

SPORT



# ON YOUR MARKS

SUPPORTED BY MARKS & SPENCER GUERNSEY

Coasteering



Photo:  
VisitGuernsey

Golf



ALL  
ACTIVITIES

**£1**

PER HOUR

Surfing



YEAR 6 & SECONDARY SCHOOL PROGRAMME



**INCLUDES BEACH SPORTS, COASTEERING, GOLF, PADEL  
TENNIS, SAILING, SURFING AND MORE!**

**MONDAY 23RD JULY - FRIDAY 24TH AUGUST 2018**

# Activities Agreement

- Respect everyone at the session treating them as you would wish to be treated. Swearing, abusive and hurtful language are not acceptable. Aggressive behaviour or violence cannot be tolerated. Show respect for all personal property and the facilities.
- Young people have to take responsibility for their actions. In order to ensure safety and enjoyment for all young people, the Guernsey Sports Commission (GSC) reserves the right to withdraw young people from the scheme.
- We welcome young people of all religious beliefs, faiths, cultures and abilities and believe that each person is an individual and is treated with equal value. The activities that we run strive to provide equal opportunities for all the young people whatever their race, religion, language, culture, gender, health, disability, personality or lifestyle.
- School Year Reception - Year 6 must be signed in and out and escorted to the register by parents/guardians to ensure they are booked in for the day. If children are left unattended we will have to follow our child protection policy guidelines for an abandoned child.
- Reception - Year 2 children must have a parent/carer stay with them for the duration of the session.
- The GSC reserves the right to cancel or amalgamate activities.
- The GSC will not accept responsibility for young people arriving prior to the scheduled start time or remaining on site after the scheduled finish time, if a child is not collected on time the appropriate action will be taken in line with our policies and procedures, which is available upon request.
- The GSC would like to take pictures/video of your child taking part in any of the activities. The photos/ videos may be used for publicity purposes; such as in local news or on the GSC promotional materials. Your child may be asked to give a radio or TV interview to promote young people being involved in activities. All images and interviews will be taken in line with GSC safeguarding children policies.
- All activities have an assumed risk. Adventure activities can be physical and demanding and have associated inherent hazards. Whilst the GSC and other staff take all necessary precautions to ensure the safety of all participants, unfortunately accidents may occur in consequence. It is understood and agreed that individuals participate at their own risk.
- **Participant's parents/carers are responsible for bookings. If the participant doesn't attend, they may be charged for the true full cost of the activity.**

## Information

- Bookings are made once the application form has been received by the GSC and will be on a first-come, first-served basis. Spaces are limited and we reserve the right to give preference to our chosen target audience. If the activity is full we will place your name on a reserve list. A confirmation slip will be sent to every applicant via email or post informing you whether or not you have been successful or not in getting a place.
- Make sure you wear suitable clothing and trainers for the activity.
- Bring a healthy snack to eat and lots of water to drink.
- Please bring your confirmation form of your place to each activity you have successfully booked

## About our staff

- Our staff have experience working with children in a sport/physical activity environment. They also have coaching, sports leadership, play work and health related exercise experience and/or qualifications.
- All staff have had an enhanced background check.
- Staff are aware and understand the GSC Safe Guarding Children Policy, which is available upon request.
- A first aider will always be on site.

## Sports & Activities

**Surfing:** You must be able to swim 50m unaided. Meet at the Surf School near slipway. Bring bathers and towel. Wetsuit and surf board will be provided.

**Team Sports:** Equipment will be provided if required. Meet at Beau Sejour Sports Hall.

**Judo:** Wear long trousers and t-shirt. Meet at Beau Sejour Sports Hall.

**Padel Tennis/Tennis:** Equipment can be provided.

**Sailing:** Meet at the Sailing Trust by the Model Yacht Pond. Wear clothes you don't mind getting wet and shoes. Bring change of clothes and towel.

**Beach Sports:** Meet at Vazon Slipway.

**Coasteering:** Bring bathers, t-shirt for under wetsuit, towel and a pair of shorts to go over wetsuit. Trainers or other footwear that completely encloses the feet. You must be able to swim 50m unaided.

**Golf:** Meet at The Golf Club, St Pierre Park. Equipment provided.

## Booking Form

The activities below are available for children in Year 6 - 11.

Please tick selected dates:

\* Please note: children must be able to swim 50m unaided to attend this activity

Date	Sport/Activity	Cost	Time	Location	Tick
Monday 23rd July	<b>Team Sports</b>	£1	<b>1400 - 1500</b>	BSJ Sports Hall	
Wednesday 25th July	<b>Coasteering*</b>	£2	<b>1545 - 1800</b>	Petit Bot	
Thursday 26th July	<b>Surfing*</b>	£2	<b>1530 - 1700</b>	Vazon Slipway	
Friday 27th July	<b>Sailing</b>	£2	<b>1300 - 1500</b>	Sailing Trust	
Monday 30th July	<b>Tennis</b>	£1	<b>1400 - 1500</b>	BSJ Tennis Cts	
Wednesday 1st August	<b>Beach Sports</b>	£1	<b>1500 - 1600</b>	Vazon Slipway	
Thursday 2nd August	<b>Golf</b>	£2	<b>1430 - 1530</b>	St Pierre Park	
Friday 3rd August	<b>Team Sports</b>	£1	<b>1400 - 1500</b>	BSJ Sports Hall	
Monday 6th August	<b>Judo</b>	£1	<b>1500 - 1600</b>	BSJ Sports Hall	
Wednesday 8th August	<b>Padel Tennis</b>	£2	<b>1400 - 1530</b>	Longcamps	
Thursday 9th August	<b>Coasteering*</b>	£2	<b>1545 - 1800</b>	Petit Bot	
Friday 10th August	<b>Sailing</b>	£2	<b>1300 - 1500</b>	Sailing Trust	
Monday 13th August	<b>Beach Sports</b>	£1	<b>1500 - 1600</b>	Vazon Slipway	
Wednesday 15th August	<b>Tennis</b>	£1	<b>1400 - 1500</b>	BSJ Tennis Cts	
Friday 17th August	<b>Surfing*</b>	£2	<b>1500 - 1630</b>	Vazon Slipway	
Monday 20th August	<b>Surfing*</b>	£2	<b>1530 - 1700</b>	Vazon Slipway	
Wednesday 22nd August	<b>Padel Tennis</b>	£2	<b>1400 - 1530</b>	Longcamps	
Friday 24th August	<b>Judo</b>	£1	<b>1500 - 1600</b>	BSJ Sports Hall	

Please arrive 10 minutes before your activity to sign in and pay your £1 or £2

Please circle how you would like to receive your confirmation:    Post                      Email

With thanks to our sponsor

# M&S

EST. 1884

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# Application Form

Name (Child): \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_ Postcode: \_\_\_\_\_

School: \_\_\_\_\_ School Year: \_\_\_\_\_

Email: \_\_\_\_\_

Any medical conditions/ learning disability/ behavioural problems? Yes / No // Details:

\_\_\_\_\_

Is your child a member of any sports clubs outside of school? Yes / No

Can your child swim 50m unaided? Yes / No

Emergency contact

Name\*: \_\_\_\_\_ Tel: \_\_\_\_\_

Pick up Contact (if different to above emergency contact)

Name\*: \_\_\_\_\_ Tel: \_\_\_\_\_

*\*Must be available during activity times*

Please indicate how you heard about the the 'On Your Marks' Programme (tick)

School	WOM	Previous Attendee	Leaflet	Website	Email	Twitter/ Facebook	Newspaper/ Radio

We ask that each parent/carer agrees to the Activities Agreement within this form. I have read the Activities Agreement and I fully understand it:

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Email your signed form to: [info@guernseysports.com](mailto:info@guernseysports.com)

For more info: 747229

Post your signed form to: 'On Your Marks' Programme, Guernsey Sports Commission, The Coach House, Beau Sejour Leisure Centre, Amherst, St Peter Port, GY1 2DL

## Communication preferences

Yes! I would like to receive updates about programmes, news and events from the Guernsey Sports Commission via

Email & Monthly E -Newsletter

All information provided will be used for On Your Marks purposes.