

SPORT



# ON YOUR MARKS

SUPPORTED BY MARKS & SPENCER GUERNSEY



MULTISPORTS



FUN & FIT CLUB

ALL  
ACTIVITIES

£1

PER HOUR



TODDLER &  
PRE SCHOOL  
FREE PLAY



PRE SCHOOL & PRIMARY SCHOOL PROGRAMME



INCLUDES MULTISPORTS, FUN & FIT CLUB AND TODDLER & PRE SCHOOL FREE PLAY

MONDAY 23RD JULY - FRIDAY 24TH AUGUST 2018

# Activities Agreement

- Respect everyone at the session treating them as you would wish to be treated. Swearing, abusive and hurtful language are not acceptable. Aggressive behaviour or violence cannot be tolerated. Show respect for all personal property and the facilities.
- Young people have to take responsibility for their actions. In order to ensure safety and enjoyment for all young people, the Guernsey Sports Commission (GSC) reserves the right to withdraw young people from the scheme.
- We welcome young people of all religious beliefs, faiths, cultures and abilities and believe that each person is an individual and is treated with equal value. The activities that we run strive to provide equal opportunities for all the young people whatever their race, religion, language, culture, gender, health, disability, personality or lifestyle.
- ALL children must be signed in and out and escorted to the register by parents/guardians to ensure they are booked in for the day. If children are left unattended we will have to follow our child protection policy guidelines for an abandoned child.
- Toddler Free Play and Fun & Fit Club - all children must have a parent/carer stay with them for the duration of the session.
- The GSC reserves the right to cancel or amalgamate activities.
- The GSC will not accept responsibility for young people arriving prior to the scheduled start time or remaining on site after the scheduled finish time, if a child is not collected on time the appropriate action will be taken in line with our policies and procedures, which is available upon request.
- The GSC would like to take pictures/video of your child taking part in any of the activities. The photos/videos may be used for publicity purposes; such as in local news or on the GSC promotional materials. Your child may be asked to give a radio or TV interview to promote young people being involved in activities. All images and interviews will be taken in line with GSC safeguarding children policies.
- All activities have an assumed risk. Adventure activities can be physical and demanding and have associated inherent hazards. Whilst the GSC and other staff take all necessary precautions to ensure the safety of all participants, unfortunately accidents may occur in consequence. It is understood and agreed that individuals participate at their own risk.
- **Participant's parents/carers are responsible for bookings. If the participant doesn't attend, they may be charged for the true full cost of the activity.**

## Information

- Bookings are made once the application form has been received by the GSC and will be on a first-come, first-served basis. Spaces are limited and we reserve the right to give preference to our chosen target audience. If the activity is full we will place your name on a reserve list. A confirmation slip will be sent to every applicant via email or post informing you whether or not you have been successful or not in getting a place.
- Make sure you wear suitable clothing and trainers for the activity.
- Bring a healthy snack to eat and lots of water to drink.
- Please bring your confirmation form of your place to each activity you have successfully booked

## About our staff

- Our staff have experience working with children in a sport/physical activity environment. They also have coaching, sports leadership, play work and health related exercise experience and/or qualifications.
- All staff have had an enhanced background check.
- Staff are aware and understand the GSC Safe Guarding Children Policy, which is available upon request.
- A first aider will always be on site.

## Sports & Activities

**Toddler Free Play:** A one hour session with a range of equipment to play and interact with

**Fun & Fit Club:** A fun and inclusive hour of games that focuses on fundamental movement skills that encourage children to develop their physical literacy, for children in school years Reception - Year 2. Parents/carers have to stay for the duration of the session.

**Multisports:** An enjoyable 3 hour session of fun sports, games and activities for children in school years 3-6

This programme is being provided thanks to the generous support from Marks & Spencer (Guernsey)

# Booking Form

The activities below are available for children in age 2 - 11 (Year 6).

Please tick selected dates:

Toddler & Pre School Free Play Age 2 - 4 £1		Week 1 28th July	Week 2 4th August	Week 3 9th August	Week 4 16th August
Thursday	Grammar Hall 1300 - 1400				
Saturday	Grammar Hall 0900 - 1000				

Fun and Fit Club Year R - Year 2 £1		Week 1 24th July	Week 2 31st July	Week 3 7th August	Week 4 14th August	Week 5 21st August
Tuesday	Grammar Gym 1400 - 1500					

Multisports Year 3 - 6 £3		Week 1 23rd - 27th July	Week 2 30th - 3rd August	Week 3 6th - 10th August	Week 4 13th - 17th August	Week 5 20th - 24th August
Monday	Grammar Hall 0900 - 1200					
Tuesday	Grammar Hall 0900 - 1200					
Wednesday	Grammar Hall 0900 - 1200					
Thursday	Grammar Hall 0900 - 1200					
Friday	Grammar Hall 0900 - 1200					

Please arrive 10 minutes before your activity to sign in and pay your £1 or £3

Please circle how you would like to receive your confirmation:    Post            Email

With thanks to our sponsor



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# Application Form

Name (Child): \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Address: \_\_\_\_\_

Postcode: \_\_\_\_\_

School: \_\_\_\_\_ School Year: \_\_\_\_\_

Email: \_\_\_\_\_

Any medical conditions/ learning disability/ behavioural problems? Yes / No // Details:

Is your child a member of any sports clubs outside of school? Yes / No

## Emergency contact

Name\*: \_\_\_\_\_ Tel: \_\_\_\_\_

Pick up Contact (if different to above emergency contact)

Name\*: \_\_\_\_\_ Tel: \_\_\_\_\_

*\*Must be available during activity times*

Please indicate how you heard about the the 'On Your Marks' Programme (tick)

School	WOM	Previous Attendee	Leaflet	Website	Email	Twitter/ Facebook	Newspaper/ Radio

We ask that each parent/carer agrees to the Activities Agreement within this form. I have read the Activities Agreement and I fully understand it:

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Email your signed form to: [info@guernseysports.com](mailto:info@guernseysports.com)

For more info: 747229

Post your signed form to: 'On Your Marks' Programme, Guernsey Sports Commission, The Coach House, Beau Sejour Leisure Centre, Amherst, St Peter Port, GY1 2DL

## Communication preferences

Yes! I would like to receive updates about programmes, news and events from the Guernsey Sports Commission via

Email & Monthly E-Newsletter

All information provided will be used for On Your Marks purposes.