

# SPORT



## Guernsey Sports Commission

### STREET SPORTS

### 2020 Annual Review





**Guernsey Sports Commission**  
**STREET SPORTS**  
2020 Annual Review

***Contents***

The Guernsey Sports Commission.....	3
Overview of the Street Sports Programme.....	3 /4
The Staff.....	5
The Participants.....	6
Attendance and Questionnaires.....	7
Tuesdays (11-18) Les Genats.....	8/9/10
Thursdays (Under 11) Les Genats .....	11/12/13
Fridays Night Football @ Beau Sejour .....	14/15
Highlights of 2020.....	16/17/18/19/20
Case Studies.....	21/22
Funding.....	23
Street Sports staff teams.....	24/25/26
Appendix.....	27/28

Attendance Figures

Aims, Objectives, Indicators and Targets

Street Sports Online



## Guernsey Sports Commission STREET SPORTS 2020 Annual Review

### ***The Guernsey Sports Commission***

The Guernsey Sports Commission (GSC) is a charitable organisation that promotes sport and physical activity and encourages participation across all sports at all levels. It establishes working relationships with sporting bodies, associations and clubs to help them better achieve their own objectives. It works with a number of private, public and voluntary organisations and interested parties in the promotion of sport and recreation for all sectors of the community.

### ***Overview of the Street Sports Programme***

Street Sports is a community programme that aims to improve sports provision for young people in order to benefit their physical, mental and social well-being. It offers 6 to 18 year olds of all abilities access to free sports and physical activity sessions in neighbourhoods at two locations across the island where a number of young people may experience social and/or economic difficulties.

It is an opportunity for young people to be active, socialise, have fun, play sports and learn new skills. Staff provide the equipment for each session and deliver a variety of sports including games and variations of many traditional sports that lend themselves to a 'street' setting. With guidance from staff, participants are very much involved in the planning and decision-making for each session and are given the choice of which activities they would like to do. Young people can just turn up, register with a member of staff and join in.

3

<b>Where?</b>	<b>When?</b>	<b>Who?</b>
Les Genats Estate	Tuesdays 7-9pm	For 11-18 year olds of all abilities
Les Genats Estate	Thursdays 6.30- 7.30pm	For 6-11 year olds of all abilities
Friday Night Football – Beau Sejour Leisure Centre	Fridays 7-9pm	For 11-18 year olds of all abilities

The sessions are an opportunity for young islanders to channel their energy into constructive physical activity. There is no pressure to perform so the focus is on young people enjoying being active. Through sport, the aim is to improve young people's confidence and self-esteem. The programme is also committed to making young people aware of other activities and services on the island that may also benefit their well-being. Street Sports staff work closely with other youth agencies that can offer participants advice and support in other areas of their lives.



# Guernsey Sports Commission

## STREET SPORTS

### 2020 Annual Review

<i>Benefits of the programme for young people</i>	<i>Sports/ Activities enjoyed in 2020</i>																								
<ul style="list-style-type: none"> <li>• Sessions are FREE to attend</li> <li>• Sessions held within local neighbourhoods (therefore eliminating transport barriers)</li> <li>• Increases young people's fitness and improves well-being through physical activity and game play</li> <li>• Improved confidence and self-esteem through participation and positive engagement with staff</li> <li>• Social inclusion and community spirit</li> <li>• Constructive evenings</li> <li>• Choice of what activities take place</li> <li>• Consistent weekly presence of Street Sports team 50 weeks of the year</li> <li>• Improved team working skills</li> </ul>	<table> <tr><td>Athletics</td><td>Longball</td></tr> <tr><td>Badminton</td><td>Netball</td></tr> <tr><td>Basketball</td><td>Rounders</td></tr> <tr><td>Circus skills</td><td>Rugby</td></tr> <tr><td>Cricket</td><td>Squash</td></tr> <tr><td>Climbing</td><td>Sailing</td></tr> <tr><td>Dodgeball</td><td>Table tennis</td></tr> <tr><td>Football</td><td>Tag games</td></tr> <tr><td>Frisbee</td><td>Tchoukball</td></tr> <tr><td>Gaelic football</td><td>Tennis</td></tr> <tr><td>Hockey</td><td>Tri -golf</td></tr> <tr><td>Lacrosse</td><td>Uni- hoc</td></tr> </table>	Athletics	Longball	Badminton	Netball	Basketball	Rounders	Circus skills	Rugby	Cricket	Squash	Climbing	Sailing	Dodgeball	Table tennis	Football	Tag games	Frisbee	Tchoukball	Gaelic football	Tennis	Hockey	Tri -golf	Lacrosse	Uni- hoc
Athletics	Longball																								
Badminton	Netball																								
Basketball	Rounders																								
Circus skills	Rugby																								
Cricket	Squash																								
Climbing	Sailing																								
Dodgeball	Table tennis																								
Football	Tag games																								
Frisbee	Tchoukball																								
Gaelic football	Tennis																								
Hockey	Tri -golf																								
Lacrosse	Uni- hoc																								

**Football at Friday  
night sessions**

4

**Under 11's Coasteering  
session at Grandes  
Rocques.**





## ***The Staff***

Street Sports sessions are delivered fifty weeks of the year with a two week break over Christmas and New Year. However this year we were impacted by Covid-19, action was taken immediately when the Island went into lockdown, with no Street Sports sessions being delivered. We had to take a break between April and June, but were in a fortunate position to resume offering sessions at the beginning of July.

The staff team consists of a Sports Development Officer, Street Sports Co-ordinator, Community Sports Leaders and Assistants, all of whom are passionate about sports and engaging with young people. All staff are approachable and enthusiastic about offering new sporting opportunities for participants involved in Street Sports. We also work closely with sports specific coaches, who help support sessions by delivering their sport to the young people a few times a year.

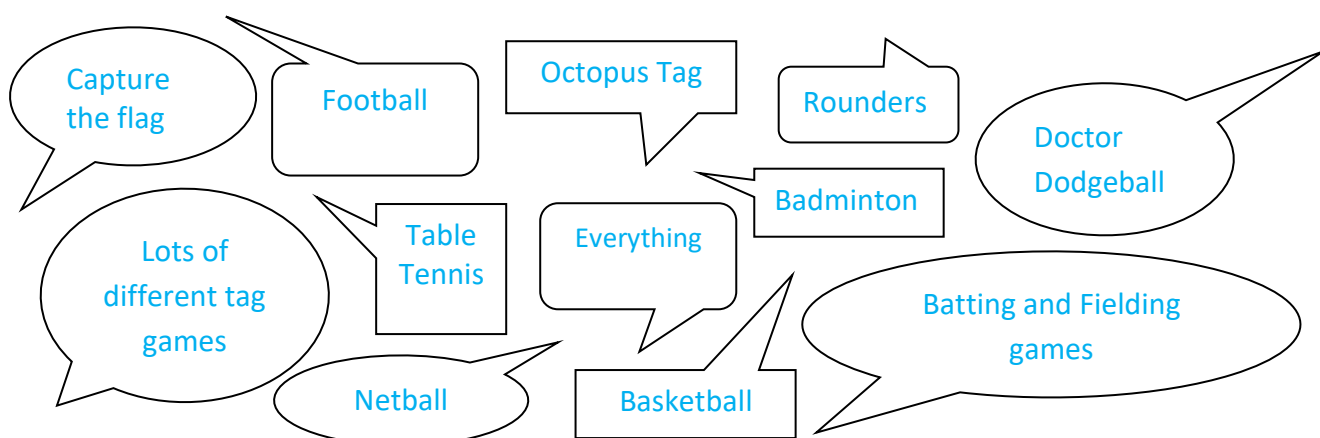
## ***The Participants***

Feedback from the participants reveals what a difference Street Sports makes to the lives of those that attend. Participants' comments continue to reassure us how important our programme is to the young people and why it is worth continuing to invest in it. Young people tell us that if they were not at Street Sports they would be 'doing nothing', 'on their Phones or 'PlayStation', 'eating', 'sleeping' or 'watching T.V'. It seems the sessions do genuinely have a place in young people's lives and they choose to come to Street Sports rather than opt for any one of these sedentary activities.

Participants are asked to complete questionnaires anonymously twice a year. Unfortunately due to Covid-19 the Island went into lockdown and street sports had to stop immediately (no sessions were delivered between April – June). Therefore no questionnaires were completed in June. Some young people are also interviewed in October. Below are some of the comments made in 2020:

5

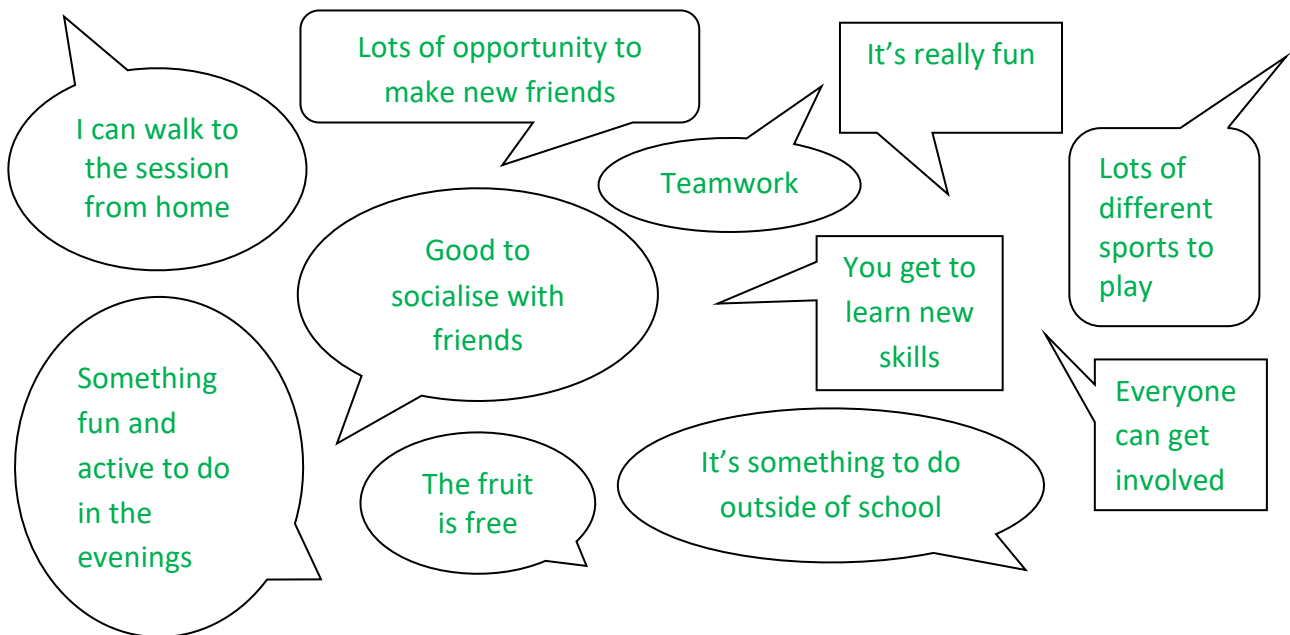
### ***What activities do you enjoy doing at Street Sports?***



### ***What's bad about Street Sports?***



***What's good about Street Sports?***



***General comments from interviews with participants***

"It was so fun being able to try a new game tonight"

"I have been looking forward to this all day, it's nice to be able to get out the house"

"We all get an opportunity to see our friends and play sports that we enjoy"

"I have really worked up a sweat and my face is boiling after doing all the sports tonight"

"Everyone comes together and keeps fit and healthy"

"The staff are so friendly and they encourage us to take part in the sports on offer"





## ***Attendance and Questionnaires***

Questionnaires were completed in October of 2020 by 22 participants across the three sessions, to gauge how young people view Street Sports. In the second part of the Questionnaire participants have to answer from a scale for some of the below questions. The answer scale allowed the young people to answer 'none of the time', 'rarely', 'some of the time', 'often' and 'all of the time' to the questions instead of just 'yes' or 'no'. Below is how the participants answered.

- 18 out of the 22 young people said that Street Sports stops them from getting bored.
- 18 out of the 22 young people said that they listen to other people's opinions.
- 22 out of the 22 young people said that they felt safe at Street Sports sessions.
- 18 out of the 22 young people said that Street Sports helps them to be more active.
- 18 out of the 22 young people said that Street Sports helps them be more confident.
- 16 out of the 22 young people said that Street Sports gives them information about other activities on Island.

During 2020 we have had over 295 young people aged between 6-18 accessing the Street Sports Programme. 49 young people aged between 11-18 came along to the Tuesday Les Genats sessions, with approximately 15 young people attending on a regular basis (1 in 3 sessions or more). We saw 44 young people aged between 6-11 accessing the Thursday session at Les Genats estate, with approximately 18 attending on a regular basis. 205 young people aged between 11-18 came along to Friday night football, with approximately 32 young people attending on a regular basis.

Tuesday night Street Sports sessions have been very positive in 2020, despite all our sessions coming to a halt at the end of March and not returning until mid-June when lockdown was lifted. We were pleasantly surprised with the number of young people who returned to take part in the sessions. Our attendance numbers were slightly higher than what they were when we stopped in March which was great as we were worried we may lose participants with such a long break. When we got back to delivering sessions, we were able to organise some coasteering, climbing and table tennis sessions which were enjoyed by the group.

Thursday Street Sports sessions continue to offer a wide variety of opportunities for the 6-11 age group. The number of young people attending has been consistent throughout the year, with lots of new faces joining us after lockdown. The young people who attend Street Sports are engaged throughout the session and have really enjoy the new games that have been tried. Our staff team have been working hard to find some new and exciting games to keep the sessions fresh and fun.

Friday night football had another successful year with all indoor and outdoor sessions running from Beau Sejour. In 2020 we have seen the numbers exceed our expectations with new people attending nearly every week throughout the year. Friday sessions were quiet after lockdown with the attendance number being under 20 for the first month back. Since then the numbers have really picked up with September being our busiest month with 45 + young people attending each week.....

The ***Attendance figures*** table in the Appendix gives more details about the weekly participant numbers and regular attendance figures spanning the past 5 years.



**Guernsey Sports Commission**  
**STREET SPORTS**  
2020 Annual Review

***Tuesdays at Les Genats (11-18 year olds)***

<b>Achievements In 2020</b>	<ul style="list-style-type: none"> <li>• Coasteering sessions were organised for all young people who access Street Sports. These sessions were well received, some valuable skills were learnt about team work, resilience and how to challenge yourself.</li> <li>• During the lockdown we tried to maintain communication with our participants by sending out a letter to everyone on our registers. This letter included simple games and challenges that could be done individually or with family members on how to stay active at home.</li> <li>• New staff and volunteers have been recruited to Tuesday sessions. These new staff members have integrated well into the team and are working hard to build rapport with the young people.</li> <li>• Instead of offering fruit only once a month, this year we have been able to offer fruit almost every week across all our sessions. This has been well received and the young people look forward to it. We have tried taking down new fruit for the participants to try.</li> <li>• New batteries and lights were ordered at the beginning of the year so that we would have no issues with lights turning off during sessions.</li> </ul>
<b>Challenges faced</b>	<ul style="list-style-type: none"> <li>• Sessions at Les Genats continued to take place outdoors in all weather conditions – some weeks numbers were low, so it was hard to get games and activities going. For those that turn up we tried to offer a session, it's a good opportunity to have conversations and catch up with participants.</li> <li>• Guernsey went into a full lockdown at the end of March due to Covid -19, all sessions had to be cancelled with immediate effect. Street Sport didn't run for nearly 3 months, sessions started to take place again in June.</li> <li>• In 2020, questionnaires were only completed in October. Due to this we only had 22 young people across 3 sessions complete it. This unfortunately gave us less information/ feedback on what we are doing well and what improvements we can make.</li> <li>• There have been issues with litter on the court and on the grass area where we offer the sessions. Staff and participants were regularly going round with litter pickers at the beginning of the session to gather litter (ensuring area is safe).</li> <li>• The area around the outside of the court has also caused a few problem with being flooded in the bad weather. Getting on and off the court hasn't been easy and children have been climbing over the bars to get off.</li> </ul>



<b>Improvements that can be made</b>	<ul style="list-style-type: none"> <li>• Working more closely with other agencies in the future would be good. The GSC is the only agency who regularly work outdoors at the Genats so it would be our aim to try and work more collaboratively, so the young people get the most out of the opportunity.</li> <li>• Offer more off site opportunities for the young people, planning ahead will be the aim for next year so that there is variety.</li> <li>• In the future we would like to give participants more information about sports clubs they can access in the community. Getting SSDOs at the sessions would help to create that link for children and would give them more confidence to give it a try away from our street sports sessions.</li> </ul>
--------------------------------------	---



***Tuesday night  
Coasteering session  
at Petit Bot***



***Lacrosse at Tuesday night  
session***





***Staff Feedback (Tuesdays at Les Genats, 11-18 year olds)***

"Like many other opportunities for young people, street sports has been impacted by the lockdown due to the Coronavirus meaning that not all sessions have been able to go ahead as planned over the past year. However that being said, when we have managed to deliver the sessions they have been well attended and well received by the young people. Sports sessions have varied from playing long-ball and cricket in the summer months and football and basketball during the winter months, although football remains the most popular sport at the session all year round! We also managed to provide opportunity for some members of the session to attend an indoor climbing session and some have attended again since on their own accord. I am confident that street sports will continue to provide a great space for young people to engage in sport and positive activity once again after the lockdown restrictions are lifted".

***Grace Thoumine, Community Sport Leader, Guernsey Sports Commission***

"2020 was a tough year for streets sports due to Covid-19 but when we were able to get back up and running it was great to see all the young people excited to be back at the sessions. As the young people are growing up it's amazing to see the older young people turning into young leaders and setting good examples for their younger peers".

***Millie Bourgaize, Community Sports Assistant, Guernsey Sports Commission***

"I really enjoy seeing the children's enjoyment for the session. The growing numbers of new participants proves that the young people are enjoying the sessions and telling their friends about it".

***Jake Elmy, Street Sports Assistant, Guernsey Sports Commission***

"I believe that the Tuesday sessions are a very good way to get the young people active and encourages them to work together when at the session. Seeing the participants engage in the activities we have planned is very rewarding and it is a good way to get everyone to try new sports and hopefully find one they enjoy."

***Sam Bewey, Street Sports Assistant, Guernsey Sports Commission***

"I really enjoy volunteering with Street Sports on Tuesday nights. I love to see how the young people engage in physical activity and are enthusiastic towards the sports. It's a fantastic opportunity for children to be a part of this and it is good to see them develop their skills. The young people are able to make new friends and become more sociable with others which is great to see."

***Chantelle Butt, Street Sports Volunteer, Guernsey Sports Commission***



**Guernsey Sports Commission**  
**STREET SPORTS**  
2020 Annual Review

***Thursday at Les Genats (Under 11's)***

<b>Achievements in 2020</b>	<ul style="list-style-type: none"> <li>• The U11s were able to access a climbing session at the Up climbing centre. Qualified instructors were there to deliver and oversee the session with staff supporting the session. These sessions were really successful, all participants enjoyed being in a new environment and like the challenge.</li> <li>• The staff have continued to work hard to establish good relationships with the U11 group. There is relaxed structure to the sessions and the children have a clear understanding of the rules and what is expected of them when at the session.</li> <li>• The participation number has been consistent during 2020 even with the lockdown. Between 15- 25 children have been attending each week. The children really enjoy coming along to the session and most of them get involved with all the sports or games on offer.</li> <li>• The young people have continued to thrive at street sports. We have seen some positive changes in behaviour and children are always willing to give everything a try and work well as a group.</li> <li>• Fruit has been on offer almost every week and has been something the children look forward too.</li> </ul>
<b>Challenges faced</b>	<ul style="list-style-type: none"> <li>• During the year there has been a lot of occasions where there has been litter on and around the court area. The space can sometimes be a dumping ground for the people who live on the Estate. The young people are always happy to help the staff get the area cleaned up.</li> <li>• The weather throughout the winter hasn't been very good. When the weather has been wet there has been some flooding on the court therefore not much sport has been able to happen. There are also instances where children aren't dressed appropriately for the weather either so we don't like to encourage them out in the wet and windy weather.</li> <li>• Street sports sessions were cancelled due to Covid – 19, so we couldn't see or work with the children for almost 3 months. It was good to see most of the children coming back to the session once we were back up and running.</li> <li>• With the group being ages 6 -11 there is a range of different abilities that access the session so therefore we have to make sure there is lots of variety. This can be quite hard to manage when we can only use the hard court.</li> <li>• There has been an experienced and consistent team working on a Thursday evening. We believe this has been vital to the session being such a success</li> </ul>

	<p>and children engaging in all the games on offer. The team have been offering lots of new games and ideas which the children have enjoyed.</p> <ul style="list-style-type: none"> <li>• During the winter months the team have had to take down the lights, tripods and batteries to the session. Only having use of the sports commission car has meant that the staff have had to take down their own cars to the sessions.</li> </ul>
<b>Improvements that can be made</b>	<ul style="list-style-type: none"> <li>• Keep introducing new games and challenges to keep the sessions fun and engaging. Set regular challenges for the young people to try at home and at street sports.</li> <li>• Increase the amount of offsite activities on offer – investigate sessions at the beach in summer and make better use of the sports centre across the road from the estate.</li> <li>• Hard court is holding water when it rains, therefore it's becoming more challenging to run games on the court. Look to try an improved drainage system.</li> <li>• Monitoring individual progress and rewarding personal achievements.</li> </ul>



***Under 11's using the climbing wall at UP Climbing at Thursday night sessions***

***Under 11's playing Dodgeball on the hard court at Les Genats Estate***







### ***Staff Feedback (Thursday at Les Genats, under 11's)***

"The Thursday session has changed a little over the last year. By bringing the timing forward a little, it has enabled a younger group of children to be able to access the activities, whilst still catering for the older ones. We have increased the variety of activities on offer each week and are finding a greater engagement from everyone and much more laughter. It has been fantastic to see the social development and there is a good sense of community among the participants. It's been great to have been a part of this last year."

***Dave Harfield, Community Sports Leader, Guernsey Sports Commission***

"Street sports sessions on Thursdays have had high levels of attendance and all involved have been enthusiastic and eager to be as involved as possible which has been great to see. I have really enjoyed the opportunity to introduce the children to some sports they aren't familiar with or in some cases have never heard of. I think it's a great way for young people involved to blow off some steam".

***Harry Barrett Giles, Community Sports Leader, Guernsey Sports Commission***

"The Thursday sessions are a great opportunity for the children at Les Genats to come down and enjoy a wide variety of sports. This can be a really nice escape from the world around them and can be used as a safe place for everyone. I think the Thursday session allows the young people to unlock new skills and can inspire them to participate in sports outside of school and the sessions, it allows young people to meet new friends and push themselves out of their comfort zones."

***Macy Cortez, Community Sports Assistant, Guernsey Sports Commission***

"I think it's amazing coming weekly on Thursdays and seeing the development of the participants. I started almost 3 years ago and it feels amazing to see those who have been attending the session all that time, you can clearly see a difference in the skills they have learnt and also the improvement in behaviour. All in all, I believe the sessions have improved drastically since I first started all those years ago; the participants have a willingness to learn and are always keen to learn new sports and skills they can apply to their lives."

***Miguel Gouveia, Community Sports Assistant, Guernsey Sports Commission***

"Street Sports is a great opportunity for young people to come and get fit in a fun and safe environment, the sessions are also free".

***Matthew Philp, Community Sports Assistant, Guernsey Sports Commission***

"I started volunteering for Thursday night Street Sports at the end of September 2020, since then I have built a good rapport with many of the children and some now seek me out for one to one chats. For the future, I think we need to be involved with the ESS Committee and their plans for redeveloping Les Genats Estate, it could be an ideal opportunity for getting some better sports facilities for the community. The training I have received since joining the Sports Commission has been fantastic and enlightening, I particularly found the LGBTQ+ training, Filler games and the Youth Commission input very valuable and if my knees were younger I would definitely take up Lacrosse".

***Sarah- Jane McGrath, Community Sports Volunteer, Guernsey Sports Commission***



**Guernsey Sports Commission**  
**STREET SPORTS**  
2020 Annual Review

***Friday night football at Beau Sejour***

<b>Achievements In 2020</b>	<ul style="list-style-type: none"> <li>• The staff team during 2020 has been consistent all through the year with small changes when new staff have joined. This team have built up a good rapport with participants and have done well at managing the size of the group and the different young people attending each week.</li> <li>• The numbers of young people attending the session has been very high most of the year. There have been 205 young people that have accessed our Friday night football in 2020.</li> <li>• We are beginning to establish a better working relationship with the staff at Beau Sejour. There have been meetings with the recreation staff and more support has been offered during and after sessions.</li> <li>• Alex Kosmas came to one of our Friday night sessions to educate the young people about what type of food and drink they were having. He spoke about diet and asked questions to the participants about why they buy this type of food/snacks.</li> </ul>
<b>Challenges faced</b>	<ul style="list-style-type: none"> <li>• Not having access to a sports hall all the time has proved challenging as sessions have had to be outside no matter what the weather or delivered in other areas with lower ceilings and not as much space.</li> <li>• Staff were concerned with the amount of sugary drinks and snacks that were being consumed at sessions. Lots of the young people access the café or walk across to Candie Cache so this type of food is very accessible and cheap to buy.</li> <li>• There hasn't been a consistent group of the same young people accessing street sports so it changes the dynamics of the group. There have been a lot of young people accessing our session who are not wanting to take part in sports. But instead what to use the space to hang out and socialise, this has proved very challenging at times.</li> <li>• On a few occasions there was a small incident with participants bothering people in the bunker on the Beau Sejour site who were racing small cars.</li> <li>• There have been a few incidents where participants rode their bike up to the session in the daylight but have had no lights to ride home with in the dark. Parents have had to do pick-ups; high Vis jackets have also been given out.</li> </ul>
<b>Improvements that can be made</b>	<ul style="list-style-type: none"> <li>• Getting the young people to lead their own game in the future is something that is being encouraged. This allows the participants to take ownership of the planning, develop team work and listen to other people's opinions.</li> </ul>





**Guernsey Sports Commission**  
**STREET SPORTS**  
2020 Annual Review



***Badminton at  
Beau Sejour on  
Friday evenings.***



### ***Staff Feedback (Friday Night Football – Beau Sejour)***

"I enjoy being part of the Street Sports programme as it is rewarding to see the participants gaining new skills and developing as individuals through sports. I also enjoy providing an environment that the young people feel safe in, seeing the numbers increase at the sessions is a great sign. The young people are telling their friends about the experiences they have, meaning we are doing something right at sessions".

***Kieran Creber, Community Sports Leader, Guernsey Sports Commission***

"Street Sports is an invaluable programme that creates a safe space for young people to develop both physically and emotionally. The initiative is a fantastic way for young individuals to get involved in sport outside of school, especially for those that may not have the means to attend amateur clubs, and also provides a safe and controlled environment in which they are able to socialise. For many of our participants, sport plays a massive role in building relationships, as they instantly form connections with one another through a shared interest, and the few hours that they spend with us are a welcome distraction from difficulties they may be experiencing in day-to-day life. By providing a safe space for young people to speak, we are often the intermediary between these individuals and other services that can best support them with such difficulties outside of the session, which is another key role that the programme plays in our participants' emotional development. It is encouraging to see the continued growth of this initiative and the positive impact it has on the lives of many young people"

***Jess Quittenden, Community Sports Leader, Guernsey Sports Commission***

"I enjoy assisting with running the Friday session at Beau Sejour as it's so rewarding seeing the young people progress into young adults. From when I started back in June, the progress I've seen within the young people is incredible. I feel that the session we run is helping the young people to progress in their lives as it's giving them a safe place to burn off some energy and have some fun. I feel that the chilled out approach of the session is fantastic as this allows participants to choose what they want to do. Young people often have so much structure in their lives, so I feel it's fantastic they can come to a session and play sport with no pressure of forced tasks."

***Oscar Leadbeater, Community Sports Assistant, Guernsey Sports Commission***





"I enjoy being involved with the sessions and allowing the young people to participate learning new skills in a friendly and safe environment. The sessions allow young people to meet new people from different schools all across the island. It is encouraging seeing the regular participants returning each week."



***Emily Pratt, Community Sports Assistant, Guernsey Sports Commission***

"Street Sports offers a great opportunity for young people to enjoy some physical activity whilst socialising with those that they know. It's great to see so many people trying something new and for us, it is rewarding. We see new participants most weeks which is amazing to be able to get more people involved and pushing themselves to try something that they have never tried before or pushing themselves out of their comfort zone."





***Carys Batiste, Community Sports Assistant, Guernsey Sports Commission***

***Street Sports Highlights of 2020***

When?	What happened?
January	<ul style="list-style-type: none"> <li>Instead of fruit being offer once a month it was decided that would offer fruit every week to encourage a healthier lifestyle. Oranges, pears and bananas were just some on the fruit we had on offer.</li> </ul>   <ul style="list-style-type: none"> <li>There was a training day for all Street Sports staff which was held at Beau Sejour. 12 staff attending the day.</li> <li>Alex Kosmas from the Health Improvement Commission came along to one of our Friday session to speak to the young people about the food they are buying. Alex offered advice to both staff and the participants about diet and healthy eating.</li> </ul>
February	<ul style="list-style-type: none"> <li>First staff meeting of the year took place, Alex Kosmas from HIC was invited to do some training with our staff.</li> <li>Sports students from the College of FE came along to two consecutive U11 sessions to complete risk assessments and deliver a sports session for the young people. The children enjoyed learning some new games and meeting the college students.</li> </ul>
March	<ul style="list-style-type: none"> <li>Table tennis sessions were organised for both the 11-18 group and U11 group, this was a good opportunity to use the centre with the weather being wet and miserable during March.</li> </ul>   <ul style="list-style-type: none"> <li>Recruitment of new staff was in full swing with some individuals going down to the sessions to complete their trial sessions.</li> </ul>

	<ul style="list-style-type: none"> <li>Guernsey went into a full island lockdown on the 25<sup>th</sup> of March with everything including Street Sports coming to a halt. All sessions had to be cancelled for the safety of participants and staff.</li> </ul>
April	<ul style="list-style-type: none"> <li>Guernsey lockdown continues throughout April.</li> <li>To keep up communication with the young people that access Street Sports, letters were sent out to all participants. This letter included some activities, games and challenges that could be done at home with family members or individually to keep active.</li> <li>New floodlight and batteries were ordered.</li> </ul>
May	<ul style="list-style-type: none"> <li>Guernsey in full lockdown</li> </ul>
June	<ul style="list-style-type: none"> <li>Guernsey came out of lockdown and Street Sports was able to start again. The first session back was on Tuesday 23<sup>rd</sup> June. Extra safety and hygiene were important when going back, equipment was cleaned regularly, and hand sanitizer used by staff and participants.</li> <li>Our first staff meeting out of lock down took place outside. Lee Merrien from athletics came along to lead some practical games that we could use at our sessions.</li> </ul>
July	<ul style="list-style-type: none"> <li>July was our first full month back to Street Sports.</li> </ul>
September	<ul style="list-style-type: none"> <li>We started the recruitment process of new staff; individuals were invited to attend a trial session. After attending, we decided to employ 4 new staff members to work on Street Sports.</li> <li>Coasteering activities were accessed by participants from the Tuesday and Thursday sessions. These sessions offered new challenges to everyone who attended. For most of them it was their first time trying coasteering.</li> </ul> <div data-bbox="237 1608 849 1980" data-label="Image">  </div> <div data-bbox="869 1576 1401 2000" data-label="Image">  </div>



October	<ul style="list-style-type: none"> <li>• New volunteers recruited to help with street sports.</li> <li>• Table tennis sessions were organised for the young people who attend on a Tuesday and Thursday evening.</li> </ul>
November	<ul style="list-style-type: none"> <li>• BBC TV came along to one of our Tuesday night session to film a piece on Children in Need. They spoke with the staff who work on a Tuesday and participants who attend Street sports about why they attend the sessions, what they do during the evening.</li> </ul> <div data-bbox="395 757 778 1272">  </div> <div data-bbox="817 795 1401 1272">  </div>
December	<ul style="list-style-type: none"> <li>• 2 climbing sessions were organised with Up climbing centre for the young people who access the under 11 session at Les Genats. Children were walked to and from the session with staff. All children had an hour of climbing time and team games. All participants had a really positive experience and many of them wanted to do it again after enjoying it so much.</li> </ul> <div data-bbox="419 1630 906 1921">  </div> <div data-bbox="927 1637 1393 1921">  </div> <ul style="list-style-type: none"> <li>• Ellie Jones from Liberate/Youth Commission delivered training for street sports staff on LGBTQ+. This was a good opportunity to learn about becoming more inclusive in sports and how we can support individual to get involved.</li> </ul>



- Final sessions of the year were held at normal venues, Fun Christmas games were played and prizes were given out to participants.





## ***Case studies***

### ***Tuesday - Les Genats***

Child B has been attending sessions on an ad hoc basis over the past couple of years but never really engaged with the sport but has now started to attend much more regularly. This young person is starting to engage in the sport more frequently and is showing an interest in basketball as she often plays this at school. This young person has provided feedback that she wants to do a job like the staff members at the street sports sessions and to help support young people herself in the future.

I think Street Sports is providing this young person with a great opportunity to develop their confidence and communication skills. If in time this young person wants to proceed with becoming a young leader I believe this is something that could be supported by the Sports Commission through the training and development opportunities they can provide.

### ***Thursday – U11's Le Genats***

Child A has been attending our under 11 street sports session for about 2/3 years. A physically smaller member of the group, they have shown great resilience in participating in the activities that may not suit them. This child is very often awarded player of the day for their positive attitude and perseverance when taking part in the session. Player of the day is awarded at the end of each of our under 11 sessions - this highlights children that have shown good attributes during the evening. Some examples are teamwork, having confidence, being helpful, working hard, perseverance etc.

When Child A first joined us, they were very quiet, shy and lacked confidence to engage in the session or speak to staff. This young person is now thriving, showing improved self-confidence, self-esteem and is more assertive when at the session and playing sports. If child A gets a knock, then it doesn't take them long to pick themselves up and get involved again. Whilst other children may argue over such instances, child A gets on with the game or activity.

Child A has started to communicate with staff members and is becoming more open and happier to engage in conversation. Not only will this have an impact at the session, but when attending school these skills will help child A to develop as an individual.

## ***Funding***

A big thank you goes to the organisations that have supported the programme financially in 2019.



**+ an Anonymous Donation**



**Guernsey Sports Commission**  
**STREET SPORTS**  
2020 Annual Review

***The Street Sports Team***



Steph Batiste  
Street Sports Co-ordinator



Jenny Murphy  
Sports Development Officer

**Tuesday Team**



Hannah Simon  
Community Sports Leader



Grace Thoumine  
Community Sports Leader



Millie Bourgaize  
Community Sports Assistant



Jake Elmy  
Community Sport Assistant



Sam Bewey  
Community Sport Assistant



Chantelle Butt  
Community Sport Volunteer



**Guernsey Sports Commission**  
**STREET SPORTS**  
2020 Annual Review

**Thursday Team**



**Dave Harfield**  
Community Sports Leader



**Harry Barret - Giles**  
Community Sports Assistant



**Miguel Gouveia**  
Community Sports Assistant



**Macy Cortez**  
Community Sports Assistant



**Matt Philp**  
Community Sports Assistant



**Sarah - Jane McGrath**  
Community Sports Volunteer





**Guernsey Sports Commission**  
**STREET SPORTS**  
2020 Annual Review

**Friday Team**



**Kieran Creber**  
Community Sports Leader



**Jess Quittenden**  
Community Sports Leader



**Oscar Leadbeater**  
Community Sports Assistant



**Carys Batiste**  
Community Sports Assistant



**Emily Pratt**  
Community Sports Assistant



**Guernsey Sports Commission**  
**STREET SPORTS**  
**2020 Annual Review**

**Appendix - Attendance figures**

		<b>2016</b>	<b>2017</b>	<b>2018</b>	<b>2019</b>	<b>2020</b>
<i>Les Genats (11-18)</i>	Total YP	73	55	53	42	49
	Average attendance per week	19 (Jan-Mar) 22 (Apr-Jun) 19 (Jul-Sep) 16 (Oct-Dec)	14 (Jan-Mar) 14 (Apr-Jun) 13(Jul-Sep) 13(Oct-Dec)	8 (Jan-Mar) 9 (Apr-Jun) 10(Jul-Sep) 11(Oct-Dec)	12 (Jan-Mar) 12 (Apr-Jun) 6 (Jul-Sep) 12 (Oct-Dec)	13 (Jan-Mar) No sessions Covid -19 (Apr-June) 16 (June) 11 (Jul-Sep) 15 (Oct-Dec)
	YP attending regularly*	24 (18%)	18 (33%)	10 (19%)	11 (26%)	15 (30%)
<i>St Martins 2013-2016 Friday night football 2017/2020</i>	Total YP	47	59	67	135	205
	Average attendance per week	13 (Jan-Mar) 7 (Apr-Jun) 9 (Jul-Sep) 7 (Oct-Dec)	Friday night football N/A (Jan-Mar) 12(Apr-Jun) 13(Jul-Sep) 18(Oct-Dec)	Friday night football 19 (Jan-Mar) 16 (Apr-Jun) 17 (Jul-Sep) 21 (Oct-Dec)	Friday night football 20 (Jan-Mar) 21 (Apr-Jun) 19 (Jul-Sep) 20 (Oct-Dec)	Friday night football 37 (Jan-Mar) No sessions Covid -19 (Apr-June) 12 (June) 29 (Jul-Sep) 27 (Oct-Dec)
	YP attending regularly*	11 (24%)	15 (24%)	25 (37%)	21 (16 %)	32 (16 %)
<i>Les Ozouets Campus 2013-2015 U11's Les Genats 2016 - 2020</i>	Total YP	52	64	60	37	44
	Average attendance per week	Street sport at Les Genats for 6-11 yrs. 9 (Jan-Mar) 16 (Apr-Jun) 17 (Jul-Sep) 16 (Oct-Dec)	Street sport at Les Genats for 6-11 yrs. 16 (Jan-Mar) 24 (Apr-Jun) 25 (Jul-Sep) 18 (Oct-Dec)	Street sport at Les Genats for 6-11 yrs. 19 (Jan-Mar) 21 (Apr-Jun) 19 (Jul-Sep) 9 (Oct-Dec) Drop off in numbers (cold weather & YP moving up to 11-18 session).	Street sport at Les Genats for 6-11 yrs. 11 (Jan-Mar) 16 (Apr-Jun) 15 (Jul-Sep) 12 (Oct-Dec)	Street sport at Les Genats for 6-11 yrs. 14 (Jan-Mar) No sessions Covid -19 (Apr-June) 13 (Jul-Sep) 16 (Oct-Dec)
	YP attending regularly*	16 (30%)	27 (43%)	20 (33%)	15 (42%)	18 (41%)
<b>Total number of young people attending Street Sports on a regular basis</b>		<b>51 (30%)</b>	<b>60 (34%)</b>	<b>55 (31%)</b>	<b>47 (24%)</b>	<b>65 (22%)</b>
<b>Total number of young people attending Street Sports</b>		<b>172</b>	<b>178</b>	<b>180</b>	<b>214</b>	<b>298</b>

25

YP – young people\* – this refers to the number of young people attending a third or more of the sessions per year

A register is taken at each session to record who has attended. Not all young people participate in sport though those that attend engage with staff from at least one of the agencies present.



# Guernsey Sports Commission

## STREET SPORTS

### 2020 Annual Review

#### *Aims, objectives, indicators and targets*

<b><i>Aims – what we set out to achieve</i></b>	<b><i>Objectives – the activities we planned to provide and have implemented to achieve each of our aims</i></b>	<b><i>Indicators of success – the signs of change that have been identified to indicate if the aims are being achieved</i></b>	<b><i>Targets</i></b>
<b>1 To improve young people's confidence and self-esteem</b>	<p>Offer a friendly environment to participate in</p> <p>Support young people to develop their skills</p> <p>Encourage and praise young people's efforts in each session</p>	<p>Young people feel confident in participating in all sports</p> <p>Young people's willingness to try something new</p> <p>Level of self-reported confidence</p> <p>Positive body language when participating</p>	<p>Run sessions that allow young people to express themselves</p> <p>Evaluate sessions to ensure young people's needs are being met</p> <p>Increase staff knowledge on positive feedback in order to increase self-esteem</p>
<b>2 To prevent boredom and inactivity</b>	<p>To offer regular sports sessions in the young people's environment</p> <p>To give young people the opportunity to choose what activities they participate in</p> <p>Give young people the opportunity to express themselves through quality sports provision</p>	<p>Number of young people choosing to attend Street Sports sessions</p> <p>Level of young people self-reporting that they would be bored or doing a sedentary activity if they didn't attend</p> <p>More enquiries for additional sessions</p>	<p>Run 3 sessions per week lasting 1-2 hours</p> <p>Distribute questionnaires at least twice a year to enable young people to provide feedback</p> <p>Offer a safe environment in which young people can enjoy themselves</p>
<b>3 To improve young people's awareness of sports organisations and youth agencies</b>	<p>Provide information leaflets on other sporting activities</p> <p>Ask staff from other agencies to attend sessions</p> <p>Increase staff knowledge of other agencies</p>	<p>Young people ask about other programmes/sports available</p> <p>Young people take leaflets/information about sporting opportunities</p>	<p>Ensure leaflets provide current information</p> <p>Quarterly timetable to incorporate visits from other agencies</p> <p>Run regular staff meetings and offer training opportunities for staff</p>