zach Ellis Qualified as Race Coaches Level 2 with Ellie Tanguy and Tim Parkes Qualifying as Senior Instructors. A number of parent volunteers also gained powerboat level 2 and safety boat qualifications enabling them to volunteer on the water.

## **Rugby Development**

### **Steve Melbourne**



2018 has been another busy year for Rugby Development on Guernsey. Home Siam's for both Academy and Seniors brought an ever-increasing number of players involved in both Festivals. Both Easter and Summer Camps have seen an increase in numbers and the Easter 7's was opened up to the younger age groups

#### Schools

In school's Rugby Development now has a presence in every school on Guernsey both Primary, Junior and Secondary proving in excess of 3 hours of rugby coaching support on every term day. Secondary Schools boys and Girls Rugby Festivals The re-named Junior Schools Rugby Festival saw both the traditional Tag Rugby and new this year was Contact Rugby for Yr 6's.

#### Community

The Junior Siam saw almost all age groups represented from U7's to U18's. Sadly, owing to lack of players on Jersey the girls 15-18 were unable to find a game.

#### Performance

The Senior Siam was the culmination of a fantastic season with the Raiders winning promotion to National 2 South and a combined club team of GRFC and St Jacques (The Vikings) coming runners up in Sussex 2 in their first season. This season would be for the first time in Siam history that either Island had a clean sweep as Guernsey took all of the Senior Trophies (1<sup>st</sup> XV, Women's, 2<sup>nd</sup> XV and Vets). A special note is the fact that 12 x U18's (Boys and Girls) made their appearance in a Senior Siam which shows the success of the Player Development Pathway.

### Coach/Workforce Education

The Development team has run a number of courses to support Coaches, Managers, Volunteers and Match Officials. That produced 10 x Level 2 Coaches, 16 x Level 1 Referee's, 13 x Assistant Referees and Linesmen. In total 120 Coaches, Managers, Volunteers and Match Officials have been supported in 2018 in a wide range of courses from Safeguarding to Coaching Awards. Added to the above is Jordan Reynolds who is in the final stages of becoming an RFU Coach Educator in addition to his role of Director of Rugby for Guernsey Raiders.

## **Squash Development**

### **Martin Watts**



2018 was another successful year for Guernsey Squash & Racketball. We have maintained the number of older juniors who are now starting to compete in our adult programme as well as introducing younger juniors to the game.

### Schools

The work we have completed in 2018 working with primary school children in year 4, 5 & 6 has helped up with recruitment in these age

groups. We have also increased our secondary school programme allowing us to maintain a greater number of players who will soon be moving to our adult programme.

### Community

Events like the year 4 festivals and year 5&6 inter schools event help us to recruit a number of new players. Free adult taster session have also helped us to encourage more adults to try both squash and racketball.

### Performance

This continues to be a tricky area with the cost of travel to and from Guernsey our performance players both Junior and Senior struggle to get the regular competition required. Both the Junior and Senior Guernsey Open events do attract players to the island and county, regional events in the UK provide some strong competition. Visits from Tim Vail and Mike Workman are crucial to us, so that our performance players remain focused on the levels required.

### Coach/Education Workforce

In 2018 we started a new coach education programme with 12 leaders and 6 level 1 gaining their qualifications. This is an ongoing programme enabling us to qualify more leaders and levels 1's over the coming years as well as encouraging those already qualified to progress to the next level.



# Media Relations

2018 has been another busy year in terms of media relations for our charity, with a number of stories featured in the local media.

The Guernsey Press provided the majority of our coverage which included a special feature for the Achievement Awards. On Your Marks was featured before each holiday and this helped reach a wider audience beyond our online presence.

Channel Television and BBC Guernsey have worked with us numerous times this year on various sporting stories, which aired during their broadcasts and featured online.

We have continued our monthly slot with Andrew Senneck on Island FM which sees two members of staff promote upcoming events or programmes on the Sports Saturday Show. We regularly appeared on BBC Radio Guernsey featuring On Your Marks, Family Fun Day and Sport Your Trainers.

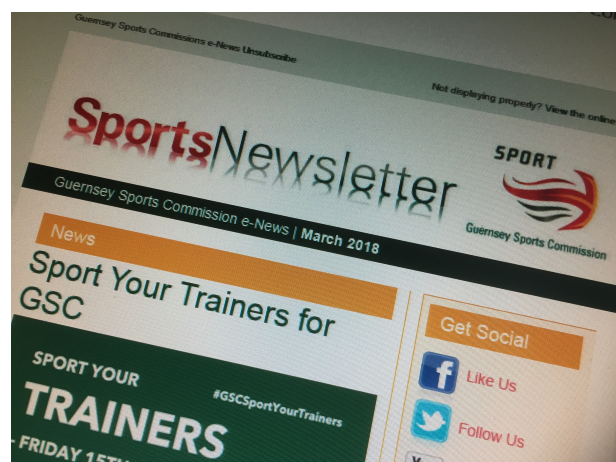
Our presence online has continued to increase with the use of our social media accounts and website.

Twitter remains one of the most effective ways of promoting news and sharing stories for the Commission and other member sports. We currently have 3,513 followers on Twitter.

Facebook continues to attract interest with stories, events and promotions appearing daily. We currently have 2,273 likes.

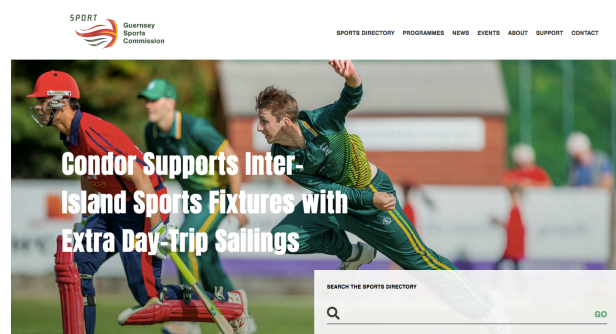
Instagram was our newest addition to our social media platforms and our following grew to over 500 by the end of the calendar year.

We send out a monthly newsletter to our mailing list which is now over 2,000 people. This includes many parents/carers who have attended events with us, Deputies and sponsors.



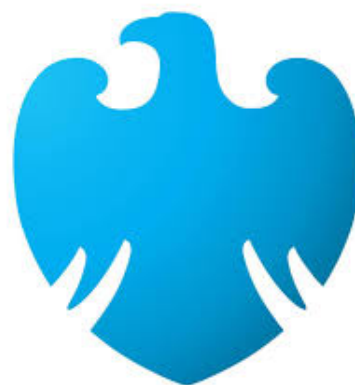
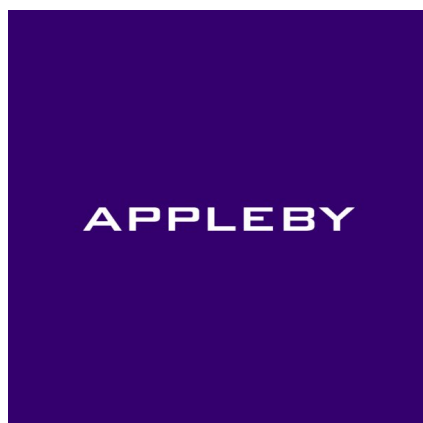
Our website remains the main method of promotion where we can promote our events, tell our story and raise news items.

2018 saw us re-brand our website which made it more compatible across all devices. The website gives our content a fresh look and allows to have more functionality.



# Our Sponsors

We would like to thank the following sponsors for their invaluable financial support during 2018.





# Our Team



**Graham Chester** | Operations Director



**Jeremy Frith** | Performance Director



**Jenny Murphy** | Sports Development Officer



**Ollie Dowding** | PE & Sport Development Officer



**Kerri Brown** | PE & Sport Development Officer



**Steph Batiste** | PE & Sport Development Officer



**Annie Lavenne** | PE & Sport Development Officer



**Lucas Barker** | PE Development Officer



**Jodie Loveridge** | Marketing & Administration Officer



### PE in Schools

High Quality PE delivered in 14 school to develop physical literacy

### Sport & Physical Activity Passports

Data collection to ease transition to Y7

### On Your Marks

Holiday activities from only £1 per session

### Family Fun Day

Sports activity taster day at Saumarez Park



### Bikeability

Cycle safety training for primary school children



### Girls Convention

Giving young women a positive experience of sport

### PPA PE

Extra PE and Sport lessons during PPA time

### Fit Clubs

Free lunchtime and after school club provision

### Street Sports

Physical activity sessions in local neighbourhoods

### Workshops

CPD opportunities for coaches and volunteers

## SPORT



### High Performance Programme

Supporting local elite performers

### Sport Guernsey Fund

Providing funding for sports events

### Sport Development Officers

11 Sport specific development officers

### Festivals

Inclusive opportunities to try new sports

### Sporting Achievement Awards

Recognising the achievements of teams and individuals



### Sporting Heroes

Recognising the achievements of teams and individuals



### Sport Development Fund

Funding support for coaches and athletes