



# ON YOUR MARKS

SUPPORTED BY MARKS & SPENCER GUERNSEY

FUN AND FIT CLUB



ALL  
ACTIVITIES  
**£1**  
PER HOUR



TODDLER FREE PLAY

MULTISPORTS



PRE SCHOOL & PRIMARY SCHOOL PROGRAMME



INCLUDES TODDLER FREE PLAY, FUN & FIT CLUB  
AND MULTISPORTS

MONDAY 23RD OCTOBER - FRIDAY 27TH OCTOBER

# Activities Agreement

- Respect everyone at the session treating them as you would wish to be treated. Swearing, abusive and hurtful language are not acceptable. Aggressive behaviour or violence cannot be tolerated. Show respect for all personal property and the facilities.
- Young people have to take responsibility for their actions. In order to ensure safety and enjoyment for all young people, the Guernsey Sports Commission (GSC) reserves the right to withdraw young people from the scheme.
- We welcome young people of all religious beliefs, faiths, cultures and abilities and believe that each person is an individual and is treated with equal value. The activities that we run strive to provide equal opportunities for all the young people whatever their race, religion, language, culture, gender, health, disability, personality or lifestyle.
- ALL children must be signed in and out and escorted to the register by parents/guardians to ensure they are booked in for the day. If children are left unattended we will have to follow our child protection policy guidelines for an abandoned child.
- Toddler Free Play and Fun & Fit Club - all children must have a parent/carer stay with them for the duration of the session.
- The GSC reserves the right to cancel or amalgamate activities.
- The GSC will not accept responsibility for young people arriving prior to the scheduled start time or remaining on site after the scheduled finish time, if a child is not collected on time the appropriate action will be taken in line with our policies and procedures, which is available upon request.
- The GSC would like to take pictures/video of your child taking part in any of the activities. The photos/videos may be used for publicity purposes; such as in local news or on the GSC promotional materials. Your child may be asked to give a radio or TV interview to promote young people being involved in activities. All images and interviews will be taken in line with GSC safeguarding children policies.
- All activities have an assumed risk. Adventure activities can be physical and demanding and have associated inherent hazards. Whilst the GSC and other staff take all necessary precautions to ensure the safety of all participants, unfortunately accidents may occur in consequence. It is understood and agreed that individuals participate at their own risk.
- **Participant's parents/carers are responsible for bookings. If the participant doesn't attend, they may be charged for the true full cost of the activity.**

## Information

- Bookings are made once the application form has been received by the GSC and will be on a first-come, first-served basis. Spaces are limited and we reserve the right to give preference to our chosen target audience. If the activity is full we will place your name on a reserve list. A confirmation slip will be sent to every applicant via email or post informing you whether or not you have been successful or not in getting a place.
- Make sure you wear suitable clothing and trainers for the activity.
- Bring a healthy snack to eat and lots of water to drink.
- Please bring your confirmation form of your place to each activity you have successfully booked

## About our staff

- Our staff have experience working with children in a sport/physical activity environment. They also have coaching, sports leadership, play work and health related exercise experience and/or qualifications.
- All staff have had an enhanced background check.
- Staff are aware and understand the GSC Safe Guarding Children Policy, which is available upon request.
- A first aider will always be on site.

## Sports & Activities

**Toddler Free Play:** A one hour session with a range of equipment to play and interact with

**Fun & Fit Club:** A fun and inclusive hour of games that focuses on fundamental movement skills that encourage children to develop their physical literacy, for children in school years Reception - Year 2. Parents/carers have to stay for the duration of the session.

**Multisports:** An enjoyable 3 hour session of fun sports, games and activities for children in school years 3-6

This programme is being supported by Marks & Spencer Guernsey

# Booking Form

The activities below are available for children in Age 2 - 11 (Year 6)

Please tick selected dates:

	<b>Toddler Free Play</b> <b>Age 2 - Pre</b> <b>School</b> 2.00pm - 3.00pm Grammar Gym	<b>Fun &amp; Fit Club</b> <b>Year R - 2</b> 2.00pm - 3.00pm Grammar Gym	<b>Multisports</b> <b>Year 3 - 6</b> 9.00am - 12.00pm Grammar Hall
<b>Monday</b> <b>23rd October</b>	£1		£3
<b>Tuesday</b> <b>24th October</b>		£1	£3
<b>Wednesday</b> <b>25th October</b>			£3
<b>Thursday</b> <b>26th October</b>			£3
<b>Friday</b> <b>27th October</b>			£3

Please arrive 10 minutes before your activity to sign in and pay your £1 or £3

Please circle how you would like to receive your confirmation:

Post

Email

# M&S

EST. 1884

# Application Form

Name (Child): \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Address: \_\_\_\_\_

Postcode: \_\_\_\_\_

School: \_\_\_\_\_ School Year: \_\_\_\_\_

Email: \_\_\_\_\_

Any medical conditions/ learning disability/ behavioural problems? Yes / No. Details:

\_\_\_\_\_

Is your child a member of any sports clubs outside of school? Yes / No

## Emergency contact

Name\*: \_\_\_\_\_ Tel: \_\_\_\_\_

Pick up Contact (if different to above emergency contact)

Name\*: \_\_\_\_\_ Tel: \_\_\_\_\_

*\*Must be available during activity times*

Please indicate how you heard about the the 'On Your Marks' Programme (tick)

School	WOM	In Person	Leaflet	Website	Email	Twitter	Facebook

We ask that each parent/carer agrees to the Activities Agreement within this form. I have read the Activities Agreement and I fully understand it:

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**Email your signed form to:** [info@guernseysports.com](mailto:info@guernseysports.com)

**Post your signed form to:**

'On Your Marks' Programme, Guernsey Sports Commission, The Coach House, Beau Sejour Leisure Centre, Amherst, St Peter Port, GY1 2DL

**For more info:** 747229