



Guernsey Sports Commission invites you to

Specsavers Guernsey

YOUTH GAMES 2019

Saturday 15 June



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ABOUT THE YOUTH GAMES

The Guernsey Sports Commission and Specsavers will host the eighth Guernsey Youth Games on Saturday 15 June 2019. Teams representing six of the island's electoral districts will compete against each other in 17 different sports.

Any child in school years 5 or 6 can take part in the Youth Games. Participants will represent the district in which they live and everyone who takes part will receive a medal and a team shirt. A trophy will be presented at the closing ceremony to the district that has accumulated the most points across all the sports. A Fair Play Trophy will also be presented to the district that receives the most Fair Play nominations from the coordinators and officials.

The principal aim of the Specsavers Guernsey Youth Games is to promote the value of sport to island children with the emphasis being on fun, fair play and creating a festival atmosphere. It also provides an opportunity for children to take part in a large-scale event, to meet new friends, build confidence and enjoy a positive sporting experience.

The children will be asked to try a sport in which they do not normally participate. They will be given an opportunity to learn as much as possible about their chosen sport during coaching in the month leading up to the Youth Games. These sessions will enable children to learn new skills, which will be put to the test on Games Day, culminating in the closing ceremony.

Children should wear appropriate clothing for their sport and the weather. For indoor sports please wear non-marking trainers. No jewellery should be worn to any session.

All children should bring a drink to training sessions. For Games Day all children should bring a healthy packed lunch and a drink, and wear sun protection. Sun cream should be applied by parents or carers at home.

On Games Day, unless otherwise noted, all sports will be held at the training session venue.

Cricket, football and rugby are open to girls only. All other sports are open to both girls and boys.

WELCOME



Youngsters in Guernsey have an exciting summer of sport ahead of them with the eighth Specsavers Guernsey Youth Games, which we are delighted to be sponsoring again.

The atmosphere was electric two years ago and the smiles on the children's faces made me realise what this event is all about—encouraging and nurturing sport within our young people in Guernsey, as well as building their confidence to improve their social life skills and, moreover, for them to make new friends.

A huge event like this takes a great deal of commitment from everyone, from the coaches within each sport, to the Guernsey Sports Commission working hard to ensure a smooth competition, to the schools, and of course the young participants and their families. My thanks go to everyone involved who will help make this event an unforgettable day in Guernsey's sporting diary.

Good luck!

A handwritten signature in black ink that reads "Dame Mary Perkins".

Dame Mary Perkins
Specsavers co-founder



HOW TO TAKE PART

Interested? Then here is your guide to taking part in this prestigious event:

Step 1

Decide which sport you would like to take part in. **Check the training times carefully to make sure that you can attend** and check the eligibility criteria to make sure you qualify.

Step 2

Put your chosen sports in the 'sports choice list' on the player registration form at the back of this booklet. You will be allocated one of your five choices.

Step 3

Fill in all the other details on the player registration form and post it to Andrea Lord at the Guernsey Sports Commission by Friday 1 March 2019 at the very latest.

Step 4

You will receive a confirmation slip from your sport, confirming which district you will be representing and reminding you of the training times, venues and dates.

Step 5

Have fun at squad training!

HOW THE DISTRICTS WORK

Children will represent the district in which they live.

The six district teams are:

South-East - Orange

St Peter Port - Red

St Sampson's - Green

Vale - Yellow

West - Purple

Castel - Blue

The district teams have overall team leaders, who are:

Deputy Heidi Soulsby–South East

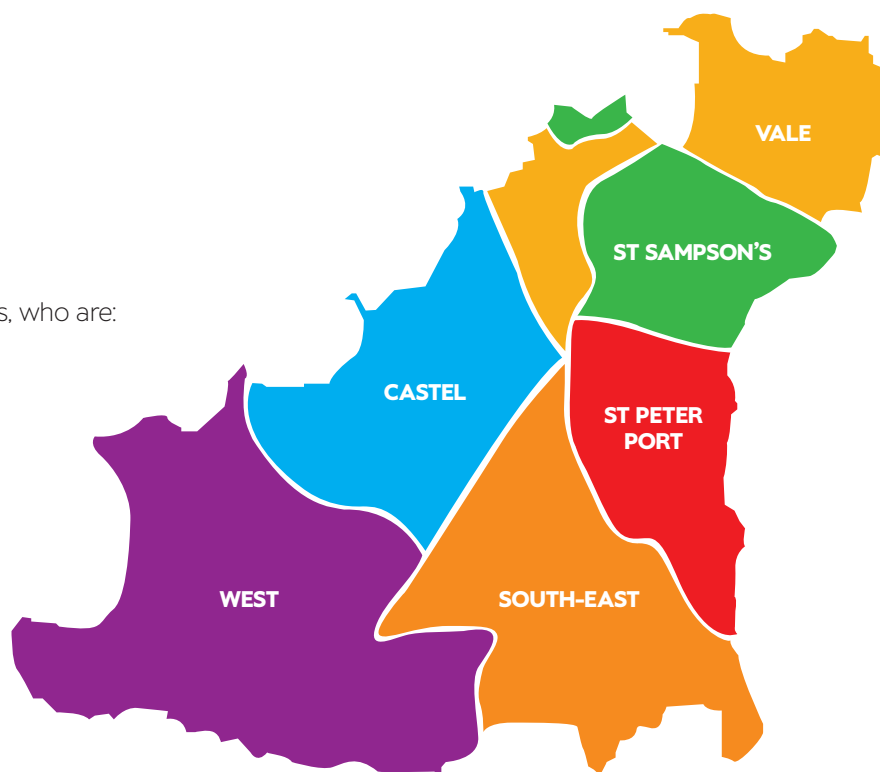
Deputy Michelle Le Clerc – St Peter Port

Deputy Jennifer Merrett– St Sampson's

Deputy Emilie Yerby – West

Deputy Matt Fallaize – Vale

Deputy Christopher Green–Castel



Specsavers will provide tee shirts in each team colour for competitors to wear on Games Day and to keep afterwards, plus medals, which will be presented to all participants.

ATHLETICS

Open to

Girls and boys

Clothing required

Trainers or spikes, suitable loose clothing i.e. shorts and tee shirt, plus waterproof if poor weather

Contact

GIAAC Colts Head Coach Nick Marley
Telephone: 01481 238232
marley@virgin.net

The children who choose athletics will be introduced to a wide range of disciplines during the training sessions, with the emphasis very much on the children having fun while participating and learning new skills.

On Games Day a quadrathlon-style competition will be held, with the children all sprinting, jumping, running and throwing to gain as many points as possible for their respective teams.

Depending on track availability, there may be one or two extra athletics sessions put on and the children choosing athletics will be notified of those dates during the first couple of sessions they attend.



District	Venue	Date	Time
All districts	Foote's Lane athletics track	Wednesdays 22 and 29 May 5 June and 12 June	5pm–6pm
All districts	Foote's Lane athletics track	Saturdays 18 and 25 May 1 and 8 June	9.15am–10.30am

BADMINTON

Open to

Girls and boys

Clothing required

Non-marking trainers, shorts and tee shirt

Contact

Matthew Haynes

Telephone: 07781 160303

Email: development@badminton.org.gg

Training sessions will start with learning the basics of the sport, the rules and the court areas, followed by development work to improve serving, hitting underarm and overhead shots, and games practice.

Competition day will be 9.30am–2pm, which will involve a badminton opening ceremony followed by group matches, where all players play the same number of games adding to their district's total score. This will be followed by a presentation.



District	Venue	Date	Time
All districts	Rohais Badminton Halls	Wednesdays 22 May 5 and 12 June	4pm–6pm

BASKETBALL

Open to

Girls and boys

Clothing required

Non-marking trainers and shorts

Contact

Patrick Ogier

Telephone: 07781 107984

Email: pjogier@cwgsy.net

Sessions will be based on the fundamentals of the game, teaching the basic skills to allow children to enjoy sport on a social level, in a fun and friendly environment, while giving them a platform to progress if they wish to take basketball further. Senior coaches, who either coach in GBA leagues or are experienced players, assisted by junior players, will deliver the sessions each week, encouraging inclusion, promoting team work and good sportsmanship and ensuring everyone has the maximum enjoyment and benefit from the six hours of tuition.



District	Venue	Date	Time
All districts	Beau Sejour Leisure Centre	Saturdays 25 May and 1 June and Sunday 9 June	10am–12pm

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CRICKET

Open to

Girls only

Clothing required

Non-marking trainers, tracksuit/shorts and sports shirt

Contact

Ben Ferbrache

Telephone: 07911 722146

Email: ben@guernseycricket.com

Learn the skills of cricket in a fun and enjoyable environment. Challenge yourself against the bowling machine and meet new people, suitable for beginners with no cricketing experience.

Note: Venue for competition day on Saturday 15 June is the artificial pitch at Memorial Field, Footes Lane.

On competition day players will arrive for a 10.30am start, play every region once with the top team taking the points. All equipment will be provided.



District	Venue	Date	Time
All districts	KGV King George playing fields (outdoors)	Thursdays 9, 16, 23 and 30 May	4.15pm–5.45pm

FENCING

Open to

Girls and boys

Clothing required

Tracksuit bottoms, tee shirts and trainers

Main contact

Chris Buxton

Telephone: 07781 169467

Email: gfaheadcoach@elizabethcollege.gg

Alternative contact: Alex Doherty

Telephone: 01481 726544

Email: adoherty@elizabethcollege.gg



Participants will be introduced to Olympic fencing using the foil. Training sessions will involve footwork, blade work, pair exercises and practice bouts. All training will be supervised by qualified coaches, assisted by experienced fencers. Fencing kit and weapons will be provided.

The competition on 15 June will consist of poules of six fencers (one from each district), fenced with electric scoring apparatus according to FIE rules and regulations. Poule results will be added together to determine the winning district.

Preparing for competition in just six sessions will be a fun and exciting challenge. Because training is cumulative, it is important to try to attend all the training sessions. If you know in advance that you are unable to do so, you should think about choosing another sport for the games so that you can do your best for your district. That doesn't mean you can't try fencing! For more information about other opportunities, contact Chris Buxton (see details above).more information about other opportunities, contact Chris Buxton (see details above).

District	Venue	Date	Time
All districts	Elizabeth College Sports Hall	Wednesdays 1, 8, 15, 22, 29 May and 5 June	6pm–7pm

FOOTBALL

Open to

Girls only

Clothing required

Football boots recommended (no metal studs) but turf trainers acceptable, shin pads, suitable clothing and waterproof jacket

Contact

Joelle Pengelley
Telephone: 07781 441680
Email: joelle.pengelley@guernseyfa.com

The six training sessions will develop the girls’ understanding of the rules of football and each week will focus on a technical element leading into match play. The girls will develop team skills, technical skills, and tactics of football in a fun environment ending with a round-robin tournament on competition day, where all teams will play against each other.



District	Venue	Date	Time
All districts	Victoria Avenue Playing Fields (grass)	Wednesdays 1, 8, 15, 22 May 5 and 12 June	4pm–5pm

HOCKEY

Open to

Girls and boys

Clothing required

Trainers and shin pads. Gum shields are strongly recommended

Contact

Steve Eulenkamp
Telephone: 07781 161213
Email: steve@guernseyhockey.com

Over the six weeks players will be introduced to the skills of hockey, encompassing individual skills and teamwork. They will also learn some of the tactics of the game. All of the skills will be practised through small-sided games. All of the regions will practise and learn together. The sessions will cover ball carrying (dribbling) in different ways, moving the ball (passing) in different ways with different techniques, goal-scoring and defending skills. Hockey sticks will be provided if needed. Competition day will be approximately 11.15am – 2.45pm.



District	Venue	Date	Time
All districts	Artificial pitch the Hockey Club, Footes Lane	Tuesdays 30 April 7, 14, 21 May 4 and 11 June	5.30pm–7pm

JUDO

Open to

Girls and boys

Clothing required

Jogging bottoms and tee shirt

Contact

Edward Mann

Telephone:: 07839 191900

Email: guernseyjudoclub@gmail.com

The training sessions will be made up of an introduction to judo, building up to learning two to three standing techniques and two to three groundwork techniques. How to defend/escape standing and groundwork techniques, with the aim of finally putting the pieces together in a competition environment on the day of the games.



District	Venue	Date	Time
All districts	Guernsey Grammar School Gym	Wednesdays 1, 8, 15, 22 May 5 and 12 June	6.15pm–7.15pm

NETBALL

Open to

Girls and boys

Clothing required

Shorts/jogging bottoms,
tee shirt and trainers.
Bring a drink

Contact

Bridget Yabsley
Telephone: 07781 106690
Email: sarniansnetball@gmail.com

Training sessions will consist of basic netball drills such as catching, throwing and shooting, learning the basic rules of the game and games practise. Competition day will involve a round-robin tournament with each team playing each other. Players will need to be at the courts by 11.30am on 15 June.



District	Venue	Date	Time
All districts	Beau Sejour Upper Tennis Courts	Saturdays 18, 25 May and 8 June	10.30am–1130am
All districts	Beau Sejour Upper Tennis Courts	Sundays 19, 26 May and 9 June	10.30am–1130am

PETANQUE

Open to

Girls and boys

Clothing required

No open-toed footwear.
Warm clothing to allow outside play

Contact

Dave Bartram
Telephone: 07781 168529
Email: GPA@suremail.gg

The training sessions will be used to learn how to throw boules accurately and learn the necessary tactics. The venue for both training sessions and competition day can be found at guernseypetanque.co.uk/how-to-find-us/



District	Venue	Date	Time
All districts	Guernsey Club de Petanque, Les Friquets, St Andrew's	Saturdays 27 April 4. 11, 18 May and 8 June	12pm–1.15pm

RUGBY

Open to

Girls only

Clothing required

Football boots preferred but trainers accepted and shorts. Bring added layers if it's cold and jackets if it's raining

Contact

Steve Melbourne
Telephone: 07781 137988
Email: stevemelbourne@rfu.com

The players will be taught the basic skills of rugby (run, passing and contact), they will gain confidence in game play and will be encouraged to enjoy the sessions and have fun.



District	Venue	Date	Time
All districts	Footes Lane GRFC 2nd XV Training Pitch (Next to La Petite Ecole Nursery)	Wednesdays 24 April 1, 8, 15, 22 May 5 and 12 June	5pm–6pm

SAILING

Open to

Girls and boys

Clothing required

Comfortable warm clothes and trainers or crocs (which will get wet). A change of clothing is advisable. Buoyancy aids and spray tops will be provided

Contact

Clare Chapple

Telephone: 01481 710877

Email: clare@sailingtrust.org.gg

Alternative contact: Elaine Mahy–Guernsey Yacht Club–

Pirates after school club

Email: pirates@gyc.org.gg

The sailing will take place on the Model Yacht Pond in Oppie dinghies. It is for those who have done very little or no sailing before. There will be instruction on the land simulator about the points of sailing then a chance to put it into practice. There will be a series of short races in the last sessions to find the best district.

Session plan

- 1 Parts of the boat, land drills, sailing across the wind, tacking
- 2 Tacking recap, points of sail, figure of 8 course
- 3 Sail setting, adjusting the mainsheet, tight/broad reach course
- 4 Port and starboard rule, gybing land drill. Reaching course to practise the rule
- 5 Racing theory and gybing recap, shallow triangle course
- 6 Racing recap, semi-finals. Top 6 = A final bottom 6 = B final



District	Venue	Date	Time
Vale St Sampson's St Peter Port	Guernsey Sailing Trust, Model Yacht Pond	Tuesdays 30 April, 7, 14, 21 May 4 and 11 June	4.30pm–5.30pm
Castel West South East	Guernsey Sailing Trust, Model Yacht Pond	Thursday 2 May, Friday 10 May Thursdays 16, 23, May 6 and 13 June	4pm–5pm

SOFTBALL

Open to

Girls and boys

Clothing required

Trainers and suitable sports clothing

Contact

Dominic Bellis

Telephone: 07781 119757

Email: d.bellis@odey.com

Alternative contact: Sam Richardson

Telephone: 07781 424075

Email: sam@manorfarmfoods.com

Children will learn the basics of the game—catching, throwing, batting, running the bases and learning where to be when the ball gets hit.



District	Venue	Date	Time
All districts	Softball Diamond Beau Sejour Leisure Centre	Saturdays 18 May 1 and 8 June	12pm–2pm

SQUASH

Open to

Girls and boys

Clothing required

Trainers and suitable sports clothing

Contact

Martin Watts

Telephone: 714567

Email: office@guernseysquashandracketball.co.uk

The training schedule is flexible. If you can't make your session you can attend the alternative one. Participants should try to attend at least four training sessions. Participants will learn the shots required to play a game of squash including serve, drive, drop, boast and volley. The rules and basic tactics of squash will also be included during the training sessions.



District	Venue	Date	Time
Castel West South East	Beau Sejour Leisure Centre	Saturdays 4, 11, 18 25 May 1 and 8 June	1pm–2pm
St Peter Port St Sampson's Vale	Beau Sejour Leisure Centre	Saturdays 4, 11, 18 25 May 1 and 8 June	2pm–3pm

TABLE TENNIS

Open to

Girls and boys

Clothing required

Comfortable clothing and trainers

Contacts

Otilia Badescu
Telephone: 07479 938916
Email: gttadevelopment@gmail.com

Derek Webb
Telephone: 07781 140280
Email: derekwebb@cwgsy.net



Teams will be made up of three players from each of the six districts. Training sessions will consist of service practice and playing simple rallies. This will enable the players to play matches and enjoy the competition day. The basic rules of the game will also be part of the sessions. The competition will be played on a round-robin basis; all play all. This will give every player 15 matches; best of three, up to seven points, alternating service. A point will be awarded for every game won. Then at the end of the day each district's points will be counted. Umpires will be provided from the junior section of the GTTA.

District	Venue	Date	Time
All districts	Guernsey Table Tennis Centre, Hougue du Pommier, Vale	Mondays 20 May 3 and 10 June	6.30pm–7.30pm
All districts	Guernsey Table Tennis	Wednesdays 22 May 5 and 12 June	6.30pm–7.30pm

TOUCH RUGBY

Open to

Girls and boys

Clothing required

Trainers, shorts and tee shirt

Contact

Tristan Boscher, Youth Development Officer,
Guernsey Touch
Telephone: 07781 143588
Email: youth@guernseytouch.org.gg

Players will learn the basic rules of touch, through drills and games over the four training sessions, before a round-robin tournament on the day of the games. Touch is one of the fastest growing sports in the world; it is very inclusive and great fun to play. The tournament on competition day will run from 12pm–2pm.



District	Venue	Date	Time
All districts	St Peter Port Playing Fields Les Ozouets	Mondays 3 and 10 June	6pm–7.30pm
All districts	St Peter Port Playing Fields Les Ozouets	Thursdays 6 and 13 June	6pm–7.30pm

VOLLEYBALL

Open to

Girls and boys

Clothing required

Trainers, shorts and tee shirt

Contact

Contact: Gemma Nicolle

Telephone: 07781 491190

Email: gemma.nicolle@cwgsy.net

Training sessions will be one hour and will consist of a warm-up game, followed by specific drills which will focus on each aspect or skill of the game, ie movement, passing, communication etc. The children will also be encouraged to self-coach and referee. By the end of the training programme the children will have learned how to play and referee a three-touch volleyball game. Competition day will start around 10am and consist of a series of 10-min games, with each region playing each other once. The players will referee their own games with the help of the coaches. After a break, play-offs and final games will be played. Lunch will follow the final games, after which we will take part in the closing ceremony.



District	Venue	Date	Time
All districts	Beau Sejour Sports Hall	Wednesdays 1, 15, 22 May 5 and 12 June	6pm–7pm
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SPECSAVERS GUERNSEY YOUTH GAMES 2019

PLAYER REGISTRATION FORM

My name is (boy / girl)

Address.....

.....

.....

Postcode.....

Date of birth.....

Home tel.....

Email:.....

Emergency contact name and number

School

School year

I will be representing (district).....

My sport choices are (please give 5).....

.....

.....

.....

.....

tee shirt size (please tick as required)

M (Age 7-8) (18") ☐

L (Age 9-11) (19") ☐

XL Age 12-13 (20") ☐

PARENTS

Health and Safety

Taking part in sport has an assumed risk. While the Guernsey Sports Commission, the sports organisations and instructors will take all necessary precautions to ensure the safety of participants, unfortunately accidents may occur. It is understood and agreed that individuals participate at their own risk.

Please state any known medical conditions that may affect your child during participation and your preferred course of action:

.....

.....

To ensure your child's safety we will be operating a sign-in/sign-out policy on Saturday 15 June 2019. This may take a few minutes but we would appreciate your patience while we make sure that each child is safely reunited with their parent or guardian. Signs will be posted at the closing ceremony venue to remind parents of this policy.

I agree to my child taking part in the sport(s) indicated. To the best of my knowledge my child is eligible to represent the above-named district and fulfils the eligibility criteria set for the chosen sports. He/she is available for training sessions and Games Day on Saturday 15 June 2019.

Signed.....Parent/Guardian

Please print name..... Date.....

Data Protection and Privacy

The purpose of this notice, in accordance with data protection legislation, is to let you know, as the holder of parental responsibility over your child and the person consenting to the processing of your child's personal data, how that information will be gathered.

In order for your child to take part in the Guernsey Youth Games 2019 (the 'Games'), it will be necessary for the Guernsey Sports Commission ('GSC') to record and process information about both you and your child.

To host the Games, the GSC will also be relying on Specsavers Optical Group Limited (Specsavers) to assist with the organisation and administration of the Games and specifically Specsavers will provide PR and media support to the GSC for the event.

You and your child's information will be collected and processed by Specsavers for the following purposes:

- Photography of the Games (Specsavers will provide a photographer for the event);
- Publication in both GSC and Specsavers' promotional materials (specifically in relation to future Guernsey Youth Games events and to promote the Games;
- Possible publication in local media (television, newspaper and radio).

Each of the GSC and Specsavers is relying upon your confirmation of willingness above as its condition for processing your child's data.

Both the GSC and Specsavers shall maintain appropriate security safeguards in relation to your child's data and, should you require access, your child's data will be stored in their own name.

I hereby acknowledge and agree that I have understood the above statement:

Signed.....

Please print name.....

Signed.....

Capacity.....

Child's name

Date.....

Please return this player registration form—to arrive no later than **Friday 1 March 2019**—to:

Andrea Lord
2019 Youth Games Coordinator
The Coach House
Beau Sejour Leisure Centre
Amherst, St Peter Port
GY1 2DL

This information is provided for the interest of members of the community. The circulation of the information should not be taken as a recommendation or endorsement by the school or Education Department and you should carry out your own enquiries to ensure that you are satisfied with the quality, suitability and safety of the product or service advertised and the identity and character of those providing it.