

Annual
Review2021



Guernsey Sports Commission

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INTRODUCTION

Graham Chester, Director of Operations

2021 has been another exciting if somewhat challenging year for the Guernsey Sports Commission.

Once again, the year began with another island-wide lockdown. Our staff swiftly adapted, and we swung into action supporting schools to stay open for vulnerable children or those of key workers. Our PE & Sport Development Officers put together some new online video content to help keep children and young people active and we continued to provide advice and guidance to clubs and organisations about how and when their activities could resume.

We've continued to ensure the voice of sport is being heard by Government as restrictions have changed over the year.

Health and wellbeing are now more important than ever as we learn to 'live with Covid' and the Commission feels it's important that our work reflects this new norm.

With a new Assembly elected in October 2020, the political landscape has changed with the emphasis on action, delivering on promises and reducing unnecessary bureaucracy and red tape. Commissioning of third sector organisations best placed to efficiently and effectively deliver elements of Government strategy has become a stated aim of Policy & Resources and it's one that the Sports Commission is keen to be involved in.

Progress on a new commissioning model may not have been as swift as we would have liked, but we believe the Sports Commission is in an excellent position to support the core aims of the Government's approved sports strategy -Active 8, if we are given the autonomy to deliver. In the last couple of months, we have taken the opportunity to review and update our own Action Plan as it's now two years since we published the original document, and the sporting and physical activity landscape has changed quite a lot since then.

In this update of our Action Plan, we highlight how our workstreams will help to achieve the core aims of Active 8 and, in turn, how they will also support the core aims of the new Government Work Plan.

We also highlight where we have successfully delivered previous actions, where those actions are ongoing or still in development, and also where we may not have started or have needed to amend or update a particular action.

You can access this update at <u>https://guernseysports.com/media/2131/g</u> <u>sc-action-plan-update-for-publication-</u> january-2022.pdf

We've also been working closely with the Alderney Sports Foundation and St Anne's School on their very own 5-year Action Plan for children and young people living in Alderney which was published earlier in the year.

But at the heart of everything we do remains our belief that everyone in Guernsey should have the opportunity and support to participate and compete in sport and fulfil their potential, no matter what their background, age, or level of ability in a safe and supportive environment.

I won't spend time here detailing all the activities and initiatives that we have delivered throughout the course of the last year; there will be details of these further on in this document. But there are a few events and activities that I would like to highlight as examples of how our work is reaching and benefiting all parts of our community.

We once again hosted a hugely successful Youth Games thanks to our sponsors Specsavers and the sports who took part ensuring that nearly 700 children had a fun and positive experience of learning a new sport.

We had an excellent turn out for our Community Sport Fun Day at Saumarez Park sponsored by Utmost. The day focused on all generations being able to participate in sport and enjoy it together.

It's been exciting to see how we have been able to broaden the offer for our secondary age pupils and introduce new sporting experiences to their timetable both within school and as part of new after school clubs and one-to-one sessions.

The launch of our Sports Voucher scheme is proving to be a great success in removing cost barriers to participation for some children and young people and is also helping us forge new working relationships with other agencies supporting our more vulnerable children and families.

This work will be expanded in 2022 thanks to funds raised by the Ray Lowe Sporting Foundation and Lords Taverners Guernsey Branch at a festive fundraising ball.



We were delighted to be named as one of Bailiwick Social Prescribing's Quality Assured Partners and continue to work closely with our colleagues at the Health Improvement Commission on all things to do with 'Being Active'.

We've carried out in depth reviews of our Bailiwick sports facilities and community sports offer and increased the number of safeguarding courses available to those who work or volunteer in sport as well as substantially reducing the cost. We've welcomed new staff and said goodbye to some too. I would particularly like to thank Jenny Murphy for her many years of service to the Sports Commission.

I would also like to thank our valued group of individual sponsors who year in year out provide much-needed funds to support our work. Without them the Guernsey Sports Commission would not be able to do as much as it does to support sport on the island.

There's much to look forward to in 2022 when hopefully we will see a return to a full calendar of domestic, inter-insular and off-Island competition. There will be some local sports stars in action at the Commonwealth Games in Birmingham in the summer and planning will no doubt step up a gear for the rescheduled home Natwest Island Games in 2023.

We hope you enjoy reading this Review and look forward to another successful sporting year.

SCHOOL SPORT & PHYSICAL ACTIVITY

Jeremy Frith, Performance Director

School Sports Partnership

Primary Schools

2021 was a challenging year for everyone connected with schools, but once again it was a year punctuated with successes.

With a lockdown in the early part of 2021, the Commission's PE at Home initiative proved its worth with digital content sent to all schools across the GSC's social media channels.

The benefit of having the team based in schools showed its value with a record sign up of children for the Specsavers Youth Games. This record year was also one of our most inclusive with 16 children from Le Rondin playing a full part and a significant number of others with additional needs being supported to take part.

Other successes saw the reestablishment of some competitive school sport at relatively short notice as well as some heart-warming stories of individual children being supported to overcome barriers to taking part as a result of working directly with the Commission.

The work covered by the team continues to span a wide range of activities and responsibilities. The intention is to ensure that our children have a high-quality experience of PE, physical activity and sport at school and can then access opportunities outside of school.

In 2021 this included:

- Scheduling visits by 8 different sports across 12 primary settings to deliver over 2000 hours of curriculum delivery.
- Interventions to support children with a variety of needs to access PE, physical activity, and sport in school.

- Support for after school clubs we deliver on average 40 per week.
- Assisting with running school teams.
- Supporting curriculum development alongside PE coordinators and senior leaders.
- Supporting teachers' development and learning from teachers ourselves.
- Promoting opportunities for children to be active outside of school.
- Providing whole school staff training.
- Delivery of 6,000+ hours of curriculum time sessions.



As a staff group, we are continuing to develop and grow. We were sorry to see Annie Lavenne leave however delighted to welcome Harry Barrett-Giles after a successful year as an intern and Julie Haimes who will be supporting the development of dance opportunities in schools and the wider community.

We have welcomed two placement students from the UK for this academic year. Both have fitted in superbly. Kit Chappell from Coventry University and James Hancock from Bournemouth University accepted placements that began in September as part of our third year of offering these opportunities.

With an eye on 2022 and the future, we have made steady progress in supporting schools to develop a wider range of sporting extra-curricular activities. We hope to continue to grow and shape this offer over the years to come in partnership with schools, sports, and other partners.

Secondary Schools PE Curriculum and After-School Clubs

It is a key aim of the GSC to support Secondary Education to ensure pupil experiences within physical education and sport, both curriculum and extracurricular, are equitable, extensive and reflect the environment of Guernsey both physical and cultural.

The outcome intended is that post-16 / 18 our young people will be able to make an informed choice in how they will continue a lifelong love and enjoyment of sport or physical activity. This workstream is part of the pathway that has the GSC establishing key foundations through preschool and then as part of the Primary School Partnership.

The ability to match member sports with secondary schools to offer innovative and regular opportunities has been successful and has had the additional benefit of providing new participants for our members.



Table tennis, golf, climbing, judo, snooker, motor sport, dance, gymnastics, squash, and bowls were all introduced during the last academic year and are now firmly established. This academic year we have added boxing, skateboarding, petanque, padel tennis and racketball - all sports that have been introduced to schools that may not have been able to access these opportunities for its pupils previously.



Physical Activity Directive

During the final quarter of the year Education Services published an updated version of the Physical Activity, Physical Education and School Sport in Bailiwick of Guernsey Schools policy directive.

The Sports Commission worked closely with the Health Improvement Commission and Education Services to develop the document which sets out expectations for embedding physical activity throughout the school day as well as in extracurricular activities and journeys to and from school.

Our staff in schools will be instrumental in the delivery of this directive.

PE at Home

The Commission relaunched its PE at Home video series to coincide with the second island-wide lockdown.

We recognise how tough it can be for children and young people to keep fit and active when in self-isolation or when schools are closed.

The fun, flexible and easy to follow videos focus on many of the Fundamental Movement Skills which are firmly embedded in the PE Curriculum. They are inclusive and progressive, and children can build up their skills in activities such as jumping, throwing, skipping, dodging, and striking.

All the PE at Home videos are available on the Guernsey Sports Commission's <u>YouTube channel.</u>

Sports Vouchers

In September 2021 we introduced a new Sports Voucher scheme, funded through the Active 8 Sports Strategy, providing opportunities for children and young people to participate and enjoy sport where cost may be a barrier.



The aim of the Sports Voucher scheme is to ensure that every child and young person has equal access to opportunities to participate, compete and excel in sport, regardless of their socio-economic background.

Vouchers can be issued by any professional working with the child or young person e.g., teacher, learning support assistant, social worker, youth worker, GSC PE and Sport Development Officer etc.

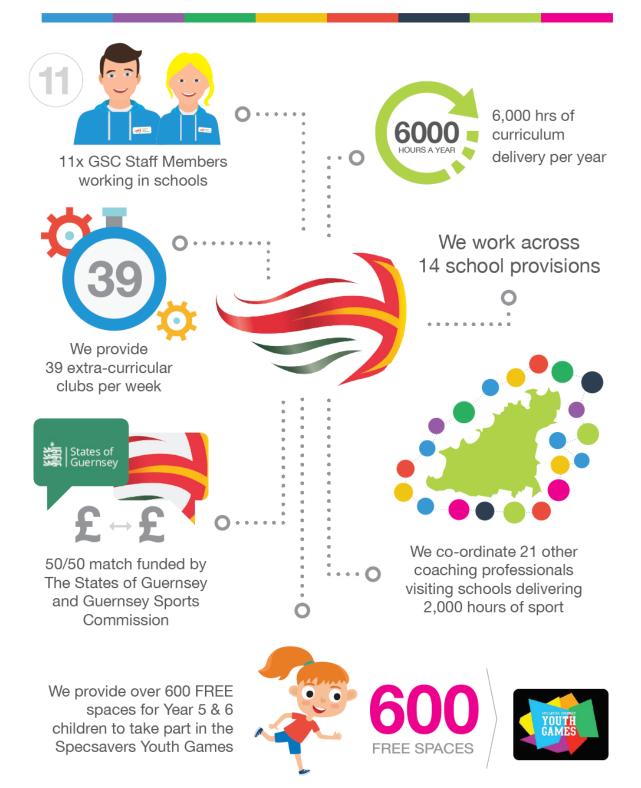
The scheme is proving to be a great success with vouchers issued by a range of professionals supporting these children and young people or their families for them to take part in sports such as boxing, football, rugby, and tennis.

The voucher covers the cost of subscription for one full season of the chosen sport. The sport or club must be a member of the Guernsey Sports Commission.

Further details about the scheme are available on our <u>website</u>.



School Sports Partnership



LEADERSHIP & GOVERNANCE

Steve Sharman, Relationship Director

Improving governance within sport has been a real focus for the Commission over the past two years. Through my appointment as Relationship Director, we have a direct link into member sports, helping them to understand why they exist and how they fit into the overall sports pathway as well as supporting them to become the best they can be.

The SportsMark scheme has been eagerly welcomed and we remain on track for most members to achieve the quality assurance mark within 3 years of its launch.

Outside of SportsMark we have been working with individual clubs and local sporting governing bodies to create sustainable new structures and governance to support the continued growth and/or improve the management of that sport.

In terms of our own governance, the Sports Commission has restructured its senior management team, we continually review the environment we are operating in and are making positive progress towards establishing a new service level agreement to cover our work on behalf of the States of Guernsey.

However, challenges remain around the need to secure a long-term funding agreement to ensure the sustainability of our work and the continued ability to leverage private sponsorship in support of local sport.

Investment in Staff

We have been investing in staff at the Sports Commission to be able to offer the central support to our clubs and organisations that will allow defined minimum operating standards to be established and built on.

We have also appointed three new sportspecific Development Officers for Boxing (Mandy Hobart), Netball (Amy Fallaize) and Cycling (Paul de Garis) which are being jointly funded by the Commission, the sports themselves and a private benefactor.



The job descriptions for these posts place the emphasis on supporting the whole community to participate in the named sport and will help support the Commission's drive to target some hardto-reach groups.

The Commission is working on exciting plans to appoint one more Development Officer early next year to help promote Outdoor and Adventure Sports with the emphasis on sea-based activities.

SportsMark

In March 2021 we officially launched our SportsMark quality assurance scheme for local sports clubs and organisations.



A sporting organisation displaying the SportsMark logo will have provided us with evidence of high standards of welfare and safeguarding, will have shown us the organisation is well managed with appropriate corporate governance, has sound financial practices, has appropriately qualified coaches and a coaching strategy, and has an overall development plan in place for the sport or club/team.

To date, 9 sporting organisations have achieved SportsMark, 3 are pending

confirmation and numerous others are working towards accreditation.

We aim to have all our member sports achieve SportsMark within three years.

To ensure that the high standards we aspire to are maintained, sports will be reviewed on an annual basis to ensure they continue to satisfy all the necessary criteria. The SportsMark logo displays the year in which it was awarded.



FACILITIES

Review

We want to ensure that Guernsey's vision for sport is underpinned by the best possible facilities that are accessible to all. We need to ensure that these facilities are well maintained, sustainable and future proofed as far as is reasonable with all sports having a 'home'.

Over the last year we have carried out a full review of sporting facilities on the island and produced some simple recommendations for consideration by the Committee for Education, Sport & Culture relating to States-owned facilities.

We also plotted all Bailiwick sports facilities onto a Google map.



In general terms, the island has a significant number of sports facilities of varying standards, the use of which is regular but relatively low. Many of our high participation sports such as netball, basketball and volleyball still do not have a home.

To enable the Bailiwick's sporting facilities to be used to their greatest potential, additional support is needed to help venues with funding, planning permission, volunteering, access, and marketing.

The Commission continues to work with both private providers and the States of Guernsey to try to ensure the island has the facilities it needs for both now and the future and that these facilities are well run and accessible to the community.

2022 should see the building of some exciting privately funded developments and it is also hoped that construction of

the new post-16 education facilities at Les Ozouets will begin. The site will include a new sports building which will also be available for community use.

There has still been no progress towards providing a standardised and easy to use booking system for all States-owned sports facilities. We have had initial discussions with partners in Government as we seek to move this forward.

WORKFORCE DEVELOPMENT

We continue to benefit from the independence of being a UK Coaching approved centre for the delivery of a range of workshops that support our sporting workforce. This will soon evolve with GSC becoming a recognised centre for 1st4Sport Qualifications. In time this will allow us to take coaches from no qualifications through to a Level 2 award as well as being able to provide First Aid training at a competitive price to our member sports.

We have again managed to qualify more coaches in the Multi Skills UKCC2 and our postponed 2021 course will commence in early 2022.

Covid-19 has delayed the further development of this workstream; however, it has presented additional opportunities for Guernsey.

National Governing Bodies are continuing to migrate a number of programmes on to digital platforms making them cheaper and more accessible, without the requirement for travel off-island. The blending of online learning with face-toface contact is a format that we will be working with for many years to come.

As we grow and develop our sports, this area of work is only going to become busier. Whilst coaches will always draw a huge part of our focus, there is an equal requirement to support those that umpire/ referee and officiate our competitive sporting structure on the Island. As with coaching qualifications, NGB provision varies greatly, and some sports are in a critical state in this regard.

Linked to our governance workstream, we continue to seek to develop more people able to fill leadership roles on local sport boards and committees. This will play a key part in the long-term sustainability of many sports.

As we move forwards, training and developing young people to take on

leadership roles within sporting activities and progressing them into communitybased roles is a key focus. Noting the plans for an expanded community provision and extra-curricular provision in schools, we anticipate there being greater opportunity for part-time work in this area.

COMMUNITY SPORTS

Review

During 2021 we commissioned a full independent review of our Community Sports offer to look at where we are now, where the gaps are and where we want to be.

We are still working through the recommendations of the report and continuing to explore ways of expanding our reach beyond the current Street Sports offering and looking closely at how we run our On Your Marks holiday programmes.

We plan to continue and grow our annual events such as the Community Sports Fun Day and Girls Convention.

We need to set a clear strategic direction for our Community Sports programmes and are committed to making them as inclusive as possible. We also need to improve the way we gather data and evidence of the impact of our programmes.

If we can successfully negotiate a new service level agreement with the States of Guernsey, including more autonomy in the way we look to support the objectives of Active 8, we will look to prepare a costed future action plan for community sports.

Youth Games

The Specsavers Youth Games 2021 was a huge success with around 700 children taking part in 20 different sports culminating in a fun (and loud) closing ceremony at Footes Lane on 22nd May.



The main aim of the Youth Games is to provide an opportunity for pupils in school years 5 and 6 to take part in a large scale and exciting event. Taking part encourages them to establish new friendships, builds their confidence and improves their social and life skills while getting free access to a new sport. The organisations taking part also try to encourage the children to continue with their new sport once the Games is finished.

Whilst the Youth Games is organised by the Guernsey Sports Commission and sponsored by Specsavers Optical Group, the event could simply not go ahead without the support of volunteers.

From the training days in the run up to the competitions to Games Day itself, the many hours of organisation, administration and support from the sports is the real reason the Youth Games are such a success.



Things were particularly challenging this year as within a few days of launching the event in January, the island went into its second period of lockdown.

This meant that the planned school assemblies, the distribution of the registration booklet and application forms

to all year 5 and 6 pupils across all Guernsey schools had to be put on hold.

Initial deadlines for applications had to be extended and virtual resources quickly prepared and then sent out via schools' online communication systems and promoted using social media. The application process quickly moved online but Sports Commission staff in schools needed to ensure those who might struggle to access the online resources were still able to apply and be granted a place on one of their chosen sports.

Each child was able to select up to 5 sports they would like to try – the idea being to choose a sport that was new to them. To ensure they were able to meet new people and make new friends, the children represented one of six island districts depending on where they lived.



The small team at the Commission then had just a few days to collate all the online and hard copy responses, sort them in order of preference then allocate places depending on the number of spaces available in each sport. Squash, table tennis and judo had the lowest number of spaces at 18 with cycling and softball being able to cater for more than 60 children each.

Over 700 letters then had to be prepared including details of the sport allocated and the training dates and times applicable. With the first training sessions due to start at the end of March, it was an incredibly tight timescale to meet with the closing date for applications extended until the 19th March, although late applications were accepted until the first week in April. A real effort was made by GSC staff in schools to ensure the Youth Games were as inclusive as possible with additional support provided for children where necessary, and specific information shared with sports to ensure the child had a positive experience when attending.



All sports were then given their participant lists, delivering up to six hours of coaching in the run up to Games Day.

On Games Day itself, thanks to all our amazing volunteers from the sports clubs and organisations, the Guernsey Sports Commission, Specsavers, and others, all 20 sports held their own successful competitions scoring points for the districts. They also selected a district as the winner of the fair play trophy – these results were then collated from all 20 sports to decide the overall winning district and overall fair play trophy winner.



We then transported all the children, by bus or walking thanks to support from the Health Improvement Commission, to Footes Lane for a fun Closing Ceremony. Keeping up to 700 children entertained

(and safe) before the parade started is no mean feat!



Everyone pulled together as a team on Games Day to ensure that the event was a huge success. From those managing the sign in and sign out registers to those providing fun games, those manning the quiet areas, the district leaders, the refreshments stand, welcoming the parents and directing the traffic plus of course the sports coaches and volunteers themselves – everyone played a massive part in the day.

Congratulations to the overall winning district West and well done to St Sampson's and St Peter Port who jointly shared the Fair Play trophy.



Our<u>video</u> captures the fun and enjoyment of the Specsavers Youth Games and provides some great feedback from those who took part.

We hope to be back in 2023!

On Your Marks

The Commission would like to acknowledge the huge amount of effort and time that has gone into organising our On Your Marks (OYM) Holiday Programme over the last few years and to say thank you to Jenny Murphy who has laid the solid foundations that we can build on. Over the years, OYM has seen thousands of children being given an opportunity to experience a wide variety of sports in different locations around the Island. 2021 has been a turbulent year for the programme with Covid impacting what we were able to offer as well as the change in management following Jenny's departure. But as we reflect on the year and the challenges we faced, new opportunities appear to be emerging.

The ethos behind OYM is to provide all school-aged children from Reception to Year 11, the opportunity to engage in a variety of fun, physical and sporting activities during the school holidays, delivered in a safe and inclusive environment.

Emphasis in the Multi-sports activities (School Years 3 to 6) is to encourage the children's social skills; team building exercises help to improve their confidence and resilience, whilst developing their physical literacy.



In the Early Years programme, Fun and Fit (Reception, Year 1, and Year 2), there is much more focus on the Fundamental Movement Skills and creating a fun environment the children enjoy coming to.

Being funded largely through a significant donation from Help a Guernsey Child and supported by Guernsey Sports Commission funds, OYM has been able to offer the programme from just £1 per hour removing a potential barrier of cost for some but continuing to use GSC discretion should the price still be an issue. However, cost isn't the only barrier to children attending and even on a relatively small island, location and accessibility to transport is also stopping children from being able to participate.

With the help from the Sport Development Officers (SDOs) in schools, we started the year looking to explore the possibility of creating a further Hub, away from the main venue at the Grammar School. La Houguette Primary School was highlighted as a potential venue and we got as far as advertising several days of activities over the February Half Term, before the States of Guernsey announced a further lockdown, meaning we had to cancel the programme.

Fortunately, we were out of lockdown before Easter and were able to offer a similar holiday programme to previous years. Due to the short timescale to get everything organised and the uncertainties of the pandemic, we decided to shelve the hub idea at La Houguette at the time.



The May half term holiday programme also ran as before and a new manager was brought in to oversee and organise the summer programme, albeit at short notice. Although venues had been booked for the summer, this left only 6 weeks to put together the whole summer scheme.

Thanks to Dave Harfield, with the assistance of the GSC Management team and Carmen Smith (Marketing and Office Administrator), the summer programme was able to go ahead. The new OYM team took the opportunity to explore some different options on the ground:

- Using a team leader for each week, rather than rotating daily, offering more ownership to the leader, and creating more understanding of any of the week's issues.
- Much more structured start to the day, providing a calmer entry to the session.
- Replacing "player of the day" at the end of the session with a more social and inclusive de-brief.
- The offer of minibuses from Beau Sejour and La Houguette once a week to help with transport difficulties.
- The introduction of pre-payment before sessions.

Although the transport didn't get the use we had hoped for, it did mean that seven children who wouldn't have been able to attend these sessions were able to do so and hopefully we will be able to build on this further next year.

Offering the week's "Leader" the opportunity to create their own programme for their sessions has also enabled the staff to put forward their skills and interests, creating an interesting and diverse assortment of sports and physical activities and hopefully providing more enjoyment for them as well as the children.

The new summer venue of St Sampson's High School was a success, with additional facilities on the site being made available at reduced or no additional cost. It also offers us much greater scope to increase the numbers we can offer places to and the ability to introduce different activities such as climbing and swimming, providing appropriate staff can be found.



As an example of what we able to achieve, on one day we offered over 70 spaces (more than ever before on a single day), by linking with the Guernsey Sailing Trust and keeping the existing programme at our main venue. This is something the new management is keen to explore more over the next year, using more SDOs in their own venues for primary children, showing different pathways into sports and activities in their local area.

During 2021, 534 children from Reception to Year 11 accessed at least one session we offered over the year. Of these, 115 were targeted places for those where cost was a barrier to attendance. This was a significant drop from the 670 from 2020, but it has been a challenging year.



In 2020, 80 children were also able to take part in organised tournaments, but with the loss of the use of Beau Sejour sports hall as a venue due to it housing the Community Vaccination Centre, we were unable to provide this as an option in 2021

The Commission is hopeful that as things become available again next year, we will be able to increase these numbers by offering additional activities and potential festivals.

OYM Dates 2021

February Half Term - 1 Week (Cancelled)

Easter Holiday* - 2 Weeks

May Half Term* - 1 Week

Summer Holiday - 6 Weeks

October Half Term - 1 Week

*Excludes Bank Holidays

Thoughts for the future

Regardless of what has gone before, the Commission believes it's time we look at expanding the programme and this last year has given us a small taste of what we might be able to achieve with considered planning over the next few years.



The need to make OYM accessible to all, either by using school buses to get the children to a main venue, or by creating several venues across the island in their local communities will be a focus.

Further investment in staff (recruitment and retention) will also be required to help fulfil this and will also enable the GSC to utilise the facilities that we have at our disposal, such as the climbing wall and swimming pool. This investment in staff will help us create a pool of people with a variety of experience and skills and offer a pathway for young sports leaders to get into the industry.

One further aim for the coming year will be to improve the sustainability of the programme. We will need to explore the possibility of an increase in price in conjunction with seeking further sponsorship.



We know that we also need to improve our marketing and will be looking to create a fun and informative video to use for publicity.

We also have some exciting plans to rebrand the holiday programme – watch this space!

In the interim, OYM will continue as normal as we work on our plans to establish a much stronger programme ready to roll-out later in 2022.

Street Sports

Street Sports has had another good year. There have been ups and downs but overall, we've been able to keep delivering regular weekly sessions and have sustained a high number of participants at both our under 11 and 11-18 sessions at Les Genats Estate.

Unfortunately, 2021 saw the last of Friday night football sessions take place at Beau Sejour. With the session being moved outdoors for the winter months and another wave of Covid which caused another lockdown, we never saw the young people return to the session in the high numbers we had previously.

However, on a positive note, when one door closes another one opens. We're planning to offer a range of new opportunities to various groups of young people by looking to run sessions at a different venue. During 2022 we are also hoping to offer summer pop up sessions with the inflatable football pitch at numerous venues across the Island.

Tuesday night Street Sports sessions have been very positive in 2021, despite

all our street sports sessions coming to yet another standstill when the second lockdown happened at the end of January. We were pleasantly surprised with the number of young people who returned to take part in the sessions when they started again at the end of March.

This session still attracts the same crowd of young people, with children from the younger group now filtering through which has changed the dynamics slightly. Football, Basketball and Dodgeball are always very popular with the young people during the winter months.

The Guernsey Table Tennis Centre is a great venue within walking distance of the estate, so we like to take advantage of this by offering a couple of sessions throughout the year. Other sports like cricket, rounders, badminton, and athletics are enjoyed by participants during the summer months.

Thursday Street Sports sessions continue to offer a wide variety of opportunities for the 6-11 age group. The number of young people attending has been consistent throughout the year, with lots of new faces joining us after the second lockdown.

The young people who attend Street Sports are engaged throughout the session and have really enjoyed the new games that have been played. Our staff team have been working hard to deliver new and exciting games to keep the sessions fresh and fun.

The young people have been lucky enough to experience a sailing session during the summer and table tennis and climbing sessions during the winter. These opportunities offer new challenges and help to develop skills along with giving children the chance to try new sports they haven't done before.

Friday night football sessions started off well at the beginning of the year with regular participants attending each week and some new faces too. However, this session was impacted the most by the second lockdown. The two-month break was difficult and unfortunately, we've never had the same number of young people attending again. Due to the lack of participants coming to outdoor sessions at Beau Sejour, we decided to be proactive in changing the venue to somewhere indoors, in the hope we would boost numbers again. After weeks of turning up at the new venue and promoting the opportunity through numerous agencies and schools, the sessions never took off and so we've taken the opportunity to review this provision with some exciting plans for 2022.

Street Sports Case Studies

Case study 1

Child A has been attending Street Sports sessions for the last couple of years and has recently moved up to the older group. When joining the older group, Child A was shy, lacked confidence and didn't know many of the participants well enough to get involved. We allowed this young person to have space and time to develop friendships with others and they are now thriving in a safe and structured environment and are attending sessions every week.

Whilst being one of the youngest participants in the group, Child A has shown great character in their willingness to participate and tackling barriers. This child has shown confidence when trying to encourage those older than him to take part in organised games and activities.

The staff believe that Child A has grown as an individual in many ways, and we want to continue seeing them succeed in achieving their goals and reaching their full potential.

Case Study 2

Child B has been a regular attendee at Friday night sessions for a while; they have always got involved with the sports on offer and have engaged positively with other young people of a similar age. This young person has overcome some challenges at home but has taken it upon themselves to use this as an opportunity to better themselves and has channelled their energy into something positive. This has included the achievement of gaining a swimming coaching qualification and they now coach regular swimming sessions. Child B has also completed a fitness management qualification so they can work in a gym environment.

Child B has shown a positive attitude to helping others and has recently become a GSC volunteer supporting the staff at Thursday night Street Sports sessions. They also helped to deliver our 'On Your Marks' holiday programme during the half term to gain more experience working with younger children and to get more of an idea of what we offer as a charity.

Child B would like to work towards getting a paid role working for Guernsey Sports Commission in the future.

Utmost Community Sport Fun Day

We hosted another hugely successful Community Sport Fun Day at Saumarez Park at the beginning of September.

We were once again delighted to have the support of our sponsors Utmost Worldwide.

This free event offered all members of the family the chance to try up to 20 different sports including boxing, football, fencing, golf, cricket, badminton, squash, bowls, hockey, athletics, walking football and much more.

utmosť



Those who attended were given a special card inviting them to complete 10 or more different challenges organised by the participating sports to be in with a chance of winning a prize.

Special guest Darcy the Donkey tried all the different sports and encouraged more people to take part and have fun. utmosť



We had lots of entries for our competition and our two main winners both took home a big bag of sports equipment to share with their family and friends.



La Mare de Carteret Primary School were our nominated school winner receiving a £500 voucher to spend on sports equipment.

We hope to be back again for another Community Sport Fun Day in summer 2022.

utmosť



GUERNSEY INSTITUTE OF SPORT

Dan Guillemette & Dr Conor Osborough



GiS 2021 Overview

In 2021, the Guernsey Institute of Sport ('GiS') has built upon the initial foundations it laid during 2020. Against a backdrop of a second local COVID lockdown at the beginning of this year, we were able to work with a select group of athletes both within the Bailiwick and off-island. This year, the GiS undertook the following:

Guernsey Elite Athlete Support -

Providing sport science and medical support to our elite-level sports performers, both on-and off-island, including to professionals and Olympic performers in the lead up to the Tokyo Games. Athletes include Cameron and Alastair Chalmers, Sam Culverwell, Maya Le Tissier, Seb Priaulx and Charlie-Joe Hallett. This work has been on-going during the year with coordination and implementation of support services to our institute athletes, including medical and sports science interventions. As part of this work, two athletes were nominated and selected for grant support via SportAid in 2021 and now for 2022.

Additionally, work has commenced to identify a small group of next generation potential athletes via a talent identification programme who fit the profile of the GiS and would benefit from the GiS support services in the mid- to long-term.

Elite Sport Travel Exemptions – Work was performed regarding elite sport travel exemptions. Working with the States of Guernsey to establish criteria and arrangements for travel exemptions for elite-level sports performers and advising directly on the definition of 'elite sport' with a document produced in accordance with a request from the Civil Contingency Authority. Initial progress was made to agree a process in May but given the changing travel restrictions globally, this work continues.

Business Plan Development – Ongoing work to develop a business plan for the GiS. In preparation for the funding streams to be confirmed, the infrastructure for the GiS was put in place to ensure that it could start to move forward with projects and introducing new athletes into the programme. In addition to this, work has continued to explore funding opportunities with potential partners.

Enhancing Links and Engaging with Stakeholders – Proactive work has taken place to strengthen the links with both the Guernsey Island Games Association and the Guernsey Commonwealth Games Association, as well as selected National Sporting Bodies both on- and off-island. This has helped to raise the profile of the GiS and the athletes that it supports.

Commonwealth Sport Foundation (Games Changers Grant) – Successfully applying for a funding grant from the Commonwealth Games Federation to identify and develop para-sport athletes and participation. The funding application was successful and initial work has started to identify functional groupings related to para-sport classification groups. Work on this will continue in the new year and leading up to the Birmingham Commonwealth Games in 2022.

TASS (Talented Athlete Scholarship Scheme) Research Project –

Participating in and contributing to a national-level project, to improve our understanding of best practice for athlete progression from an initial island-base to a national pathway and/or to professional sport. This is an on-going project with information on athletes shared with the researchers at Liverpool John Moores University. Athlete questionnaires have been completed and focus group interviews held with initial findings scheduled to be shared with the GiS in Q1 2022.

Other projects – Acting in an advisory role in the potential development of a Guernsey-based Sports degree programme.

Overseeing the delivery of a performance analysis project with Guernsey Football Club utilising the Commission Internship Sports Science graduates.

DISABILITY & PARA-SPORT

Casey Osborough, Guernsey Institute of Sport

This year the focus has been on laying a strong foundation for developing disability and para-sport pathways as well as increasing the opportunity and choice to compete in sport.

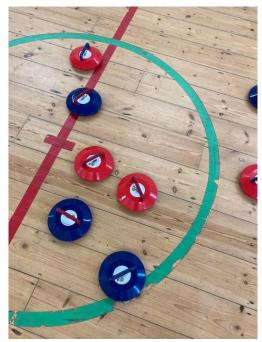
In partnership with Guernsey Mobility Let's Go we have further developed the sport of boccia on the island. This competitive target sport is ideal for any individual irrespective of whether they have an impairment or not and can be played by all ages. The sport is now not only played at Beau Sejour but also at Styx Community Centre. We have worked hard at developing our technical knowledge of the sport and will be linking with Jersey Move next year to begin interisland boccia competitions and combined CPD.



Along with the Guernsey Institute of Sport, our application for the Commonwealth Games Game Changer grant was successful, and work is underway to increase and improve the sport offerings for individuals with an

impairment. We have targeted a number of Commonwealth Games sports which have para-events at the Commonwealth Games. Steps are in place to hold multiclass events within a number of mainstream sports next year in order to improve competition opportunities.

We understand the need to create a level playing field within para-sport but understand the financial and logistical barriers of obtaining IPC Classification. Discussions with the Activity Alliance have been taking place during the year to adapt their functional grouping toolkit for use on island. This would allow for fairer competition at a lower performance level. We have also been working with National Governing Bodies in relation to IPC classification for some of our Guernsey para-athletes.



COMMUNICATION & ENGAGEMENT

Nicky Will, Director of Communications

Pride of Guernsey & Community Awards nominations

We were delighted to have been nominated for two awards during 2021, both recognising our work within the community.

We were shortlisted for the Guernsey Community Foundation award for Organising Committee of the Year for our work on the 2021 Specsavers Youth Games.

The Awards ceremony was postponed until January 2022 so at the time of publication we do not know the outcome but were delighted to be nominated.

We were also pleased to be put forward for a Pride of Guernsey Sports Volunteer of the Year Award. The nomination reflected the work of the team in encouraging children and young people to remain active during the periods of lockdown in 2020 and 2021.



More than 30 sports coaches from across the Guernsey Sports Commission and its member sports volunteered their skills throughout both lockdowns to support schools remaining open for vulnerable children and those of key workers. Although we were unsuccessful on this occasion, it is heartening that our work is being recognised through these nominations.

Liberation Day

Unfortunately, our plans to host a multigenerational fun 'have a go' sports event in Market Square on Liberation Day had to be cancelled as the celebrations were scaled down in light of the continuing pandemic.

Community Sport Fun Day

As highlighted earlier in this report, we hosted an extremely successful Community Sport Fun Day thanks to both our sponsors Utmost and all those sports who volunteered their time to come along and give the opportunity for all members of the family to try their sport and have lots of fun in the process.

Volunteers Week



Volunteers are a vital part of all sporting organisations and to recognise and celebrate their work we ran a series of articles to mark Volunteers Week in June.

We are also working with local Recruitment Agency Source on a campaign allowing Guernsey sports clubs and organisations to advertise volunteer vacancies, particularly at Board level, via the company's website for free.

Impact of Covid

Regular communications became even more important when the island went into a second lockdown early in 2021. The Commission once again stepped up its role as the voice of sport providing advice and guidance to individual sporting organisations to ensure their continued operation, particularly regarding off-island trips and visiting teams. We launched a whole new series of PE at Home videos and challenges aimed at keeping children and young people active and engaged whilst away from school. These videos also promoted the Fundamental Movement Skills embedded in the PE curriculum.

Active 8 Plan for Sport

Following the approval of the Committee *for* Education Sport & Culture's Active 8 Plan for Sport in August 2020 we had a clear platform to build on during 2021.

It took some time to clarify a process for accessing the funding, but we are up and running, delivering on the core aims of Active 8 which we have linked to the objectives of our own Action Plan.

We have also recently published an update of our Action Plan providing details of what we have achieved over the last two year and reviewing our outstanding actions. We have also demonstrated how our work contributes to the core aims of the Government Work Plan and Active 8.

Working Together

We continue to work closely with colleagues at the Health Improvement Commission as well as those at Education Services, Policy & Resources and Sport & Recreation Services.

Newsletters, website, and social media

We've continued to send out monthly newsletters to our member sports and mailing lists as well as regularly publishing updates, events and news stories on our website and promoting these to our ever-growing followers on social media.

Media

We maintained excellent relationships with our local media during 2021 being regularly interviewed and acting as a voice for sport.

Our staff have also regularly featured on the Guernsey Press Sports Podcast.

Sporting Achievement Awards

Unfortunately, we had to postpone the Annual Sporting Achievement Awards that had been due to take place on Thursday 6th January.

We are looking to confirm a new date in February depending on any additional Covid restrictions in place at the time.

Citations for all those shortlisted for the awards can be found at

https://guernseysports.com/programmes/ sporting-achievement-awards/

SPORT DEVELOPMENT **OFFICERS**

Athletics





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f **GuernseyAthletics**

@GsyAthletics

2021 saw a largely successful return to normality for athletics in the island, except for the cancellation of the Easter Festival for the second successive year due to 'Lockdown 2.0' and some interruption to school delivery around that time.

Outside of lockdown, the club executed a successful year of fixtures packed with all the numerous regular events and terrains from cross-country to road, to track and field to the cliffs. As usual, the All-Terrain Challenge achieved this in just a week!

The Track & Field Series was vital in providing young developing athletes competitive opportunities in the continued absence of accessible UK competitions. The evolution of these events since the redevelopment of Footes Lane has been a key ingredient in combatting the negatives of the pandemic on the sport's momentum.



Schools

It was unfortunate that although the picture had significantly improved, Covid still had a negative impact on the delivery of PE/Games lessons in schools due to another period of lockdown and necessary rearrangements. In any event, Tom and Lee delivered over 200 hours in primary schools across the academic year, with more than 100 further hours spent on senior schools and school events.

The programme continued to evolve at primary school level focusing on the gamification of both fundamental and sport specific skill development. Similar evolution of senior school delivery was one of the aspects to take a back seat following the Covid interruption.

The highlight amongst an overall positive year was the X Challenge at Footes Lane - an innovative cross-country race that catered for both primary and senior school children. A highly enjoyable event included over 500 students from 20 schools.



Community

Guernsey Athletics held two holiday camps in 2021 for primary school children. The three-day camps were priced to be easily accessible for all and over half of the attendees were not members of the club. At the other end of the age spectrum, the club again supported the externally organised mass participation Guernsey Marathon through providing official chip timing and officials. Similarly, the club held the popular Half Marathon event. Numerous other endurance events were again accessed

by non-member participation runners and experienced club athletes alike.

Performance



The clear highlight of the year for Guernsey Athletics was Cameron Chalmers' Olympic campaign for the Great Britain relay teams. Chalmers performed particularly well in the Mixed 4x400m relay which was held in the Olympics for the first time. This included a new British record of 3:11.95 in the heats and a 6th place finish in the final. The fact that Chalmers spent the majority of the past two years preparing for the Olympics in the homely surroundings of Footes Lane rather than his planned elite base in Cardiff made the achievement even more special.



His brother Alastair competed well across the season, including retaining his British senior title over 400m hurdles. He finished the year with one of the highest quality single performances ever produced by a Sarnian athlete with a new PB of 49.55sec in Switzerland.

Abi Galpin was once again the female star of the sport but elevated herself significantly from the previous year, arguably only missing out on two national finals due to travel restrictions. When she finally made it to the mainland, she took 2nd place at the Welsh Champs with an outstanding new Island 200m record of 23.96sec. She also clocked 11.90sec for a new 100m record.



On home soil it was Will Bodkin who caught the eye across a wide range of endurance events including the Guernsey Marathon.

Workforce/Coach Education

As in previous years, the amount of faceto-face opportunities were few and far between. Paul Ingrouille was able to attend an in-person coaching workshop – the two-day European Endurance Conference took place in Leeds in November. Paul brought some key practical applications back from the conference and shared with Tom and Lee as well as the volunteer coaches who deliver endurance.



Out on the front line, technical officials continued to become qualified or move up the ranks with Michelle Galpin noteworthy for her elevation to Level 3 (essentially meaning she is a regional level official) to take the number of Level 3's locally to three.

Tom undertook various CPD and networking opportunities, including the LTAD Network Online Conference, the Track Football Consortium and former British Athletics High Performance Director Derek Evely's Youth Sport Training course.

Future Plans

- Graham Merfield is the club's new chairman and is keen to get his hands dirty and push the club forwards
- Work with UK Athletics to enhance the club's coach and athlete development pathways in line with the National Governing Body's own exciting new strategy

Badminton



http://badminton.org.gg/

f Guernsey Badminton Association LBG

gsybadminton

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This year, we were fortunate enough to maintain our Island Tournaments for Seniors and Juniors (Senior Open, Senior Closed, Junior Open and Junior Closed) but off-island events still didn't happen. Once the pandemic restrictions were lifted, we were able to have a veterans' match against Wales that was a close game losing 26-30. We also organised an extremely successful Training Camp with Chris Langridge, Olympic Bronze Medallist in Rio 2016.



Schools

Guernsey Badminton continues to extend our outreach work in schools programme providing badminton lessons to Year 5 & 6 pupils in all primary schools. Unfortunately, some of our sessions were cut short because of the pandemic, but we managed to resume the Year 3 and Year 4 Festivals (19 participants) and the Year 5 & Year 6 Inter-Schools competition (48 participants). We also participated in the Youth Games reaching our maximum number of registrations (40 participants).



Guernsey Badminton has seen an increase in the number of pupils coming into badminton after the schools' programme.

Community

We continue to work on ways to increase community involvement in the sport and one of our most successful events has been the Team Challenge that involves teams of 4 competing in a fun environment with participants that aren't members of Guernsey Badminton.

We also started Social Evenings Badminton that is on one Friday a month for people to just turn up and play friendly matches. On Sunday mornings we now have Para-Badminton for wheelchair classes.

Guernsey Badminton supports the Sports Commission's On Your Marks holiday camps and Community Sport Fun Days to provide badminton opportunities.

utmosť



Performance

We were fortunate to have been able to train most of last year with the exception being from mid-January to March, but the competition side has been affected by the pandemic. We continue to compete in Guernsey, but since the outbreak, we have been unable to compete off-island.

Our performance highlights for 2021 were the Training Camp with Chris Langridge and starting Para-Badminton for wheelchair classes.

Workforce/Coach Education

We delivered a BWF Level 1 Coaching Course which resulted in 3 new Badminton coaches that are able to fully plan and deliver training sessions and support our existing coaching structure.

Future Plans

- Commonwealth Games
- Y3 & Y4 Festivals
- Y5 & Y6 Inter-school tournament
- Badminton Camps (Madeira)
- Junior County Matches (Isle of Wight & Gwent)

Boxing



GABC

f Guernsey Amalgamated Boxing Club

We held our first boxing open show tournament on 25 October, the first show for over 18 months due to Covid.

The club faced a very talented RAF team and fared well. The tournament was the start of Billy Le Poullain, Niall Adams and Tom Teers' progression into the Western Counties Championships.

Niall won his pre-qualification bout but lost in the quarter finals on a split decision. Billy and Tom went on to win the Western Counties Championships in their weight categories. Both then took part in the National Amateur Championships, where the best of the UK were participating. Billy faced the Great Britain number 1 champion but just missed out in the final. The event was televised on BBC Sport.

Schools

Guernsey Amalgamated Boxing Club appointed Amanda Hobart as their Boxing Development Officer in August 2021. This has enabled the club to extend their outreach into the schools' programme providing boxing lessons to Le Murier, Grammar School & Sixth Form Centre, Les Beaucamps and La Mare De Carteret High Schools. Approximately 90 students from Years 7 to 10 have participated each week.



Guernsey boxing has seen a number of students start training at the Guernsey Boxing Club following the schools' programme.

Community

Boxing has continued to offer one-to-one sessions for young people referred through school or family support agencies.

We also held two sessions for the Boost programme.

We held four weekly club sessions for children aged 8 to 17.

There were approximately 20 children per session.



Performance

As soon as the club was able to open for training following Covid restrictions, the boxers were back into full training. We have seen a progression in our junior boxers which will mean that they will be put forward for matching in 2022.



Our senior boxers continue to improve having now competed in two shows at the end of 2021. The club's open show was a sell-out at Beau Sejour.

The highlight of 2021 would be two of our boxers qualifying for the National Championships final. The club was one of only a few clubs to have two boxers reach this stage. Considering we do not get the exposure to sparring and training with other clubs, this was a massive achievement.

Workforce/Coach Education

The club has seen an increase in volunteers, some of whom are looking to progress and take their level 1 coaching certificate. We continue to train our coaches in-house.



Unfortunately, Covid has brought about a reduction in our qualified coaches being able to attend sessions due to increased workloads in their trades. We have also been impacted in terms of coaches contracting the virus and contract tracing.

Future Plans

- Two open boxing shows at Beau Sejour
- Introducing boxing to Ladies College, Elizabeth College, Amherst and La Houguette.
- Continuing to work with referrals for one-to-one sessions.
- Boxing sessions Tuesday, Thursday and Saturday at The Amalgamated Boxing Club.

Cricket



- www.guernseycricket.com
 Guernseycricket
- Guernseycricket
- @Guernseycricket
- Guernsey Cricket
- guernseycricket

2021, much like 2020, was affected by the ongoing global pandemic. The winter programme was cut 6 weeks short due to the second on-island lockdown.

We again returned to our 'at home' challenges and even created a stay home cricket-related workbook with crosswords, spot the difference and many other fun challenges.

With restricted travel, lots of on-island cricket was played with an introduction of

the Colts league as well an additional two adult sides. The Ravenscroft Future Stars programme continued to grow with 162 children taking part in the 6-week course.





We ran a Cricket Week in the summer holiday in conjunction with the Health Improvement Commission introducing a healthy lunch with 83 children taking part across soft and hard ball cricket.

Schools

As was the case in the previous year, we lost part of our schools' programme due to the second lockdown. We did however manage to utilise our 3 staff to provide support for school sessions during lockdown as they remained open for vulnerable and key workers' children. Ben and Lee both attended Castel school for 16 hours a week, Dec was placed at Blanchelande and Olly was placed at La Houguette. We supported students from Reception all the way through to Year 6 focusing not only on cricket skills but also various sports and fundamental movement skills.

The primary schools' programme culminated with the Kwik Cricket festival hosted at the KGV with both a boys and girls/mixed competition. Alongside these sessions we also hosted and ran zoom PE lessons for Elizabeth College. Once we returned to our normal schools' programme, we delivered cricket to all 12 primary schools, working with over 800 pupils along the way. In secondary schools we managed to deliver cricket to 5 secondary schools working with approximately 300 students along the way. We also delivered to Blanchelande, Ladies College and Elizabeth College.

At Elizabeth College, Ben delivered 10 hours a week across years 7, 8, 9 and senior games lessons working with approximately 400 students. Ben also delivered training and match days for Elizabeth College First XI where he is head coach.

Community

Wider community work consisted of the children's handbook during the lockdown period along with the stay-at-home drills and skills to try to encourage all students in Guernsey active. We ran zoom calls with various professional athletes and coaches which were available to all in Guernsey.

The Guernsey Cricket Podcast 'Under the Covers' continued throughout lockdown with currently 4,546 downloads from the 36 published episodes. These podcasts have reached out to Japan, Australia, and America as well as locally.

We created 'Owlzat' the Guernsey cricket mascot who was present at the Sports Commission Family Fun day, Rangers 7's football weekend, Proms on the Wicket and the Schools Kwik Cricket festival. At these events we ran free cricket stations to allow people outside of cricket to come and have a go.



Specsavers Youth Games was once again a big success for Guernsey Cricket with over 30 participants for cricket.

Performance

A big highlight for the season was once again the rise in the Ravenscroft Future Stars programme with 162 children taking part in the 6-week course. The course teaches them not only cricket skills but key fundamental movement skills.



With the creation of the Carey Olsen Colts league this saw one U15 cricketer excel. Harry Duke scored back-to-back centuries with 126 off 153 balls including 10 x 4's up at the College Field. He backed up this achievement 3 days later scoring 104 not out off 140 balls including 4 x 4's at the KGV.

As well as Harry, another youngster who impressed this year for the newly created Old Elizabethans cricket team was Charlie Birch. Charlie had an excellent season of 58, 37, 120, 104 and 39 and finishing second behind Matthew Stokes in the runs scored with 359 runs. Not only did Charlie score valuable runs, but he also chipped in with 5 wickets with best figures of 7 overs 1 for 30 against Wanderers Irregulars.



Elizabeth College had an excellent year winning the bowl competition and again being voted in the Cricketer Magazine's Top 100 cricketing senior schools for the second consecutive year.

Workforce/Coach Education

In 2021 we ran two coaching courses locally. We ran a Foundation 1 course in Alderney where 5 people took the course, 4 of which have now completed the assessment. We also ran a Level 2 coaching badge in September in Guernsey. We had 10 students with an assessment date set ahead of Christmas for half of the group.

Alongside locally run courses, Lee Forshaw took his ECB Advanced Coach Award (Level 3) in Ireland and is currently completing this course and Development Manager Ben Ferbrache took his ECB Coach Developers course in order to tutor future coaching courses.

Future Plans

- We plan to run a normal cricket season locally with the introduction of the ladies' national team entering the junior leagues.
- The Guernsey Under 19's side will have the opportunity to compete on the international scene with a European Cricket Qualifier.
- The Men's National side also have an opportunity to compete on the International stage with an ICC European Division 2 Qualifier.
- Age group tours are currently being booked to allow our juniors to compete off-island for the first time in 2 years.
- 24-hour cricket We are planning to run a 24-hour cricket event in conjunction with EPIC Guernsey.

Football



Guernsey FA achieved the FA Safeguarding Operating Standard in January 2021.

The following development activities took place during 2021: Weetabix Wildcats, GSC Family Fun Day, Little Champs, GFA Academy, Safeguarding Validation Visits, Alternative PE at Petit Port, Guernsey Soccer School, The BWCI Festival of Football, Girls Academy, Girls PDC, Specsavers Youth Games, FA Safeguarding Weekend, Rainbow Laces, Guernsey Work Experience.



There are now a number of Weetabix Wildcats Centres in Guernsey, a fun way for girls 5-11 to get involved with football.



We continue to work in partnership with Little Champs to offer football for preschool children.

We conducted a number of Safeguarding Validation Visits to monitor the local football clubs, any clubs who did not meet the safeguarding requirements were given an action plan in order to meet the best practice requirements. The FA Safeguarding weekend was used to highlight the importance of safeguarding within football and provide information for all who are involved in the game.

Again, we have offered Work Experience placements for a number of students in partnership with Guernsey Work Experience and the States of Guernsey Education Department.

Rainbow Laces will again be used to promote equality and diversity within the game.

Schools

During 2021 we delivered PE at the following schools: Amherst, Castel, Vauvert, Le Murier, La Houguette, St Mary and St Michael, Le Rondin, Notre Dame, Vauvert, St Martins, Vale, La Mare De Carteret, Forest & Le Voies.

We also delivered lunch clubs and after school clubs at a number of different schools.

Some Weetabix Wildcats sessions were delivered on school sites.



We provided one member of staff to work at St Martins Primary School for a twoweek period in March 2021 to allow the school to meet the coronavirus requirements set out by the Education department.

Unfortunately, the coronavirus restrictions at the beginning of 2021 did have an impact on the amount of work we could complete in schools, with a number of sessions being cancelled.

Community

We continue to support affiliated football clubs to offer football for children and adults in line with FA Safeguarding and Welfare requirements.



Workforce/Coach Education

Unfortunately, due to the coronavirus pandemic we have been unable to deliver any coach development events face-toface. However, there are now a number of online learning opportunities which have been well attended.



The golfing community continued to support the development of junior golf with the further implementation of the Guernsey Junior Golf Pathway which was established in 2019. Following the initial success of the rollout of Golf in Schools programme to Year 5 in the 2020/21 academic year, it was exciting for the sport to be asked to expand the program to also include Year 6 students for 2021/22.

The clubs worked closely together to provide a full complement of junior competitions played from three different tees allowing juniors of all abilities to compete. The Ray Lowe Order of Merit entered its third season allowing juniors to play in 17 competitions across the island's courses. Juniors have been welcomed into senior events with many excelling.

For the first time in many years Guernsey is able to field a team of 10 juniors all with single figure handicaps.

Schools

The 2020/21 academic year saw the addition of golf to the curriculum for Year 5 primary school children. Each child was given an introduction to golf through 6 sessions in their PE lessons.

Funding of the golf coaches is through a partnership of the Sports Commission,

Ray Lowe Sporting Foundation (RLSF) and the GGU.

A pathway into the island's clubs was facilitated by RLSF. Group lessons for interested children have been organised at the golf club partnered with a particular school.



The positive feedback from year one of the programme resulted in it being expanded to also include Year 6 in 2021/2022. This year group has a number of lessons at the school site followed by the whole class having a two hour lesson at a golf club. This has proved very popular when rolled out during the Autumn term.

At the secondary school level it is the aim of the Sports Commission that there is a portfolio of sports available in the school day for students. Golf has worked with St Sampson's, La Mare de Carteret and Blanchelande, providing in school time options and after school clubs.

Community

Golf continues to support initiatives to be inclusive and available to all. All the clubs have memberships available to juniors at a highly discounted rate (La Grande Mare (LGM) has free membership for under 12s.) Equipment is also available for beginners to use. Royal Guernsey partnered with the Youth Commission to deliver a programme for young people.



The clubs all came together to support the Utmost Community fun day and the Specsavers Youth Games. The Youth Games was fully subscribed with a coaching programme taking place involving all of the clubs. The finals day was kindly hosted by St Pierre Park with a great time had by all.



Performance

Based on 2021 performances, six Guernsey Juniors were selected to Hampshire squads and a further four were invited into development squads. Rory McKenna and Ollie Chedhomme made the Under 18s squad with Conor Mckenna, James Troop and Jayden Tucknott picked for the Under 16s team and Lewis O'Brien selected for the Under 12s squad.

Ollie Chedhomme continues to impress. During 2021 his handicap fell to +3, the lowest on the island, and he also had an exceptional entry into the men's inter insular team. He has been awarded the prestigious GGU player of the year for the second year and has qualified to play in Spain in the European Junior Open to be televised on Sky Sports.



In one very special weekend last summer Chloe Gaudion (14) and Ollie Chedhomme (17) broke the ladies and

gents course records at La Grande Mare with two exceptional rounds.

The 2021 boys Island Championship was an 'all McKenna' final. Rory came out on top beating Conor in the final at L'Ancresse Links. The girls' competition was won for the second year by Chloe Domaille who was also the Junior Captain for Royal Guernsey in 2021.



The Ray Lowe Order of Merit allowed juniors to play in seventeen competitions through the year at three different courses from three different tees. The White Tee Under 28 Category was fiercely contested throughout the season. Conor Mckenna has enjoyed a superb run of form and his five wins meant he eventually ran out a comfortable winner by 6 points.

In the Over 28 Handicap Category, Alex Mills was the winner with five wins and three runner up finishes over the season amassing 77 points, and the Blue Tee winner was Rory Clarke with 8 wins in 2021.

Workforce/Coach Education

Alex Murrell (LGM), Charlie Jones (Golf 19) and Peter Dunmore (RGGC) are the coaches who deliver the golf programme within Primary schools. To help broaden their coaching skills, all have attended a Level 2 Multi Skills programme organised by the GSC. All have expressed the benefits of gaining this additional qualification. The island's golf professionals that work with children have been registered with the PGA SafeGolf list and all the island's clubs have SafeGolf club accreditation for Golf England.

Impact of Covid

Entering the second year of the pandemic, golf on island was largely unaffected by the early year lockdown. The schools programme largely took place post lockdown with coaches taking regular LFTs.

The greatest impact for golf in 2021 was the loss of representative golf. It was not possible to play an inter-insular, and only a limited number of players were able to travel for county matches or to enter the County Championships. To support the talented juniors, the island squad was maintained and fixtures were played against adult teams.



Future Plans

- Continuation of the primary schools project to all States schools beyond the originally budgeted 3 years.
- Continue working with secondary schools to introduce golf as an available PE option
- 2022 Junior Inter Insular
- Fourth year of the Ray Lowe Order of Merit
- Ability to travel to the Hampshire Championships and selected players to represent the county.

Hockey



In 2021 the hockey programme was interrupted by the lockdown, meaning that our 2020/21 season finished later than usual. This also had an impact on away fixtures, with the trip to Jersey for seniors and juniors being cancelled. Onisland development activities continued as they have done, with the Junior Development League for U14s continuing to grow and the successful Badgers' hockey further developing. A scaleddown Hockey Fest was held at the start of the season and we were able to deliver a Talent Centre weekend for the first time in almost two years.



In 2021 we trialled two programmes from England Hockey. Hockey Heroes for 5–8year-old beginners in the summer, which attracted 16 participants, with some of them continuing with their hockey on

Sunday mornings. Back to Hockey was also trialled at the start of the 21/22 season.

Guernsey Hockey once again took part in the Youth Games, with 40 children attending and there a few young people who have joined hockey because of this.



Schools

Unfortunately, some of our work in Primary School was cancelled in 2020 because of the lockdown. This meant that we only delivered hockey to around half of the Year 5/6 children on the island. We were able to hold a successful, enjoyable tournament though, with most schools attending.

We continued to work with State Secondary Schools to further develop the provision for hockey. This has led to some successful tournaments, with the quality of hockey having greatly improved. We are also starting to see greater numbers of state school pupils, particularly boys, which is a key target, playing hockey on a more regular basis at Guernsey Hockey sessions.

Community

This year we have trialled Back to Hockey, to bring people back to the sport. This has resulted in at least one person joining a team after having not played for seven years.

The hockey community has also been engaged to bring friends back to the sport. This has been done by simplifying the membership fee structure and this has encouraged people to come back to the sport.

During 2021, Guernsey Hockey LBG has taken advantage of the media space that was left vacant by sports not being able to be played (e.g., Raiders rugby and GFC), by developing our social media presence and engaging with the wider community on digital platforms and traditional media. We have been able to have more coverage in the Guernsey Press, which has helped hockey to reach a wider audience and develop interest in the sport.

This culminated in the winning of a national award for the coverage of the November 2021 Inter Insular matches.

Performance

There were extremely competitive leagues in adult hockey this year, with the stand-out local team being Independents Men' 1s, who won 15 of their 16 league games in 2020/21. 2021 also marked the return to the pitch of the Men's first team and also the Ladies' first team who reentered off-island competition (they had been able to play in the men's league). The Men's first team stepped up a level in the Tier 2 England Hockey competition in October, narrowly losing. The Ladies play in mid-December.

The most exciting sporting event in the hockey calendar for 2021 was the postponed Inter Insular weekend in November 2021, which was live streamed for the first time. It also marked the first time that U16 teams had played on the same day as the first teams, which made for a great spectacle. The Ladies and both U16 teams lost their games, with the Men's first team drawing a thrilling game 4-4 to retain the trophy.



The media coverage and crowd support, as well as the buzz around the weekend, helped Guernsey Hockey to win a national award for this event.

Workforce/Coach Education

This year 10 coaches from Guernsey Hockey took part in a bespoke Level 2 course, delivered online by England Hockey. This has helped to strengthen the pool of coaches on the island and to provide better learning opportunities for young people.

Guernsey Hockey has also worked with England Hockey to develop a bespoke programme of coach development as well as a programme for young leaders, who have been able to use their new knowledge to support coaches at our minis training sessions. The plan is to continue with this in the new year.

Future Plans

- Travelling to Jersey for Inter Insular fixtures.
- The introduction of Walking Hockey.
- Junior tours (hopefully!)
- Redeveloping the kitchen and bar area.

Netball



One of the highlights of this year was being part of the Youth Games. Lots of

children learned to play netball over the 4 weeks and many of them wanted to continue playing afterwards! Following on from this, we launched a new netball club called Future Panthers, to create even more opportunities for children in years 2-7 to play. We now have over 100 children that come along on Saturday mornings to learn netball skills, whilst having fun and making friends! For some it is the first time they have ever played netball and we have been thrilled with the positive responses. Registrations are closed for now, but we will be reviewing things at February half term to see whether we can offer additional spaces.

This year has also seen a restructure of the GNA, in a move to bring us closer to attaining SportsMark. The board have been working hard behind the scenes and have produced a new document outlining the GNA's 3-year strategy and what it hopes to achieve over the coming years. This has been shared with club reps.

Use of Beau Sejour sports hall as the Community Vaccination Centre has really impacted netball, as there is no other venue on island with multiple indoor courts. The lack of venue combined with winter weather has been challenging and, on several occasions, has meant we've had to cancel sessions. It also led to the secondary schools cancelling their tournament in November. Availability of netball courts at other venues has been more limited this year, with several other sports also having to relocate from Beau Sejour. Our league commissioners have done a great job managing to timetable all our fixtures across various locations. Maybe one day we will achieve our dream of having a dedicated netball venue, but for now we'll keep being solutions focused and making the best of what we've got!

Schools

The appointment of our new development officer has meant that Netball can now offer more support to schools. So far, this has involved visiting afterschool / lunchtime clubs at several schools including La Mare de Carteret primary, Beechwood, Melrose, Ladies' College, Blanchelande, Vauvert and Notre Dame. La Mare de Carteret High also invited us to support 6 weeks of their PE lessons with girls and boys in years 7, 8 and 9. It was a pleasure to work alongside such dedicated and enthusiastic staff and students.

We were also part of two brilliant team building days with the year 7's at St Sampson's High, one of which involved sports activities at Petit Port beach! We look forward to working with all the schools to provide more support in 2022.



Community

We hosted a free taster session for people to come along and try Walking Netball (a slower version of the game with slightly adapted rules to allow anyone to play regardless of age or fitness level). This was very well attended, with over 40 people giving it a go! We're pleased to say that we will be starting up weekly sessions in the New Year (venue and time TBC).



Performance

Whilst there was no off-island competition this year, the on-island winter league competition has remained strong with 29 teams competing across the 4 divisions. Some of the Prem teams and a couple of mixed netball teams have also played friendly matches against the men's team. The interest in men's netball is growing and we hope that there will be some exciting developments next year.

Senior players and coaches took part in an informal 'performance workshop' to help the GNA understand the views and opinions of those recently involved and likely to be involved in Panthers and Guernsey senior representative teams of the future. The discussions were very insightful and the GNA is grateful to everyone that took part. A report summarizing the findings and how these could shape the future direction of performance netball on island will be released in due course.

Workforce/Coach Education

Our members have benefitted from several of the courses run by the Sports Commission this year. We hope to be able to facilitate some netball specific courses in 2022.

Future Plans

- Reintroduction of island training and matches
- More opportunities for social netball
- Weekly walking netball sessions
- Development opportunities for coaches / umpires / teachers
- Launch of our Youth Academy





Schools

After Easter the Island schools teams started training and it was great to see so many boys and girls wanting to have a go at contact rugby. 6 short weeks later they all took part in an incredible day of sports.

June saw the secondary schools take to the field in their Rugby Festival featuring both contact and touch rugby. We were delighted to see more girls this year than ever before with many wanting to take part in contact rugby which bodes well for the future of girls' rugby in Guernsey.

Community

Normally, the start of May sees the annual adult Siam Cup but sadly travel restrictions put this on hold again. As an alternative, Guernsey Rugby Development laid on a Day of Rugby starting in the morning with the Academy Teams from U7s to U18s and finishing off with the adults in the afternoon that saw the Ladies and Alderney put on some great performances, Volunteers manned the BBQ to finish the day in style.

The Guernsey Rugby Association Summer Rugby Camp was again well supported and allowed new players and returning players a chance to enjoy a week's rugby before the Academy started a week later.

June also was also the start of preseason training for the Raiders, Raiders Ladies and St Jacques Vikings and all fingers were crossed that the season would start in September.



A team bonding day was arranged in the form of an 'It's a Knockout' event which allowed both players and sponsors to reacquaint themselves with each other during a fun and challenging afternoon of

games which was preceded by the Guernsey Rugby Academy's Mini It's a Knockout.

Performance

The Season started as was planned in September with Raiders making an excellent start winning 8 of 13 games and being placed mid table as they enter the New Year.



Guernsey Raiders Ladies had a difficult start to the season with yet again a new team which meant that Steve Evans' squad struggled in the early part of the season. However, there was improvement game by game that eventually gave them their first win against the team placed second in the league table, Heathfield and Waldron, and led them to convincingly defend their Siam trophy in November's Centenary Siam beating Jersey Ladies by some 40 points.



St Jacques Vikings are still to find their winning ways this season.

The Player Development Pathway continues to grow as a new crop of U14s joined the PDP in July. This takes the total on the Pathway to 37 with several of the 18-year-olds now training and playing for the Vikings, whilst Guernsey Raiders Ladies eagerly await several U18s waiting to be signed off in the New Year.

Workforce/Coach Education

In early August, Guernsey's Rugby Education Team were the only people in England delivering face to face courses which allowed 11 new Level 2 coaches to be signed off on the England Rugby Coaching Award. This was to be the first of several courses to be run as part of the Guernsey Rugby Association Volunteer Development programme which, by the end of 2021, delivered 432 hours of Volunteer Development to over 50 volunteers.

It should also be noted that during 2021 Guernsey Raiders Director of Rugby Jordan Reynolds and Rugby Development Officer Steve Melbourne successfully completed the England Rugby Performance Coaching Award (Level 4), whilst Vikings and Guernsey Raiders Ladies head coaches Ray Smart and Steve Evans started on the pathway towards the England Rugby Advanced Coaching Award (Level 3).

Rugby Development said good-bye to long standing Community Rugby Coach (CRC) Callum Gladstone who has been with the team for the past 7 years and takes up a great position in The POD at La Mare Junior School. Brad Webb moves from a P/T CRC role to take over from Callum with Olivia Keneally joining the team as a P/T CRC.

Future Plans

- Junior Schools Rugby Festival 26 Mar 2022
- Junior Siam 23 Apr 2022
- Senior Siam 14 (Away) and 21 • (Home) May 2022
- Secondary Schools Festival Jun 2022

Sailing



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@sailingtrust

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The Guernsey Sailing trust ran a full season of sailing with training courses each week of the school holidays and after school clubs from April to October. Sailing was proud to be part of the Youth Games, with all participants learning to sail on the pond in mostly very challenging conditions.

The Guernsey Yacht Club ran club racing for adults and juniors, race training for the junior section, including pirates on the pond, and hosted the very successful Guernsey Regatta in July. 36 boats took part with the youngest competitor age 9.

6 sailors competed off Island at International events and Luke Elliott was selected to represent Team GB at the Halloween Cup in Lake Garda in October.

Schools

The Guernsey Sailing Trust worked with over 700 students from 26 schools, including home school groups and Herm and Alderney. Students ranged from 7-18 years old and took part in dinghy sailing on the pond or sea, keelboat sailing and powerboating.

3 GCFE students gained the Powerboat level 2 qualifications and one LMDC student gained his powerboat Level 1.

Community

In May the Guernsey Sailing Trust took 107 people out on the water during the Joint Discover Sailing Event with the Guernsey Yacht Club. Children sailed on the Model Yacht Pond and Keelboat Sailing and Powerboat tasters were enjoyed by all age groups.



The summer drop ins on the pond again provided affordable taster sessions every Saturday of the Summer Holidays. 298 children participated, many of whom attended multiple weeks.

The Guernsey Sailing Trust held a free after school club for school year 6 and

above, this proved popular and was lovely to see some of the youth games sailors sail on the sea and try their hand at powerboating for the first time as part of this club.

The Sailability Program continued to grow with 41 users this year. These were run as an after school club on the pond for children and as one to one or small groups for adults. We have worked closely with service providers, charities and individuals to schedule these sessions.

Performance

8 year old Alex from Le Rondin School continued sailing with us throughout 2021, attending after school clubs, open days and one to one sessions where he sailed a keelboat on the sea for the first time. His last on the water session of the year was in December.



Race coach and Dinghy Instructor Joe Walters entered the world of Foiling and is now a Provela Foiling Instructor. He was also selected to join the prestigious RYA Keelboat academy.

Luke Elliott finished the year with a race win at the winter national ranking event and along with Barney Watson and Oliver Trudgeon gained a place in the South Regional Training Groups. Jessica Watson and Lily Jones finished 8th in the RS Feva Fleet (double handed boat) at the Regional championships and were also invited to join the South Regional Training Group. - The highest training squad for under 15s

Workforce/Coach Education

In the Summer a full cohort of 6 candidates successfully passed their RYA Dinghy Sailing Instructors Course with a further 7 candidates passing their RYA Assistant Instructors Qualification.

Three instructors also retained their RYA Disability awareness Instructor Qualifications.

Future Plans

- Developing the after-school club to include more variety of watersports tasters
- New junior school after school club
- Continuing to grow the Sailability program.
- Become part of the social subscribing program and see more people enjoying being out on the water.
- A new team of youngsters competing off Island for the first time at national events.

Squash



- - www.guernseysquashandracketball.co.uk
- f GuernseySquashRacketball

@GuernseySquash

During 2021 we managed to complete our full on-island programme, although there were some delays. We were really hoping that our major events would be reinstated for 2021, however this was not the case.

Not having these events has hit the motivation of our performance players that would normally take part and has filtered through our system. We plan to have the Inter Insular (March 22) and European Team Championships (April 22) and hope this will reenergise our programme.

We did manage to run the Island Championships providing a good level of competition on island with numbers proving strong for these events.

Schools

2021 saw us work with an increased number of secondary schools providing squash at Beau Sejour for various year groups. Going forward we would like to do more work with primary schools.



There was an excellent turnout for our year 5 and 6 primary inter-schools festival with an increased number of teams taking part.

We are launching inter-schools events for older year groups in the near future. Our year 4 festival had a good number of players introduced to squash for the first time, with some players going on to join our junior clubs.

Community

This year we helped a number of community groups, introducing racketball to girl guide groups and Shiloh Youth Group. The family fun day provided us with a great opportunity to showcase our sport in the community and we gained a few leads. utmosť



We were able to provide racketball session to local companies which gives adults the opportunity to try a new sport. Our adult squash coaching and racketball mornings are still going strong and it's great to see several new faces getting involved.

Performance

Our Ogier Island Championships provided our highest level of competition this year and the standard was impressive throughout the squash, racketball and junior events.

Our Team Squash League had a longawaited restructure and has so far proved more competitive, and we are looking to increase the number of players involved.

Workforce/Coach Education

Most of our training courses were conducted online and while this is not ideal it does mean that our coaches have maintained or upgraded their qualifications. Increasing the number of coaches remains a priority for us as we look to enhance what we can offer as a sport.

Impact of Covid

The coronavirus pandemic is still having an impact on our sport. This is due to the uncertainties at Beau Sejour and caution from some players, meaning that although we are running a near normal programme, our numbers have dropped slightly.

The lockdown in 2021 caused the cancellation of our Inter Insular (March) and European Team Championships (April). We are really hoping that our major events will be reinstated for 2022,

this will give our performance players a boost which will filter through our system.

Future Plans

Looking for a new squash centre is high on our agenda, as this will enhance the events and activities we can provide at all levels.



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