

Guernsey Sports Commission

Review of the Year | 2019



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Introduction – Graham Chester, Director of Operations

Welcome to the 2019 Sports Commission's Annual Report. I won't spend time here detailing the activities and initiatives that we have run throughout the course of 2019; there will be details of those further on in the report.

We have spent a considerable amount of time and effort in compiling our five-year Action Plan, which comes live at the start of 2020. It is a plan that is realistic, deliverable and links into several States of Guernsey strategies and will be a strong ally in the delivery of those strategies. It is something that excites our staff, to be a part of delivering something that will be of huge benefit to our community in supporting both their physical and mental health.

Whilst we have attracted States funding to help deliver our Primary School Sport Partnership, it has been uplifting to have the support from the Committee for Education, Sport and Culture in

recognising the good that we do now and hopefully expand on that in the future with our contribution to the Sports Strategy due to be launched in April 2020.

Whilst acknowledging the contribution of government, I must also make reference to our sponsors. We have had loyal members of our sponsors club who have contributed on an annual basis since the sponsors club was formed in 2007. Their contribution has been the difference between being able to offer some of our initiatives when the headline sponsors have been difficult or impossible to source. It is an invaluable part of the fabric of the sports commission and we are forever grateful to those individuals that can see what we are trying to achieve for the greater good.

We look forward to the challenge of starting to deliver our action plan in 2020 and beyond and although I am sure it will not be all plain sailing, I feel sure that with the staff and commitment they show we will be equal to the challenges ahead.

NB this review was written before the Covid-19 outbreak and so does not refer to its impact on our island sports organisations



Schools

PE in Schools

The GSC's and our member sports' work in primary schools spans 17 years. In the past 12 months we have been able to build on the work of many committed individuals to further develop our support for primary schools.

2019 saw the first full year of funding from the Committee *for* Education Sport & Culture (CfESC) and as of September, our staff transitioned to being based in schools with the scope to work across all year groups and with a wider remit than before. The role in broad terms is to support children having a fantastic experience of sport, PE and physical activity in schools to accessing high quality experiences outside of school. They do this by supporting teachers, running clubs, working with individual children, gathering actionable information and being a point of contact for sports development officers in schools to help coordinate the provision in the schools they represent.

Some validation of this approach was evidenced by La Mare Primary School who achieve the Association for Physical Education (AfPE), Quality Mark with distinction. The contribution of the GSC was validated within that inspection and provides us and schools with the confidence that we are heading in the right direction.

During 2019 we have already seen the benefits of our approach building on all the previous successes the team have enjoyed. Particularly, the team have worked exceptionally hard to open up opportunities for more children who

would not otherwise access sport or physical activity. Sport can provide life enhancing and even life changing experiences and opportunities. The Guernsey Sports Commission is deeply committed to ensuring every child in the Bailiwick has access to these opportunities.

We are grateful to the CfESC for the investment and confidence that they have shown in the GSC and our team, and their continued support which extends beyond purely finances. We look forward to working with all of our partners within the civil service, schools and the third sector to continue to develop our work to the benefit of our children and young people.

M&S Girls Convention

M&S

EST. 1884

The M&S Girls Convention took place on Wednesday 19th June for 60 Year 9 young women from five different schools across the Island.



For the tenth consecutive year Marks & Spencer Guernsey sponsored the Girls

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Convention, organised by the Guernsey Sports Commission. The aim was to give 60 young women a positive experience of sport/physical activity by offering a variety of activities that do not form part of their regular curriculum.

Activities included Bootcamps, Boxing, Fencing, Street Dance, Trampolining, Yoga and Zumba which gave the girls an opportunity to enjoy being active in a positive environment. Also included was a nutrition workshop and M&S provided a tasty healthy lunch for all.



Sports Development Officer, Jenny Murphy, said: 'We aim to support everyone to participate in sport and/or physical activity. We know there are barriers to overcome to achieve this, especially for young women. We want to do our best to support young women to overcome these barriers and we hope the Girls Convention provides a springboard to participation.'

Overall, the day was filled with fun and enjoyment and we received a lot of great feedback:

"It was really fun, and I enjoyed trying different sports"

"I think that I learnt a lot throughout the day"

"It was lots of fun and being with friends made it better"

"I'd like to do boxing again!"



Community

On Your Marks

M&S

EST. 1884

The On Your Marks Programme, kindly sponsored by Marks and Spencer (Guernsey), provides children and young people with the opportunity to take part in various activities during the school holidays (February – October).



The sessions focus on developing confidence, physical literacy and social skills through playing sport. The support from Marks and Spencer (Guernsey) enables the Guernsey Sports Commission to offer the activities from just £1 per hour, ensuring that the barrier of cost is removed from preventing children and young people to participate.



More than 400 children and young people took part in the activities in 2019. Primary school and preschool aged children had the opportunity to attend a Toddler Free Play, Fun and Fit Club (Year R - 2) or Multi Sports (Year 3 – 6). Fun and Fit club sessions focused on the fundamental movement skills, such as running, dodging and rolling. The Multi Sports sessions included; athletics, basketball, cricket, dodgeball, football, frisbee, handball, hockey, longball, rounders, table tennis, tennis, tag rugby, tri-golf and volleyball. Young people in Year 6 and Secondary school this year had the chance to try Archery, Beach Sports, Dodgeball, Judo, Padel Tennis, Sailing, Surfing, Swimming, Team Sports and Water Polo.



Street Sports

Supported by

**LLOYDS BANK
FOUNDATION**

Channel Islands



Street Sports is a community programme that aims to improve sports provision for young people. Through the Street Sports programme we offer access to free sports and physical activity sessions at locations across the island where a number of young people may experience social or economic difficulties

We have been lucky to benefit from the support of the Lloyds Bank Foundation CI and BBC Children in Need which has been invaluable to the continued provision of Street Sports.

Each year we deliver three Street Sports sessions a week, 50 weeks a year. We rely on funding for this to happen, which covers everything from staff, equipment, training, excursions etc.



Street Sports provides an opportunity for young people to be active, socialise, have fun, play sports and learn new skills. Staff provide the equipment and deliver a variety of sports including games and variations of many traditional sports that lend themselves to a 'street' setting. With guidance from staff, participants are very much involved in the plan and decision-making for each session and are given the choice of which activities they would like to do. Young people can just turn up, register with a member of staff and join in.



The sessions are a way of channeling young islanders' energies into constructive physical activity. There is no pressure to perform so the focus is on young people enjoying being active. Through sport, the aim is to improve young people's confidence and self-esteem. The programme is also committed to making young people aware of other activities and services on the island that may also benefit their well-being. Street Sports staff work closely with other youth agencies that can offer young people advice and support in other areas of their lives.

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Here are just two examples of how our Street Sports sessions have benefitted two young people (names have been changed to protect their identity):

John

'John started coming to our Thursday night sessions shortly after he and his family moved to Les Genats, the large housing estate that we deliver sessions on twice a week. John also faced the challenge of moving schools, he was emotional and very unsure of the programme and what was expected of him.'

John has been attending Street Sports for roughly 8 months now and his behaviour and understanding have improved greatly. He is given a safe space at school where he can go if feeling angry or unsure, so we have continued this at the Street Sports session. This has helped John to calm down when he feels like he's getting slightly angry, the staff know that when he is in his space he needs time and normally someone to listen to his problems. The staff have built a good relationship with John and we can gladly say that he has needed his safe space less and less. When he first started coming to the session he very much wanted individual attention from staff whereas now he is much happier joining in with the team games and challenges.'

John enjoys taking part in a range of sports, his favourites being dodgeball, football and basketball. John is now really taking ownership of the sessions and is always asking for different equipment and games to be brought down to the session. John has also accompanied us on some trips to the table tennis centre where he has shown some excellent behaviour and respected the new environment we have used.'

Eve

'Over the last 6 months Eve has really grown in confidence when taking part in Street Sports sessions. She has built a positive relationship with staff and is always encouraging her friends to join in with the sports on offer. Eve is good at working with other young people and helps to get the best out of others.'

Eve attends the sessions every week; she is always helpful and works with staff to get equipment out and to get it packed away at the end. She is a good role model to the rest of her peers and always remains positive, although dealing with a major health problem.'

In the future I believe Eve would like to get back into football and would potentially look to join a club as she enjoys it so much and is always requesting to play at our sessions.'

Another achievement Eve has made this year is she has secured herself a job working in a local food shop in the evenings. She is taking responsibility for earning her own money and likes to be independent.'

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Family Fun Day

On Saturday 7th September we held our annual Family Fun Day. Islanders were once again encouraged to get active, enjoy themselves and try something new during the event at Saumarez Park.



The event offered a variety of free sports taster sessions for all ages to get involved in. The Guernsey Sports Commission hopes that, through the free activities, islanders will have the chance to discover new hobbies or sports they can continue to enjoy as a family.

It was a fun filled day with lots to try. We were really pleased with how the day went, lots of people, smiling faces and luck was on our side with the weather. Activities on offer included Athletics, Basketball, Boxing, Cricket, Fencing, Football, Golf, Petanque and Tennis.



In addition we had a stand from the Island Games 2021 Team, as well as Free Play and an Inflatable Football Pitch. Sports coaches and volunteers were additionally on hand to help people make the most of the sessions and answer any questions.

We've had lots of great feedback and we had over 200 entries into our Activity Challenge raffle.

We would like to pass on our thanks to all of the sports who chose to be part of the day and the activities which they put on!



Specsavers Youth Games



The Specsavers Youth Games took place on 15th and 16th June.

The biennial Games, which is hosted by the Guernsey Sports Commission and Specsavers, saw more than 550 children from school years 5 and 6 take part in

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2019 making it one of the most successful years to date.



Since the first Specsavers Youth Games in 2005, the event has hosted more than 3,000 children. They are given the opportunity to establish new friendships, build their confidence and improve social and life skills, while getting free access to a new sport. The aim of the Youth Games is to promote the value of sport to young people with the emphasis on fun and fair play.



In order to learn as much as possible about each sport, coaching sessions take place in the six weeks leading up to games day. New sports which haven't previously been a part of the games, included judo and petanque. The sessions enable children to learn new skills, which are put to the test on Games Day, culminating in a closing ceremony.



A film which highlights 2019's event is available to view on the Sports Commission YouTube channel, <https://youtu.be/J2uormmZW48>

Performance

Guernsey Institute of Sport



Members:

DR CONOR OSBOROUGH PhD, MSc, PGCE, BSc (Hons), DIRECTOR OF PERFORMANCE SERVICES:

DAN GUILLEMETTE MSc (Sport Pthy) BSc (Hons) MCSP, HEAD OF MEDICAL & SPORTS SCIENCE SERVICES:

DR CASEY OSBOROUGH PhD, BSc (Hons), HEAD OF PERFORMANCE ANALYSIS AND PARA-SPORT:

LUCAS BARKER & ANDY PERKINS: STRENGTH & CONDITIONING & ASSISTING IN ATHLETE PREPARATION.

Members of the Guernsey Institute of Sport ('the Institute') have been working on three key workstreams since its inception, under the umbrella of developing the four key parameters integral to athletic and human performance; these being

- tactical,
- technical,
- physiological,
- psychological.

Overall, these three workstreams have highlighted the effect the Institute can

have in the delivery of elite performance support. To date, we have utilised our individual experiences and knowledge to support these athletes as well as being involved in strategic meetings to support key stakeholders and sponsors.

1. Cameron Chalmers: Athletics

The Institute has been assisting Cameron with fundamental changes he had to make around his UK coaching and support group, as well as reviewing key milestones focused on his build up to the Tokyo 2020 Olympic Games. This has involved assisting in securing financial assistance locally and providing other performance support services, mentoring and lifestyle management to reduce external barriers to optimal performance and achieving his goals.

2. Sam Culverwell: Cycling

Sam signed with a top international U-23 cycling team for 2020. The Institute has been working with Sam to assist in his athletic development and robustness ahead of a marked increase in competition level. This has involved three-dimensional biomechanical analysis, screening and design combined with the implementation of a strength and conditioning programme. The process has included regular reviews and a multidisciplinary team approach (including his UK coach and team) to ensure performance targets are met.

3. Charlie-Joe Hallett: Swimming

In a similar manner to both Cameron and Sam, the Institute has been providing performance services to Charlie-Joe. These have included both physiological and biomechanical analyses in the pool combined with screening and a bespoke

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strength and conditioning programme. Further support has included assisting with funding opportunities as well as providing an objective 'sounding-board' to help Charlie-Joe with his academic studies and providing advice on his longer-term swimming future.

Currently, there are 6 athletes from 5 different sports who have been invited on to the programme.

Moving forward, we continue to work with sports and their development officers in identifying athletes who have the key attributes who may benefit from the Institute programme. At present, the programme remains as a case study and we are developing an application and review process that will underpin the services that are delivered and how we can facilitate a longer-term development programme.

Sports Achievement Awards

The Guernsey Sports Commission was delighted to host its annual Sporting Achievement Awards at Beau Sejour Leisure Centre on 9th January 2020. Celebrating some of the memorable and excellent achievements of some of Guernsey's best sportsmen and sportswomen in 2019.

The evening was hosted by Adrian Gidney on behalf of the Guernsey Sports Commission. Special guest Andy Priaulx presented the trophies to the 2019 winners and Tony Curr from ITV Channel Television interviewed the Priaulx family.



The Sports Commission is extremely grateful to Andy and his family for very informative and interesting interviews, discussing various topics of growing up in sport.

Ten awards were handed out by our Bailiff Sir Richard Collas to very deserving winners.

The **Guernsey Sports Commission Trophy** was awarded to Sam Culverwell (Cycling). This is the highest accolade that can be awarded to a sportsperson by the Sports Commission.



The **Richard Burton Salver** award is presented to a sportsman for an outstanding individual achievement, this was won by Josh Lewis for his Triathlon performance.

The **Guernsey Brewery Salver** award is presented to a sportswoman for an outstanding individual achievement, this was won by Maya Le Tissier for Football.

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The **Sir John Loveridge Trophy** was won by Megan Chapple from Guernsey Triathlon, for making an impressive amount of progress throughout the year.

The **Dave Dorey Memorial Trophy** winner was Pat Ogier from Guernsey Basketball, for continuous contribution to the club for many years.



The **Guernsey Sports Commission Team Trophy** (over 4 competitors) was won by the Guernsey Island Games Table Tennis Team, celebrating a great team performance.

The **Guernsey Sports Commission Small Team Trophy** (under 4 competitors) was won by the Guernsey Mixed Fours Bowls Team for their overall team performance.

The **Sport Guernsey and Nautical Guernsey Shield** winner was ICC Men's Cricket, for outstanding event organisation of the T20 World Cup Europe Final.

The **Beau Sejour Trophy** was won by the St Martins AC U16s Football Team, for an outstanding team performance.

The **Lambourne Shield** was awarded to Alex Scott for Football, for an outstanding individual sporting achievement during 2019.

Congratulations to all of the Winners

Sport Development Officers – Reviews of 2019

Athletics



Much of the focus of the club in 2019 was on the redevelopment of Footes Lane and having an influence in how this happened so as to reach the best positive long-term situation.

Athletics Development Officer, Tom Druce, led much of the club's direction and communication with ESC in establishing potential key benefits with certain aspects of the upgrade – with the primary fundamental change being the expansion to eight lanes with an eye on utilising additional space to enhance training practices. Significant planning and investment went into the process of providing alternative training venues for the five-month project for both local elite and participation athletes alike.

In the absence of the track, a strong community feel was in evidence, particularly amongst the adult endurance athletes regardless of ability level. The volunteer coaches in this area did a particularly sterling job in 2019 in this respect.

Schools

Sessions in primary schools again increased slightly following Lee Merrien's first full year on the Development Team.

Lessons or clubs have been delivered in all schools over the past 18 months with the exception of Vale Primary and Melrose. Lee has led the ongoing innovation of our primary school delivery in line with new research in the areas of youth athlete development and the effective teachings of fundamental movements. Both Lee and Tom continue to put significant work time into this area and additionally will work closely with GSC to evolve our offering, e.g. delivering to Le Rondin School.

Guernsey Athletics delivered the Primary School T&F Championships (as previously delivered by Education) as well as the second edition of the Primary X Challenge (cross country).

The club again provided officials and volunteers to the Island Schools' Athletics event.

Community

Outside of school activities, endurance running remains the main area where the club is able to positively affect non-members. This aspect is a key consideration when devising and advertising certain fixtures – many of which are fully inclusive and offer more advanced levels of organisation without any feeling of elitism. The club has also developed good working relationships with other parties such as the endurance event group distance.gg with a view to offering help and advice to enhance their events.

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Performance

At the very top level, Cameron Chalmers competed at the World Championships in Qatar, representing Great Britain in the 4x400m relay. He had earlier in the year taken the British Indoor title over 400m with arguably his best pound-for-pound performance to date. His brother Alastair broke the British U20 record over 400m hurdles but was denied the chance to win the European U20 title by a disqualification in the semis. At the Island Games in Gibraltar, 17-year-old Joe Chadwick starred in the sprints and relays. He and female counterpart Abi Galpin both broke the Island U20 records over 200m during the season and came close to doing so in the 100m. Indi Gallagher also took a sprint medal in Gibraltar, whilst Sarah Mercier dominated the 5,000 and 10,000m with Jenny James, Katie Rowe and Ed Mason also on the podium for endurance events. Rhiannon Dowinton, Toby Glass, Sam Wallbridge and Peter Curtis all made the podium in hurdles events.

Locally, Julie Lawlor achieved outstanding national standard age-graded results in

various endurance events in the over-70's category.

Coach/Workforce Education

Both Tom and Lee have undertaken various CPD over the past year. This includes online qualifications and courses as well as on-island workshops such as Fundamental Movements which was hosted by GSC. Throws coach Lydia Banbury also joined Tom and Lee in attending a fantastic event hosted by Jersey Sport Foundation where world-renowned youth sports practitioner Kelvin Giles delivered a day-long conference.

England Athletics recently launched a series of courses with "movement" at its core, and endurance coach Paul Ingrouille took the first in the series – which is online (the remaining levels being UK-based content) and therefore will be offered out to more coaches shortly.

Future Plans

- Track & Field season – relaunching local T&F on the new track, including a mini Island Games test event where IIGA islands will be invited to take part.
- Workforce development to take high priority – coaching CPD and officiating qualifications. Youth athlete development themes will be prioritised for coaching due to the vast and complex nature of this hugely relevant area and the large amount of research happening.
- Aim to continually review and reflect on how our athlete pathways are serving our development athletes already within the club structure, and at the same time seek to enhance routes of entry into the sport.

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- School athletics events such as ZEDRA Super 6 will continue to evolve to fit the aims and objectives unique to Guernsey students.

Badminton



2019 was a busy year with a second place in the Island Games team event and 1 gold medal, 2 silver medals and 3 bronze medals in the individual event. We also had victories in the Inter-Insulars for the 1st team (30-0), 2nd team (17-13) and Veterans (22-8) the only loss was the Under 19s (12-18).

Schools

Guernsey Badminton continues to extend their outreach into the schools' programme providing badminton lessons to most of the Year 5 & 6 pupils. Guernsey Badminton also supports the Sports Commission's Year 4 festivals and an annual Year 5 & 6 inter-school competition.



Guernsey Badminton has seen an increase in the number of pupils that have started to attend badminton training after school having tried the sport as part of these programmes.

Community

We continue to work on ways to increase community involvement in the sport, most successful has been the Team Challenge event that involves teams of 4 competing in a fun team environment involving participants that aren't members of Guernsey Badminton.

Guernsey Badminton has been running monthly sessions with a disability badminton club with plans to grow to more age groups.

Guernsey Badminton supports the Sports Commission's holiday camps and family fun days to provide badminton opportunities.

Performance

Performance highlights for this year was the 7 medals brought from Gibraltar in the Island Games and the various Inter-Insular wins. On junior level, we saw the start of our younger players starting to compete in the Badminton England circuit.

Coach/Workforce Education

We did courses for Young Officials last year. Guernsey Badminton is aiming to develop a solid Coach Education structure which will allow young players to start themselves on this pathway as young as 14 with Young Leaders Award and develop along the pathway towards becoming coaches. Young Officials is a similar structure to train Young Officials from 14 years of age and provide them training opportunities to further develop their

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skills to qualify as full umpires once they are old enough.

Future Plans

- U-18 Inter-counties
- Gwent Match (juniors)
- Inter-Insulars (seniors, juniors and veterans)
- Coaches education course
- Isle of Wight Match (juniors)

Cricket



2019 was a hugely successful year for Guernsey Cricket with participation numbers growing for the second successive year. The Specsavers Youth Games once again provided an excellent opportunity for the girls to try cricket. We had 27 participants and a number have since carried on playing cricket.

Blanchelande College played host to this year's Lords Taverners event showing off their fantastic facilities and raising over £30,000 for both the school and the Lords Taverners.

Guernsey Cricket hosted the ICC Men's T20 World Cup Europe Final competition in June. Mark Latter and his team can be proud of the tournament which has most

recently been recognised at the Sporting Achievement awards winning the Sports and Nautical Events Shield.

Ashley Wright left his post as Head Coach following his 4-year reign to return home and take up a role at Sussex County Cricket Club. Guernsey cricket would like to thank Ash for his time at Guernsey Cricket and wish him well in his new role.

Schools

Guernsey cricket delivered cricket to all 14 primary schools in 2019 at Years 5 and 6. The sessions including all aspects of cricket involving fundamental movement skills such as running, leaping, striking, catching and landing to name a few. The sessions were all linked towards getting the schools ready for the Schools Kwik Cricket Tournament in June.



Not only did we focus on junior school cricket through the Guernsey Sports Commission, we also focused on secondary schools' cricket delivering sessions at two of the four secondary schools and delivering sessions at all the private schools. We also worked with Guernsey College of Further Education delivering part of their sports course on the techniques and tactics of cricket.

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Community

2019 saw the continuation of our highly successful Ravenscroft Future Stars programme. This ran for 8 weeks across the summer with all participants receiving a bag containing a bat, ball, cap, water bottle, tee shirt and a set of stumps. We also ran a condensed weeklong programme during our cricket week in the summer holidays. We had a rise in numbers from the previous years with the programme seeing over 130 children pass through it during the summer.

Junior Club cricket was another success with the programme offering the players the opportunity to compete in a winter and summer league competition. An increase in numbers has now allowed us to run three junior divisions based on ability rather than age which has enhanced playing skills and enjoyment for all children.



We worked closely with both Headway and Cheshire Homes to deliver tabletop cricket to show cricket really is a game for everyone.

Finally, throughout the summer we offered cricket coaching to the Accent French School for French Exchange students who were over studying in the Island.

Performance

Obviously one of the major highlights was the ICC Men's T20 World Cup Europe Final competition which showcased the fantastic facilities and opportunities on offer in Guernsey.

The Senior Women also had a successful year retaining the Inter Insular Trophy with an impressive 7 wicket win. This was the first ever full international match hosted in Guernsey with Guernsey being given T20 International status in both the men's and ladies game.

The junior programme continues to grow for Guernsey cricket with success across the summer in all age groups. The Under 11's won the Inter Insular away in Jersey and both the Under 13's and 15's had successful trips to Bromsgrove for the Bromsgrove cricket festivals.

Coach/Workforce Education

Guernsey hosted a UKCC Level 2 ECB Certificate in Coaching Young People & Adults' Cricket in August. This had 12 new/current coaches taking their coaching onto the next level. The course is aimed at those who are looking to lead their own sessions. Each junior league club had a representative on the course.

Cricket Development Manager Ben Ferbrache was successful at his interview day to attend the Advanced Cricket Coaching Course (Level 3) at Hove in 2020.

Future Plans

Following on from Ash Wright's Departure, Guernsey has managed to secure the services of two coaches. Olly Tapp originally from Guernsey has returned to the Island following 3 years away with both Northamptonshire County

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Cricket Club and Wellington Firebirds in New Zealand. He takes up the role of Performance coach.

Joining Olly is Andy Cornford who returns after 7 years away as Head Coach of Guernsey Cricket. Andy led Guernsey to World Cricket League success after winning the World Cricket League 6 in Malaysia in 2011.

Both Andy and Olly are Level 3 qualified coaches and will be looking to pass on their knowledge to all players and coaches in Guernsey.



The Ravenscroft Future Stars course continues to grow. We are looking forward to even more budding young cricketers taking part in the summer course in 2020.

The Guernsey Under 19's have a big summer ahead of them as they travel to Denmark for the ICC Under 19's World Cup Qualifiers in July.

The men's national team will also be competing in the ICC Men's T20 World Cup Europe Division 2 qualifier tournament.

Football



2019 was full of activity, with one of the main events being the BWCI Mini Soccer Festival for Year 5 children.



2019 was the eighteenth festival to date, only open to FA Charter Standard Clubs and academies/centres of excellence of professional clubs. It started out in 2002 as a small local tournament with one visiting professional football club, Everton FC, to play against seven Guernsey clubs and has grown each year.

In 2015, a record 28 teams took part, including 6 teams from professional clubs' academies. Also, Football was included in the Specsavers Youth Games with girls' football taking place at Victoria Avenue.

Over 30 girls in Year 5 and 6 took part in the event, competing for their district. The Girls Academy U15s went to Sartilly to

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play in their first tournament. The Girls Academy also hosted Jersey's Player development Centre in two separate age bands.

We also supported the Rainbow Laces Campaign and took part in the Guernsey FA 125th Anniversary celebrations.



Schools

During 2019, the majority of Primary Schools (11) received Year 5 & 6 PE Lessons, lunch clubs and/or after school football clubs. Schools benefiting from this support included Vale, St Martin's, Hautes Capelles, Castel, Blanchelande, Vauvert, Forest, St Mary & St Michael, Amherst, La Mare De Carteret and La Houquette.

In addition to this, the FA Junior Football Leaders Award, a recognised formal qualification, was also delivered, free of charge, at St. Sampson's High School, Elizabeth College and The Ladies' College for Year 9 & 10 students.



We set up five school-based Wildcat Centres for 5-11-year-old girls to participate in 16 weeks of female football based at Castel, La Mare De Carteret, Amherst, La Houquette and Hautes Capelles. All other schools were offered the opportunity for lunch clubs or afterschool football clubs for girls.

Community

During 2019 we developed a new initiative in partnership with the States of Guernsey, Committee for Health & Social Care, where free football sessions were available for Mental Health Service Users. A number of those attending went on to find part-time or full-time employment.

In addition to this, the Guernsey FA Girls' Academy were ball girls at Guernsey FC Fixtures on multiple occasions.

In partnership with the Guernsey Sports Commission and Guernsey Arts Commission we helped celebrate the legacy of pioneering Guernseyman, William Le Lacheur (who brought football to Costa Rica), and the connections established between Guernsey and Costa Rica.

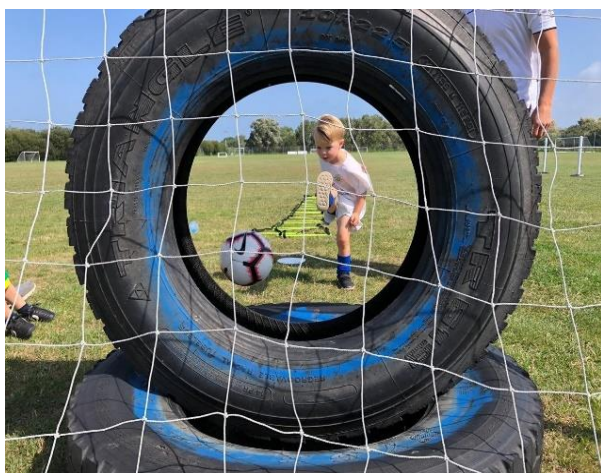
In addition, we supported:

Youth Commission for Guernsey & Alderney: BOUNCE programme

Little Champs: Football for pre-school children

Guernsey Soccer School: after school and school holiday sessions.

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Performance

Performance highlights for 2019 include:

- Adrienne (15) and Sydney (15) were both invited to the National Development Programme Talent ID Day by the FA.
- Alex Scott has signed for Bristol City
- Maya Le Tissier has signed her first professional contract with Brighton & Hove Albion
- The Men's Senior representative side went to the Ynys Mon 2019 Football Tournament where they were awarded Silver
- It was announced that the Women's Muratti will return in 2020



Coach/Workforce Education

- The Level 1 Introduction to First Aid in Football: 5 courses: 59 people
- The FA Safeguarding Children Workshop: 4 courses: 55 people

- The FA Welfare Officer Workshop: 1 course: 7 people
- The FA Level 1 Coaching Football: 1 course: 24 people
- JFLA with Rovers AC
- First ever UEFA B Coaching Course in The Channel Islands: Block 1: April: Block 2: September: Block 3: November. The final part of the course, Block 4, will be taking place in April 2020.
- CPD: Multiple CPD opportunities for Coaches
- We held a Wildcats CPD for specific 5-11 girls' delivery, the first to be done locally, previous training was held at St Georges Park.



Future Plans

- BWCI Mini Soccer Festival
- Women's Muratti
- Progress with the Stadium

Hockey



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Over 2019 we continued with our programme of hockey for children and young people from age 5 to age 18. We started with HockeyFest and a visit from GB star Brendan Creed, to kick off the 2019/20 season. There were also our Academy + sessions, which help to develop our high performing young people so that they can attend Performance Centre sessions in England. This season our U14 and U16 boys have both entered the England Hockey Championships, as well as playing their annual Inter Insular. In 2019 our home U14 Inter Insular had a festival feel to it, with both islands fielding 3 boys' teams and competing in a very amicable competition. This year we also hosted the senior Inter Insular matches, as well as 2 teams from Oxford University. Both occasions helped us to showcase our sport to the wider public.



Schools

In 2019, Guernsey Hockey delivered a full programme of PE lessons in Primary Schools as part of the GSC PE in Schools. This helped us to deliver hockey to every Year 5 and Year 6 child on the island in mainstream education. At the end of this we held a tournament for the schools, which was entered by 10 teams from 9 different schools. In 2019, we also begun a programme, in partnership with

Guernsey Schools Hockey Association, in the High Schools. This was to support the teaching of hockey during PE lessons and culminated in tournaments for Year 7, 8 and 9 boys. All schools entered, bringing 1-3 teams each.

Community

We have worked with schools this year to deliver our sport to as many children and young people as possible. In 2019, we also took part in the Specsavers Youth Games, delivering hockey to approximately 35 children who had not played the sport before. We also engaged the hockey community in a few programmes, including our local leagues and our junior development programme, which is open to all children of all school ages. Guernsey Hockey has also engaged with local businesses, encouraging them to enter teams into the Business League, which has helped to bring some new joiners as well as encouraged a few people back to Hockey. We have continued to develop our social media profile to better engage with the local community.



Performance

Our biggest highlight of 2019 was the visit of GB player Brendan Creed, which led to a huge turnout of children and young people at the hockey club. Our biggest playing highlights this year was the senior

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Inter Insular performances. There were great performances from all teams, particularly the Men's second team who played in one of the most exciting Inter Insular games in recent history (leading 4-0 to draw 4-4). The Men's first team and Ladies' third team also won their matches, with the Men's third team drawing and the Ladies' first and second teams losing. We are also pleased to celebrate a few players moving on to different levels of play in England. We were well represented at the Master's Euro Championships in 2019 and some young people have moved on to Performance Centre hockey; the next step in the Player Pathway.



Coach/Workforce Education

We had a guest Coach Developer from England Hockey visit in September. He delivered three England hockey workshops. He also helped to deliver the message of the 'Golden Thread'; an approach based on Teaching games for Understanding as well as encouraging coaches to access England Hockey's online HockeyHub, where they can access videos and the Talent Development Framework coaching document, which highlights the principles of hockey. These workshops were delivered to about 20 coaches. They have now embraced a games-based approach after his workshops. Katy Taylor

and Steve Eulenkamp also achieved their Level 2 qualifications after support from the SDF.



Future Plans

- Hosting the Ledger (Masters' hockey event with Jersey)
- Academy + sessions (linked to the England Hockey Player Pathway)
- Coach Development Workshops.
- Starting Hockey Heroes- an introduction for 5-7 year olds
- HockeyFest 2020

Rugby



As 2019 passes in to a dim and distant past that included a Rugby World Cup that was designed to bring an influx of new

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players into the sport, there was little to suggest this was the case. However, what was very apparent was the increasing number of people of all ages, gender and abilities taking up the sport of Rugby.

The Academy saw numbers increased especially in the Tots, U12 (who entered the Sussex Leagues for the first time) and the Colts who now have a selection dilemma (great position to be in). The U15 Girls continue to grow in numbers under the coaching of Community Rugby Coaches Callum Gladstone and Brad Webb.

Schools

Elizabeth College's rugby programme continues to grow, which means that Rugby has a presence in every school on Guernsey from Special Schools, Primary, Junior, Secondary and College of FE. This means some 900+ sessions of rugby ranging from 45 mins to 1.5 hrs in length having been delivered this year.



The formerly known Annual Junior Schools Tag festival has been renamed the Canaccord Genuity Wealth Management Rugby Festival owing to the introduction of an additional element, contact rugby for the Year 5/6.

For the first time, the Secondary Schools ran a Boys/Girls Rugby Festival in June with both touch and contact for both Boys

and Girls from Year 7-9. The Easter Sunday 7's continues to grow with entries from St Sampson's and La Mare de Carteret. The Schools U15/U16 boys took part in the annual Lord Jersey Cup entering two teams for a second year.

Community

Community Rugby continues to grow with crowds at Raiders (Men and Women) and Vikings games showing a good increase in numbers.

Raiders are in the running for promotion to National 2, whilst the Women sit mid-table having an excellent home record. Training now sees their numbers up to 30+.



The St Jacques Vikings, the Island Development Pathway squad, moved from Sussex into the Zoo League 2 which meant significantly stronger opposition and they are now placed mid table.

A week-long visit from Leicester Tigers outreach team brought more opportunity for schools and club teams to work with different coaches. Players from both Raiders and the Ladies team continue to work with the Academy in order to bring their playing knowledge to the future stars of tomorrow.

The Easter and Summer Camps are becoming very popular with 60 children

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from age five to 12 attending the 'pitch up and play' Easter Camp and 127 players from 5-16 attending the Summer Camp.

Performance

Four of the U18 girls attended Sussex trials in early 2019 with all of them being selected for the county. From this, Olivia Kenneally was invited to the England U18 Centre of Excellence.

The Island Rugby Development Pathway continues to grow with over 20 players from 14-18 now taking part in twice weekly Strength and Conditioning sessions and daily skills sessions during holidays. Several of the players on the development pathway are now playing regular adult rugby at 17. Ben Holland, who was supported to go to New Zealand on the Inside Track programme, has been given an opportunity to remain and we may well see him play Mitre 10's this season.

Coach/Workforce Education

Jordan Reynolds (Raiders Director of Rugby) has now been signed off as an RFU Coach Educator. Added to this there are two Island Coaches in the final stages of the RFU Level 4 Award – this is the highest available coaching award in Rugby Coaching and three coaches are awaiting confirmation of their acceptance to the RFU Level 3 Coaching Award.

During 2019, the Coach and Match Official Education team ran 11 Courses/CMOD/CPD for Coaches, Match Officials and Volunteers. These sessions ranged from Safeguarding, First Aid, to Level 1 Refereeing awards and Towards Level 3 coaching. This means we have delivered 39 hours of education, supporting 131 Coaches, Match Officials

and Volunteers from the Rugby Community during 2019.

External delivery saw the Coach and Match Official Education team supported RFU Courses on UK Mainland (Director of Rugby, Level 3 Professional Players Award and RFU Leadership Academy) and Jersey in support of the Rugby Academy.

Future Plans

- Junior Schools Rugby Festival 14 Mar 2020
- Junior Siam 25 Apr 2020
- Senior Siam 2 May 2020
- Secondary Schools Festival Jun 2020
- Level 2 Coaching and Refereeing Award on Island Aug 2020
- The development of a Commonwealth Youth Games Rugby 7's team

Sailing



2019 was another very successful year for sailing at grass roots through to performance level. The disability sailing (Sailability) program has also grown getting more people than ever out on the water.

The GYC provided a full race program including sending teams to multiple

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national events including an international event in France.

Schools

The Guernsey Sailing Trust has worked delivering on the water sailing sessions to the GCFE, 9 secondary schools, 16 primary schools and a Home School group, teaching over 1500 children and young people to sail or powerboat across a range of different boats.



With the special needs schools, we have been working through the RYA Sailability scheme, and those groups from mainstream school who have come regularly and for more than 4 sessions have been working through the RYA Youth scheme. Four high school students also passed their powerboat Level 2 course gaining their boat driving licence. The first ever group to leave high school with this qualification.

A Sailability instructor was employed on Fridays between June and October to work with students from Le Murier and St Sampson's High School giving them extra opportunities to get afloat and enjoy the freedom of sailing.

In conjunction with the Sports Commission we ran a successful Year 4 festival and a combined Year 5 and 6 festival; both of these were full courses with 24 children attending each.



The Guernsey sailing trust also brought Conrad Humphreys, a 'round the world' sailor, and his Boat Bounty's End from the Channel 4 TV series Mutiny over to deliver a 'Living History' program for the islands secondary school children. Students got to sail the boat with Conrad and his first mate while learning about the Mutiny on the Bounty.



Community

The GST, in conjunction with the GYC, ran an Open Day in April offering free taster sessions for 5-11-year-olds on the model yacht pond. In May, the GST participated in the RYA Push the Boat Out National event, running an Open Day enabling over 180 people to give sailing and powerboating a go.

During the summer holidays a drop-in centre (£5 for an hour) was available 9-12 on Saturday mornings for sailing on the pond. Just under 400 children took part, with many attending more than one session.

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Bursary places were provided on our summer holiday courses for children, recommended by their teachers, who had enjoyed sailing with school but could not afford to attend a week long course.



The GST have also run weekly sessions for multiple groups from St Martin's Day



Centre and Shotley Villa as part of our Adult Sailability program. Autism Guernsey and the Blind Association have also participated in multiple on the water sessions.

Performance

Sailors learned new disciplines competing in match racing and team racing events locally and nationally, with an Elizabeth College team coming 8th at the national team racing finals.

There were multiple top ten finishes by multiple sailors at the Optimist British Nationals, and End of Season Championships.

The Guernsey Island Games Team won team silver plus a Gold medal in the radial class. This was won by Clemmie Thompson, the 3rd ever woman to win

this event. Andy Bridgman won a Silver in the Full rig class.

Jess Watson, age 12, qualified as part of the RYA Optimist girls' squad ranking in the top 24 for Under 15s.

Luke Elliott, Monty Deforges and Leo Rivers all qualified for the Optimist South Regional Squad.

Coach/Workforce Education

The Guernsey Sailing Trust was visited by the RYA regional development officer who delivered Disability awareness training for 12 instructors, four of which also became Disability Awareness instructors so we can now deliver in house.

Four new Dinghy Instructors, six keelboat instructors, 11 assistant instructors and one Senior Instructor were trained up to help deliver sailing sessions across GYC and GST programs.

Future Plans

- Discover Sailing Event in May - Free taster sessions for sailing and Powerboating
- The GST becoming an Advanced Powerboat School
- The GYC hosting the International Trophée Des Iles event with competitors from Jersey and France.
- Working in the primary schools delivering fundamental movement skills for sailing sessions
- Increasing our offering to the secondary schools with new qualifications including basic navigation

Our Vision

We believe that everyone in Guernsey should have the opportunity and support to participate* and compete, and fulfil their potential no matter what their background, age, or level of ability in a safe and supportive environment.

Everything we do at the Sports Commission, including our eight Core Work Streams, can be linked back to the delivery of our Vision.

Our role is to lead, represent and be a champion for sport in Guernsey, which plays a vital role in our cultural, economic and individual lives.

**Participation refers to playing for fun, volunteering, officiating, coaching or administering.*

How?

The Guernsey Sports Commission will achieve its vision through working with key stakeholders across all parts of the community, its member sports, the civil service, third sector and private sector. Specifically, it will focus on a number of simple and straight forward objectives that are aligned to eight key work streams within sport.

The Commission will be a source of on-Island expertise bringing the most experienced local professionals under its umbrella, and utilising their expertise to develop the Island's provision, and support for physical activity and sport on the Island.

We will work closely with the States of Guernsey to deliver our responsibilities as delegated within the Plan for Sport (the

States of Guernsey Sports Strategy published in March 2020).

The Commission will be a model of good practice from the activities it delivers face to face in the community through to the way in which it is governed and interacts with those that it represents.

Our Sponsors

We continue to be grateful to all our sponsors, large and small. As a charity, we could not do the work that we do supporting sport and physical activity without their vital funding.

You can read about some of our main sponsors on our website <http://guernseysports.com/about/our-sponsors/>

Our Commissioners

We would like to say a big thank you to our Commissioners for all the support they have given us during 2019.

Jon Ravenscroft – Chair

Graham Chester – Director

Jeremy Frith - Director

Matt Fallaize – CfESC Political Representative

Simon Geall – Company Secretary

Rob Hutchinson – Finance Commissioner

Natasha Keys – CfESC Representative

David Piesing – Sports Tourism Action Group

Philippa Stahelin – Parasport Representative

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Our Team

The Guernsey Sports Commission is proud of its team of dedicated, qualified, enthusiastic staff.

We have been fortunate to welcome new members to the team this year. For a full list of all those who work to support sport and physical activity in Guernsey visit our website

<http://guernseysports.com/about/the-team/>

Contact

If you would like to find out more about the Guernsey Sports Commission, the work we do or how you can help support us then please contact the team on 01481 747229, email info@guernseysports.com or visit our website

www.guernseysports.com

You can also follow us on [Facebook](#) and [Twitter](#).