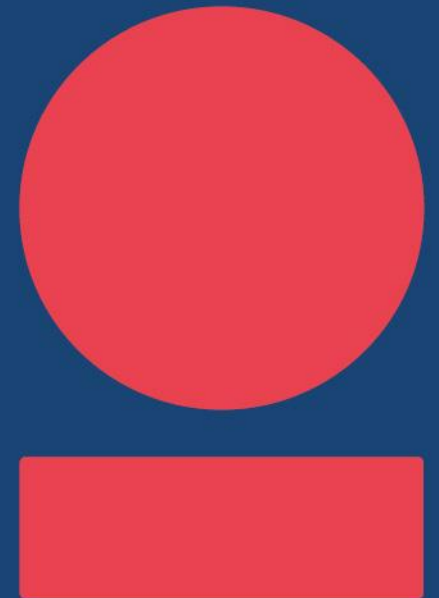


1st4sport Level 2 Award in Multi-Skills Development in Sport

Promotional Information



UK Coaching Recognised Centre



- UK Coaching are a Recognised Centre with 1st4sport. This means we can apply to deliver qualifications that are awarded by 1st4sport.
- Currently we can deliver the 1st4sport **Level 2 Award in Multi-Skills Development in Sport** qualification
- This is significant because UK Coaching are the technical author of this qualification. It provides us with an opportunity to deliver our qualification to the sector and showcase great learning



Great interaction between learners



UK Coaching @_UKCoaching · 23 Oct 2017

Brilliant day 1 of #multiskillslevel2 award delivery today. Great input from coaches working on C system and STEP principle. Day 2 tomorrow!



UK Coaching @_UKCoaching · Feb 12
Day 1 of L2 Multi-skills award in London today. The group have been investigating the C system this morning and STEP model this afternoon #CuriousCoaches



UK Coaching @_UKCoaching · 24 Oct 2017

Day 2 of #multiskillslevel2 award in Birmingham, our coaches have been linking fundamental movement skills to sport specific skills



UK Coaching @_UKCoaching · Feb 13

Day 2 of Level 2 Multi-Skills award in London today. Coaches have been exploring Fundamentals of movement this morning



1,215 views 0:02 / 0:08

After attending a Level 2 multi-skills course learners told us....



... they feel better prepared and had improved their session planning

... they see themselves to be more confident in their coaching abilities and knowledge, and when working with various age groups

... they had become more creative in their coaching practice and were more able to 'think outside the box'

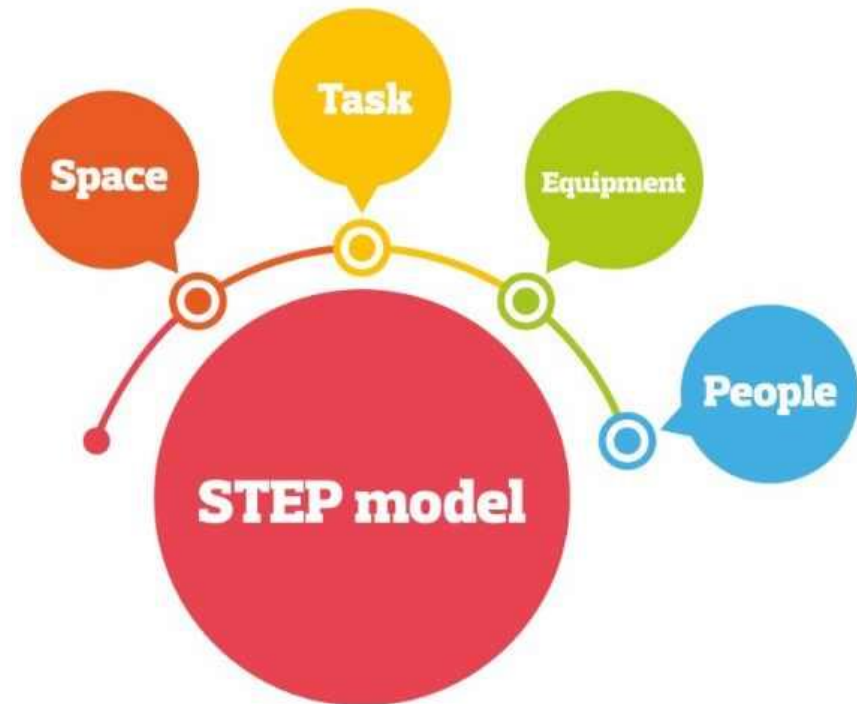
What does the course cover?



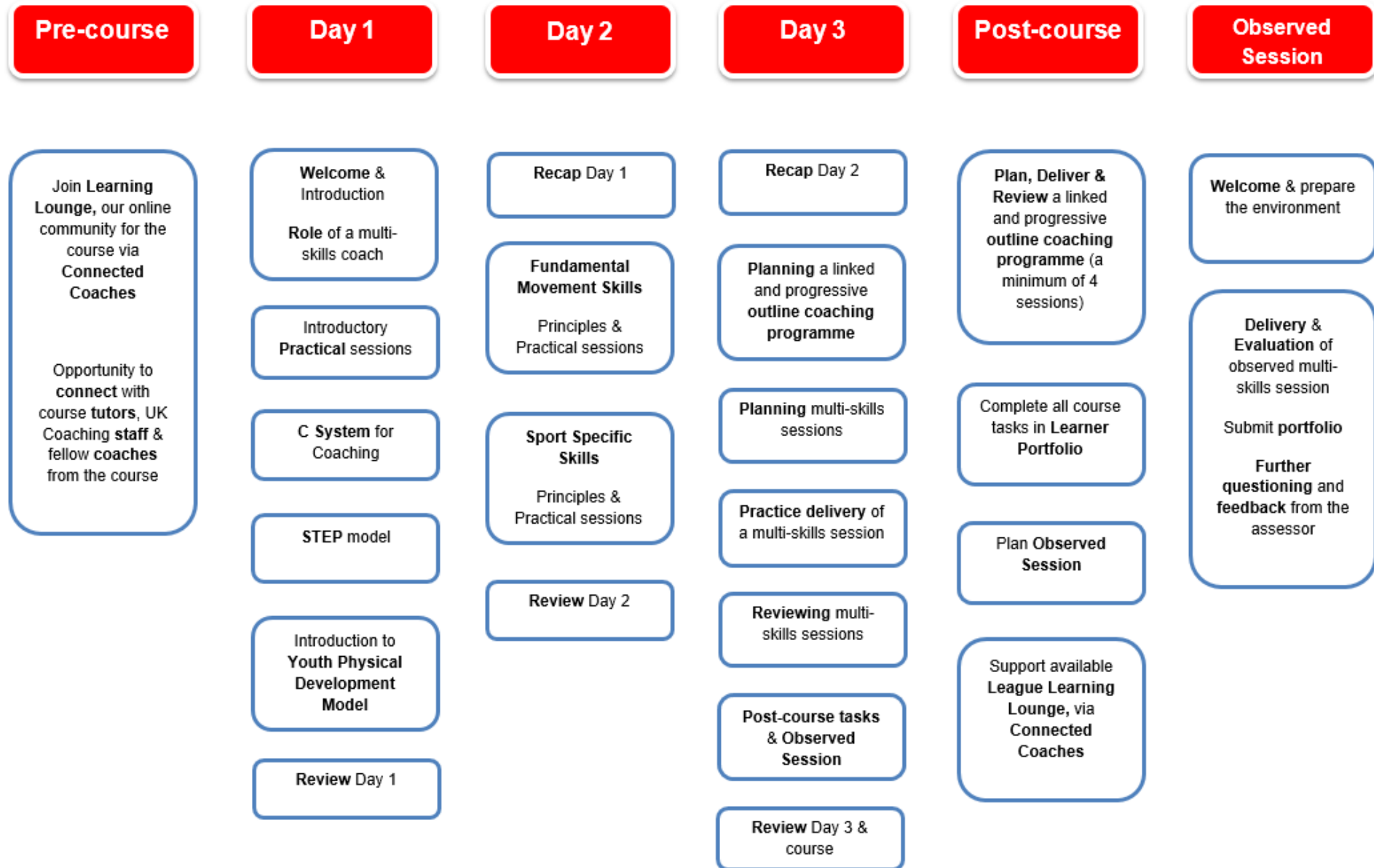
- The knowledge and understanding to introduce and enhance fundamental movement skills and sport-specific skills to different groups of people through the coaching of multi-skills activities
- How to integrate inclusive practice within multi-skills activities
- How to improve confidence and social skills at the same time as developing physical skills
- Cutting edge thinking about physical development and how to integrate this into coaching practice



- STEP model
- [Youth Physical Development Model](#)
- Fundamental Movement Skills
- Activity Inclusion Model (AIM)



Learning & Assessment





Learners need to

- be at least 17 years old
- have completed a Level 2 coaching qualification or equivalent eg
 - Level 2 Award in the Principles for Coaching Sport
 - Level 2 Certificate in the Principles and Preparations for Coaching Sport
 - Level 2 Certificate in Supporting Learning in Physical Education and School Sport
 - A Level 2 sports coach
 - Accredited Gym Instructor qualification
 - QTS + Physical Education specialism
 - BSc Degree in Sports Coaching (inclusive of practical delivery)
 - or other equivalent based on individual application.
- Be able to communicate in English