



Annual Review

2022



**Guernsey
Sports
Commission**

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INTRODUCTION

Graham Chester, Director of Operations

With so much negative news going on in the world... "Thank goodness for sport!" Many of the highlights of our year, and no doubt many of yours', have been related to sport and Guernsey Sport in particular.

Baroness Sue Campbell stood at one of our Sporting Achievement Awards evenings a few years ago and said, "sport has the power to change lives". This is something we live and breathe every day at the Sports Commission and sport is needed as much today as it ever was, if not more so.

The positive impact that sport can have on our lives should never be underestimated and where we witness success, be it our own or that of others, we should never be afraid to celebrate it. The 'feelgood factor' that sport radiates within the Island is something that we can all share in.

Equally we know that our sports men and women, particularly those living away from home, are extremely grateful for the support that they get from back home. For many of them they have had to leave the island to continue their development and further their careers. However, we know they never leave for good and never lose their attachment to where it all began.

We know that, like us, many of our leading competitors are really looking forward to the NatWest Island Games on home soil in July and being able to perform in front of a totally biased home crowd that will be cheering them on every step of the way.

I would like to make a special mention to all our staff who, come rain or shine, are out in their trainers delivering across the community and particularly to those who need it most. The energy, enthusiasm and sheer 'can do' attitude is a joy to

witness and it's a privilege to work with them.

Our work in schools continues to develop as does our staff group. The range of work we are doing within schools spans;


- Curriculum delivery and curriculum development
- Extra-curricular clubs
- Motor skill interventions
- Supporting vulnerable children
- Targeting support through our vouchers scheme to ensure all children can take part in sport outside of school
- Working closely with sport specific development officers
- Promoting Youth Games and Island Games
- Playground games
- Water safety through our Outdoor and Adventure Sports development officer

Our closer working with schools has started to open doors for some of our staff and a number are now moving in to teaching careers having enjoyed their time in school so much.

We are also working closely with our friends in Alderney through St Anne's School and the Alderney Sports Foundation. For the first time children from Alderney will be part of the Specsavers Youth Games taking place later this year.

From a pupil perspective, the range of sporting opportunities available now, I would suggest, has never been greater. In conjunction with Education Services and the school heads we are continuing to explore ways of making the offer even better in the future. The progress over the past 4 years has been quite something.

Led by Steve Sharman, we have also continued to help with the broadening of



the secondary PE curriculum. This has meant opportunities like paddle boarding, petanque, judo, skateboarding and boxing

Our Street Sports programme continues to operate although it has been a challenge to re-engage with the older children, post covid, but the staff continue to play a vital role, particularly with the younger children. We are continuing to keep under review how we work with the community through our Street Sports programme.

We are now an established Coach Education Centre through 1st 4 sport, and we continue to build on the number of courses that we can offer on-Island. We are actively providing Level 1 and Level 2 coaching qualifications to students across the Sixth Form Centre, the secondary schools, and College of FE. By July a cohort of over 50 young people will have a coaching qualification, DBS, first aid certificate and safeguarding training allowing them to be part of our workforce going forwards.

Our SportsMark accreditation scheme continues to be rolled out to our member sports. We are greatly encouraged with progress to date and how sports have bought in. There is still plenty of work to do, however pace and the direction of travel is a positive one.

We continue to play our part in delivering Active 8, the Government Strategy for Sport. This year will be the third year of the ten-year strategy and decisions with regards to the funding of it going forwards will be made in the coming months.

Active 8 dovetails into the Sports Commission Action Plan which we reviewed and renewed early last year and is aligned to the Government Work Plan and the Education Strategy.

You can see our full Action Plan at <https://guernseysports.com/our-action-plan/2022-action-plan-update/>

These are just a few of our highlights of 2022, many of which are covered in greater detail within this Annual Review.

SCHOOL SPORT & PHYSICAL ACTIVITY

Jeremy Frith, Performance Director

School Sports Partnership

Primary Schools

Success comes in many forms and the hard work never stops.

In evaluating our year within schools, it is pleasing to be able to identify a wide range of success stories from those concerning individual children, to organisational successes and staff progress.



Starting with the staff. Firstly, a huge thank you to them all, without them success doesn't happen - they are our biggest asset.

We have grown to the point that means we now see a steady flow of people in and out of the organisation in a manner that we believe is extremely positive. Rarely would staff leaving be seen as a success, however, watching young people come into an organisation, grow, develop, and find new opportunities is a real privilege. For example, in 2022 we saw Steve Eulenkamp leave us to go back in to teaching with management responsibility for PE; Harry Barrett-Giles take some time out to travel before looking to pursue a career in primary teaching and one of our former interns, Tom Veillard, take up the role of PE Teacher at St Anne's in Alderney. These are all great achievements.

We were of course sad to say goodbye to Steph Batiste after almost 10 years with us. She did an amazing job at Amherst and has made such a difference to staff and pupils there as well as through her work overseeing our Street Sports programme. We also said goodbye and thank you to our placement students Kit Chapple and James Hancock who did such a great job in their peripatetic roles supporting schools and working with the GFC performance team.



Looking across all schools we continue to play an ever increasingly integral role around the delivery of education, particularly for some of our more vulnerable children and young people. Sport has the power to change lives, however helping those who really need support to access it is one of our challenges. This is a challenge we continue to make headway with, however there is still a long way to go.

We are supporting an ever-increasing number of children and young people on a 1:1 and small group basis, be that for children not attending school through to motor skill interventions in primary schools. Equally the team are continuing to make progress in supporting children and young people to access sporting opportunities outside of school and breaking down barriers for those that experience them.

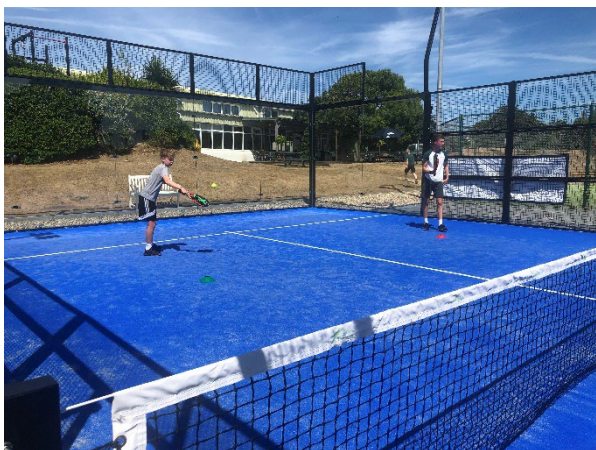
The work around extra-curricular clubs and within the curriculum continues to develop and grow in partnership with our schools whilst Lottie Evans continues to play an important strategic role



supporting the States Early Years Team and early years settings

Secondary Schools

2022 has seen the Guernsey Sports Commission support all secondary schools to deliver a wide range of pupil experiences across KS3, 4 and 5.



We have worked with the dedicated PE staff to curate and innovate within the curriculum but also in the margins before and after school and through lunchtime clubs. We have done this as a partnership ensuring that pupils can back up core fundamentals embedded at primary school with nurtured, fun, and interesting opportunities in over twenty different sports.

We have been cognisant of the individual nuances of each school and cohort and provided bespoke solutions for pupils who have found a traditional PE offer difficult to relate to. The pathway from school participation to belonging to a sports club are consistently and empathetically being explored and our coaches are becoming more adept at making those connections.

We are clear about why we are engaging with the Secondary Sector and whether it is the simple message that participating in sport is fun or the more complex use of sport as a vehicle to embed key life skills, 2022 has been successful on all fronts.

Alderney

In partnership with the Alderney Sports Foundation, we have now established a series of visits by Guernsey-based development officers to St Anne's with a

view to helping develop a greater sense of equity for children and young people in the Island. This will see development officers delivering within the curriculum, supporting preparations for the Specsavers Youth Games in 2023 and developing support packages for sports in the community.

Finally, a big thank you to colleagues within schools and Education Services. Without their continued support, both financial and strategic, we would not have made the progress we have.

Sports Vouchers

In September 2021 we introduced a new Sports Voucher scheme, funded through the Active 8 Sports Strategy, providing opportunities for children and young people to participate and enjoy sport where cost may be a barrier.

We issued 82 sports vouchers to children and young people during 2022 covering fees for sports such as football, boxing, gymnastics, trampolining, dance, netball, and hockey.



The aim of the Sports Voucher scheme is to ensure that every child and young person has equal access to opportunities to participate, compete and excel in sport, regardless of their socio-economic background.

Vouchers can be issued by any professional working with the child or young person e.g., teacher, learning support assistant, social worker, youth worker, GSC PE and Sport Development Officer etc.

The voucher covers the cost of subscription for one full season of the chosen sport. The sport or club must be a

member of the Guernsey Sports Commission.

Further details about the scheme are available on our [website](#).

Support from Ray Lowe Sporting Foundation and Lord's Taverners



LORD'S TAVERNERS
Empowering young people through cricket

At the end of 2021, the Ray Lowe Sporting Foundation and Lord's Taverners hosted a dinner to raise funds to support vulnerable children and young people to access sport and physical activity.

More than £20,000 was raised at the event providing funding to the Sports Commission to support our work over the next 3 years.

During 2022 we have used the money to help fund:

- 1:1 sport taster experiences for children and young people identified as 'at risk' in conjunction with HSC
- Series of disability taster sessions for 11–18-year-olds during the summer holidays (Padel, Table Tennis, Football, Bowls, Sailing)
- Surfing lesson for a group of children identified by Family Services
- Purchase of football/boxing kits for a number of children issued with sports vouchers
- 'Have a Go' climbing and athletics sessions for children and young people with visual impairments



We are planning to continue this work during 2023. Specifically, we are going to:

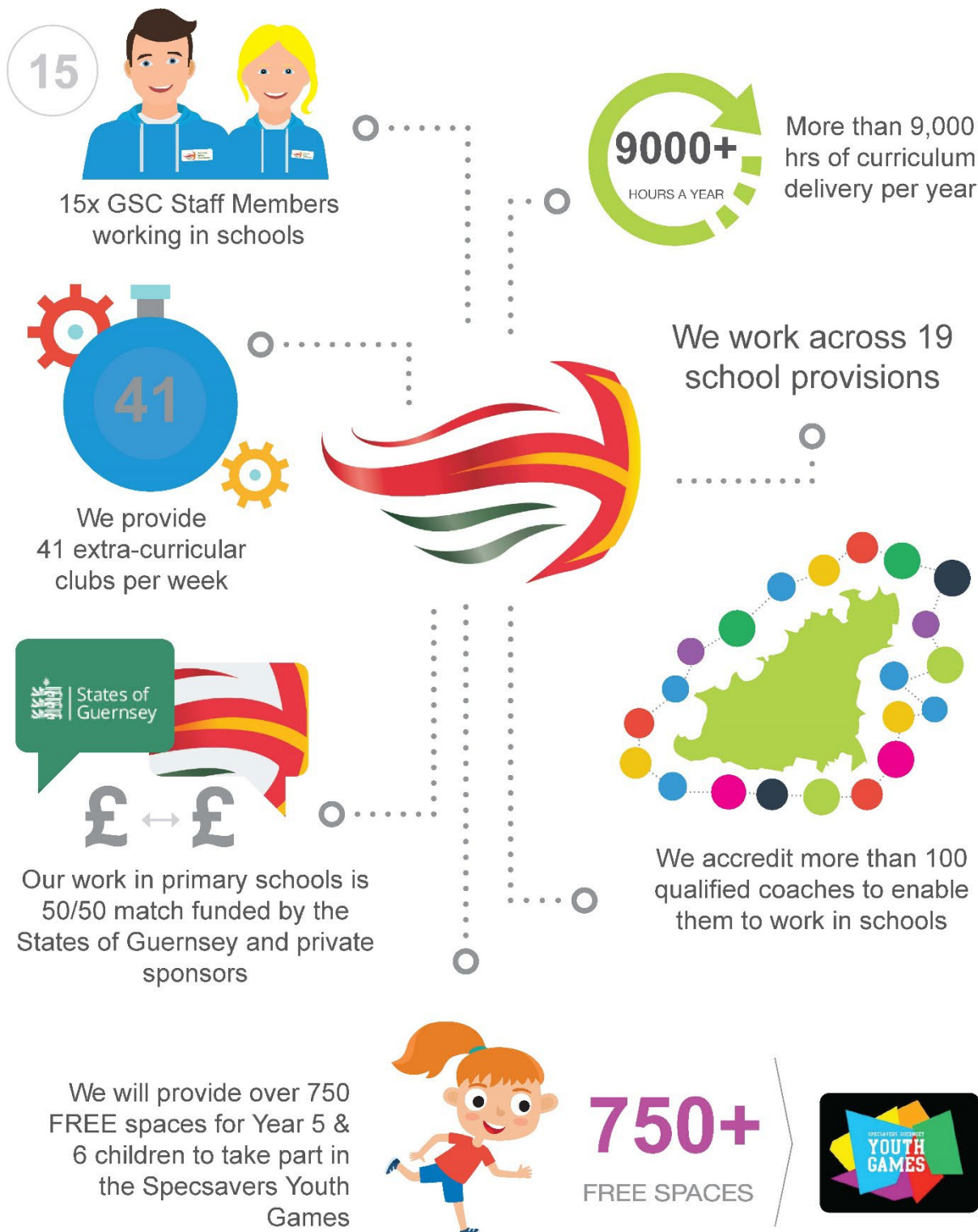
- Provide 1:1 support for children with additional needs to attend our On Your Marks holiday programme
- Expand 1:1 support for children and young people 'at risk'
- Expand range of disability taster sessions during holidays
- Support more requests for help with sports kit/equipment





Guernsey
Sports
Commission

School Sports Partnership





LEADERSHIP & GOVERNANCE

Steve Sharman, Relationship Director

Improving governance within sport continues to be an important focus for the Commission. Through my appointment as Relationship Director, we have a direct link into member sports, helping them to understand why they exist and how they fit into the overall sports pathway as well as supporting them to become the best they can be.

A key part of improving governance in sport has been the establishment of our SportsMark accreditation scheme, launched in 2021.

To achieve the accreditation sports must provide evidence that they:

- Are safe with high standards of safeguarding and welfare
- Are well run
- Have fit for purpose corporate governance
- Have appropriately qualified coaches
- Have sound financial practices
- Have a Development Plan in place

As at the end of 2022, 31 member sports have now achieved the SportsMark accreditation, and we remain on track for most members to achieve the quality assurance mark within 3 years of its launch.



Outside of SportsMark we have been working with individual clubs and local sporting governing bodies to create sustainable new structures and governance to support the continued

growth and/or improve the management of that sport.

We have spent a lot of time over the last year supporting netball and fencing as well as carrying out detailed reviews of boxing and junior golf. A review of snooker is due to begin in the new year. These reviews give us the opportunity to take a deep dive into some of our existing sporting organisations and help them re-focus their activities, take a close look at their governance structure, and make any necessary changes – with our support of course.

Challenges remain though. Sport continues to struggle to attract board members of sufficient high calibre to lead some of our clubs and organisations.

We are grateful to Source Recruitment for their initiative to advertise volunteering opportunities for free on their website alongside promoting the value of volunteering. This will help raise the profile of opportunities to support the good governance of sport.

<https://www.source.gg/jobs/volunteering>

Safeguarding remains a high priority workstream and one that takes up a significant amount of senior management time, guiding and supporting our sporting organisations.

We continue to provide regular Safeguarding training sessions specific to the sporting context and have also delivered bespoke sessions to upskill groups from individual sports.

We are grateful to the Guernsey Registry for providing free drop-ins and presentations explaining the requirements of the new Charities Law and helping us ensure sports organisations know what their obligations are. We will be holding more information briefings at the start of 2023.

In terms of our own governance, the Sports Commission has been working on a new business plan to try to secure a long-term funding agreement with the States of Guernsey to ensure the sustainability of our work and the continued ability to leverage private sponsorship in support of local sport.



FACILITIES

Is good to see there's continued private investment in developing sports facilities during 2022 – there's the new Aztech Soccer School at Hougue du Pommier, the Guernsey Padel club at Longcamps is continuing to invest in new courts, the GFA's development down at Victoria Avenue hopefully due to begin shortly and Elizabeth College also continue to look at developing their sports facilities.

There's been a change in the way sports clubs can book school sports facilities with the role now being centralised. We are still aware of some frustrations with slow responses to booking requests but we're hoping this will improve in time.

Unfortunately, we are still waiting for an update on the recommendations we brought to the Committee for Education Sport & Culture as part of our Facilities Review published in 2021.

We will continue to work with the States of Guernsey to ensure sports facilities remain accessible and affordable for all.

One of the challenges that continues to remain is the inequity in sports facilities at our schools – for example Notre Dame not having a swimming pool and limited outdoor space, Vauvert's pool not being suitable for older children. We are talking to Education about carrying out a full review of aquatics provision – to include water safety and sea swimming as well as swim teaching and pool provision

GRANTS AND FUNDING

The Active 8 Plan for Sport has been a big catalyst for change in the way that Government supports sport here in Guernsey. For the first time we have some clear, concise objectives which have the political support needed to continue to drive change.

Active 8 is a ten-year plan but only 3 years of funding was agreed by the

States and this runs out in 2023 after decreasing year on year.

We have been working on a business case for 2024 onwards with the aim of creating a sustainable funding model to allow the Commission to continue our work.

We have seen an upsurge in applications to our Sports Development Fund to support off-island competitions and training following two years of very limited travel. Unfortunately, the funding available to support individual sportspeople and our member sports in this way remains limited and so we are unable to provide as much support as we would like in this area.

We have been successful in attracting new corporate sponsors – particularly for Netball and Padel – but as always this remains difficult in the current financial climate.

The Sports Commission relies on a significant amount of private sponsorship to support our work and whilst we are grateful to all those who give so generously, it remains challenging to attract the sustainable levels of funding we need.

WORKFORCE DEVELOPMENT

Great strides have been made over recent years in developing opportunities for the local community to access qualifications and workshops on Island which has created greater flexibility as well as cost saving opportunities for everyone.



Initially this has been achieved through our partnership with UK Coaching however in 2022 the Guernsey Sports Commission established itself as a qualifications centre for 1st4Sport (aligned with Ofqual). This new partnership alongside our arrangement with UK Coaching will see us able to deliver an increased number of qualifications to the local community. Importantly it will allow us to be able to support the entire process of taking someone from having no relevant sport qualifications to having everything they need to deliver coaching sessions as a qualified lead coach.



We are delighted to welcome Steve Melbourne to the team on a part-time

basis. Steve is a hugely experienced coach developer with a wide range of skills and is well respected within the local community. Steve will oversee our 1st4Sport centre and work with GSC to develop tutors, arrange courses and further develop our qualification portfolio.



We have already made significant progress in delivering our own Level 3 1st Aid at Work courses. Financially supported by the Education Department we are also starting our first coach development programme in schools with the establishment of a programme with year 12 students at the sixth form centre. Our hope is that over 120 students across the Island are qualified as coaches by the end of the academic year as the programme extends across the high schools.

Coach Portal



Working in partnership with Resolution IT we have also developed an online portal for local coaches to demonstrate to the public, headteachers and heads of services that they have all the necessary checks and qualifications to lead activity in schools and sporting settings.

This work is helping to make our operation safer, more efficient and reliable to ensure the public can have every confidence in what we provide.

<https://guernseysports.com/support/about-our-coach-portal/>

Workshops

We ran 22 courses during 2022 with 277 people attending.

Workshop (number of sessions)	Number attended
Safeguarding x 11	140
First Aid x 6	70
How to Coach the Fundamentals of Movement	22
Safeguarding for Young Volunteers	17
Time to Listen (for Welfare Officers)	6
Multi-Skills Level 2 x 2	22

We are also working closely with Guernsey Registry to ensure sports clubs and organisations are aware of their responsibilities under the new Charities Law. Further workshops and drop-ins will be held early in 2023.

There is still a great deal more we can do to support the qualification and CPD requirement of not only our coaches but of all those who volunteer, officiate, and administrate our local sport.

We also co-hosted a special one-off workshop on how to support someone who has experienced a head injury. Olympic and Commonwealth gold medallist and GB hockey star Shona McCallin visited the island and shared her own experience of the impact of and her recovery from a concussion. The event was well attended and was delivered in association with Headway and Guernsey Hockey.



The poster features a smiling woman, Shona McCallin, wearing a white and blue GB hockey jersey with 'BRITAIN' and 'adidas' logos. To her left is a dark grey box containing the following text:

Guernsey Sports Commission

Sports Coach Workshop

Sat 10th Sep, 2.30 - 4.00pm
Beau Sejour, Saumarez Room

GB hockey star Shona McCallin raises awareness of concussion in sport through her own lived experience

In conjunction with Guernsey Hockey and Headway Guernsey

Book your FREE space at info@guernseysports.com

Logos for Guernsey Sports Commission, Guernsey Hockey, and Headway Guernsey are also present.

COMMUNITY SPORTS

On Your Marks

David Harfield, PE & Sport Development Officer with responsibility for OYM

We have seen significant growth for the On Your Marks (OYM) holiday programme, with 736 individual children attending the programme in 2022 - up over 27% on the previous year's total of 534. Whilst it has grown, it has also been a time to consolidate and build on the good work from the previous year. The core aims of providing opportunities to experience sports and physical activities in a safe, inclusive, and fun way have remained pivotal to the ethos of OYM.



The booking and payment system has worked much better this year, resulting in higher attendance and fewer payments having to be chased up. There is still scope to identify more children who would benefit from attending, but where cost may be a barrier, either through contact with parents directly, or through discussions with the school the children attend.

Having used St Sampson's High School as our base for the Summer in 2021 we were unable to book the facility again until this summer (2022) so used this opportunity to look at where, how and who we delivered the On Your Marks Programme to help us better understand the needs of the community.

With Covid restrictions all but lifted, we used the Grammar School for February

half term and Easter holidays, hiring out the gym as well as the sports hall at Easter to offer the younger year groups (Reception to Year 2) greater opportunities to access OYM. Having discussed what we offered with parents whose children attended the activity, they felt both children and families would benefit from longer sessions and encouraging participation.

It was evident that more staff would be required if we were to successfully expand the programme to the younger age groups, so we looked at further ways of recruiting new staff. We created links with the Sixth Form Centre and the College of Further Education, helping to provide opportunities for young adults to gain experience and potential employment in the sports industry. From this, several students volunteered over the holidays, and some have now been offered part-time positions as coaches within the OYM programme.

As well as advertising locally, we also directly targeted University students from Guernsey who are studying sports-related degrees. This proved to be a useful avenue, leading to the employment of 3 students.

For May half term we were keen to explore and try different venues, and KGV kindly offered their facilities, allowing an opportunity for a different range of sports to be experienced and allowing sports such as Cricket and Volleyball to use the venue that they also use for their extra-curricular clubs. This proved successful for what we offered, but KGV unfortunately lacks the indoor space required in the case of bad weather. We know that it's important that our offer is consistent so parents can plan work and childcare accordingly.



As the summer approached, it became clear that we had the required staff to expand on what we have previously offered and the decision was taken to offer Reception to Year 2 a three-hour slot, three times a week. The response was immediate, with the allocated slots being filled in the first week. In the face of such high demand, we were then able to secure the other two days each week, holding these sessions for referrals who hadn't been able to book in time at the start.

These sessions were held in a different part of the school and concentrated on Fundamental Movement Skills, helping the children to be confident in their surroundings and providing the staff with a secure space for the younger age group to thrive and feel comfortable.

Children in Years 3 to 6 were offered a multi-sports experience each day, starting with structured free play, where children were given the choice of several activities such as Tag and Parachute games and circus skills amongst others. Following this, we then provided a rotation of different sports over each day and the week. These were provided by GSC coaching staff and Sports Specific Development Officers who joined us at St Sampson's.



We were aware that activities for secondary aged pupils had previously been poorly attended, so this year we provided sports specific activities for Years 5 to 9, inviting the students to attend the facilities that these sports generally operate from. Sailing, Rugby, and Athletics were just some of the sports

that offered this. In trying to build on the sporting pathways and support sports without sufficient coaching resources, GSC were able to offer staff to assist with two weekly afternoon camps for Netball and Hockey. These camps offered further opportunities for the development of our staff and provided an exciting experience for the children to develop their skills in more depth.

For a small Island, it can still be hard for some children to get to venues that are not close to where they live, so this summer we were delighted to secure a sponsor to offer a daily minibus service from St Martin's School to OYM and back again. Initially, we looked to target specific children who would not have been able to attend for financial or logistical reasons by working with the schools SENCo. It was also felt that removing the barrier of transport for some families offered some stability to those who might otherwise be left to their own devices throughout the summer and help ease the return to school in the Autumn.

Waitrose were also kind enough to offer a sum of money to purchase healthy food for the programme. It was decided we would offer a weekly fruit break on a Wednesday, providing a variety of healthy fruit that children might not always have access to, which proved to be extremely popular.



These fruit days also coincided with the Youth Commission linking in with what

we offered, bringing small groups of children from their holiday Playscheme down one morning each week, so that they too could enjoy some of the activities we provided. We were also able to send two members of our team to the Youth Commission over several afternoons to deliver sporting activities to those still at their centre. There is much to work on here, but it is encouraging to think that these two organisations may be able to work together more in the future.



Building relationships is the key to the future, whether it be with the Youth Commission, States Facility hire, sponsors or the Sports themselves. This last year has given us a glimpse of what might be achieved in the future.

We now have sufficient space available at St Sampson's and a healthy level of staffing to increase the numbers of children able to attend OYM. We want to continue to focus on helping families in need to access the holiday programme - these were up slightly from 115 children in 2021, to 124 spaces allocated this year, demonstrating the need that is required and the importance of what we were able to offer.

We have also made good links with Social Services, placing a number of children and young people who require more specific attention into the OYM programme, helping them integrate and develop their social skills, build confidence and resilience with one-to-one support, if required.

Building for the future

As we have developed the structure of the holiday club, we have had to increase the number of staff working. As a direct result, GSC have now employed three members of staff who worked over the summer, as well as offering an opportunity for the GSC internship students to gain experience.

As we develop the skills of the staff, it would be beneficial if we look at the facilities that are available across the island and provide opportunities to access additional activities at venues such as swimming pools, beaches and climbing walls. Staff CPD and specific recruitment may be required for us to be able to offer these activities.

Further discussions with the Sports Specific Development Officers about linking their summer camps, in with using our staff are a good way to establish and grow the links between the Commission and sports. It's also an opportunity to develop our staff member's knowledge about individual sports, as well as allowing more children to participate.

It's important to recognise that this year's expanded programme came at significant financial cost to the Sports Commission and ways to make OYM financially sustainable needed to be explored. We want to guard against having to increase the cost of participation which would cause a detrimental impact on those who would not be able to engage in sports otherwise. The programme goes beyond the physical aspect and undoubtedly helps with the children's mental health, providing stability and consistency over prolonged school absence in the summer and easing the reintegration into school in the Autumn.



We are delighted to confirm that we have been successful in securing a grant from the Social Investment Fund which will support the running of On Your Marks for the next three years, allowing us to continue to develop and expand the programme.

Although many children have accessed OYM over the years, there is much more that we could do to reach those who haven't or can't. The use of primary school sites as sporting hubs to reach local areas is a realistic option, something we trialled at La Houquette pre-pandemic. To achieve this, we need to expand our recruitment, increase training to staff who work in these schools and target children and families to attend these sessions.



Overall, we believe the On Your Marks Holiday programme looks in a strong position to adapt to whatever 2023 brings as it has done so over the last couple of years and will continue to be the successful and valued service it is.

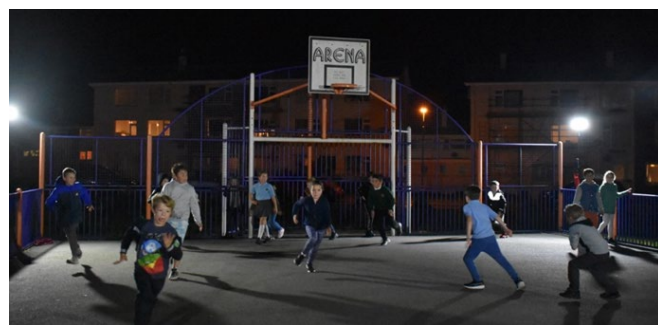
Street Sports

Josh Smith, PE & Sport Development Officer with responsibility for Street Sports



In 2022 the Street Sports programme has had an up and down year.

The programme that takes place at Les Genats Estate allows children to participate in sport and build relationships with others in a safe, fun environment. Over the year we have seen the continued success of the under 11 session that takes place on a Thursday night, but we have also seen the decline of the 11-18 programme that takes place on a Tuesday.



Regrettably our sessions for older students have suffered from a lack of attendance. The Street Sports team has worked tirelessly and explored ways to try to increase numbers through promoting on social media, leaflet drops, advertisements, surveys, and through external sources, but unfortunately this session still sees low numbers heading into the final month of year. The continuation of this programme will now be reviewed with the possibility of offering sports sessions in another part of the island.

However, our Thursday night under-11 programme continues to thrive with consistent numbers. We also welcome any newcomers that fall into the specific age bracket. Thursday night Street Sport sessions give children a safe space, knowing that we provide a supervised play environment where any form of bullying will not be tolerated. This session

is also accessible for most participants as the sports court on the estate is within walking distance.



Thanks to sponsorship from the Sarah Groves Foundation, fresh fruit is provided during the session for children to help them understand the benefits of a healthy and active lifestyle. A member of the Street Sports team commented: "It is surprising how many children have never tried some of the fruit we offer before".

The Sports Commission sees this as a real positive for children to try a variety of fruit and we encourage the children to take home any left over after the session is finished to share with siblings and parents.

The sessions that have taken place in 2022 have been described as noisy but filled with laughter and competitiveness when appropriate but reminding the children of key ethos of playing fairly. A Street Sports worker also highlighted that "we as a team are also very conscious of providing appropriate support to any child who appears to be struggling and can give lots of encouragement or a friendly listening ear when needed".

Friday night sessions restarted alongside the new academic school year in September 2022. These sessions were designed to allow children the opportunity to play sport at Beau Sejour Leisure Centre. Unfortunately, this programme also suffered from lack of children attending. We took the decision to stop our Friday night programme due to the cost of hiring the hall along with the low

numbers. This session will also be reviewed in the New Year.

Recently it has been confirmed by The States of Guernsey Committee for Employment & Social Security that there will be a redevelopment of Les Genats housing estate where we currently host our Street Sports sessions. The States of Guernsey has described the current layout of the estate as extremely outdated and does not align with modern day design planning. One of the places highlighted within the housing estate was the 'games area' which was identified as redundant. The Sports Commission is extremely disappointed by the plan to remove this area and will be lobbying the Committee to rethink its proposals. Removing this area will not only stop the access to our Street Sports sessions but also remove the encouragement for children to play sport within their own social time. There is a wealth of evidence highlighting the positive effects of outdoor play areas and how they contribute to healthy, active lifestyles, provide a safe place for children to release any stress or worries and act as a distraction from any anti-social behaviour and difficult home lives.



Case Studies

Participant A has been attending Street Sport sessions for many years. This individual has grown in confidence since we first saw him attend the session. He interacts well with members of staff and the other children every Thursday night. He is always polite and regularly helps the staff set up and pack away equipment from activities. Alongside his politeness this individual is always keen to take part in a variety of activities that we offer on

and is keen to learn new skills even if he finds the sport challenging. When this child isn't involved in the activity itself which is rare, he is always keen to help referee or help the staff where he can. In summary, the team think that this child is a key member of the club, in which he spreads positivity among others, and it is a pleasure to have him at street sport sessions. We hope that he continues to attend these sessions in the future.

Participant B attends the Thursday night Street Sport sessions at Les Genats. This individual has grown in personality and confidence since joining the club. This child is still deemed as shy but is consistently polite and always offers his help to staff. At first, he did not like activities that involved large groups and would regularly take part in games in a smaller setting. During his time in Street Sports he has developed relationships with others in which he has grown in confidence and is now able to interact positively within bigger groups. The Street Sports team has seen the benefits and impacts of these sessions on this individual and hopes that they keep regularly attending in the future.

Utmost Community Sport Fun Day

This year's Utmost Community Sport Fun Day was arguably the best yet with 21 different sports from boxing and badminton to skateboarding and sailing taking over Saumarez Park on 3rd September.

The event is all about showcasing sporting opportunities for the whole community giving them the chance to come along and give them a try. The sports are encouraged to share information about how people can carry on with the sport or join one of the sports clubs.



To have so many different sports in the same place at the same time sends a powerful message that Guernsey is a great place to get involved in these activities, whether playing, officiating, coaching, or volunteering.



One of the highlights of the day was the first ever Mascot Challenge with GFC's Roary the Lion, Guernsey Rugby's Rocky the Raider, Owlzat from Guernsey Cricket, Darcy the Donkey representing the Guernsey Island Games Association and Vern the Wyvern from Butterfield

Bank completing a fun obstacle course to see who would be crowned top Mascot!



After a quick warm up, the larger-than-life characters went head-to-head over the hurdles and around the cones, doing star jumps and sprinting to the finish. Despite some slightly underhand tactics and a couple of false starts, the final saw Roary just pip his rival Rocky to the post to be crowned the first ever Mascot champion.

The event also provided the opportunity for the public to hear from some of the stars of Team Guernsey following their inspirational performances at the Birmingham Commonwealth Games.

Silver medallist and bowls star Lucy Beere was joined on stage by boxer Billy Le Poullain and sprinter Abi Galpin as they shared some insights into what it means to represent Guernsey on the global sporting stage.



The Utmost Community Fun Day has become an established event on the Guernsey events calendar, and we are looking forward to hosting it again in 2023.

Girls Get Active Convention

Around 60 Year 9 girls from four Guernsey secondary schools took part in a full day of fun sport and physical activity

in June as part of the Guernsey Sports Commission's Girls Get Active convention.



There's a wealth of evidence that shows that teenage girls are disengaging with sport and physical activity. There are lots of reasons for this including self-belief, capability, and body image and yet we know that being active and taking part in sport has a positive impact on both mental and physical health.

The girls took part in a range of activities all led by inspirational female coaches including boxing, dance, cricket, yoga, home workouts and strength and conditioning exercises using netballs.



It was a really enjoyable day with lots of excellent feedback which will help inform the Sports Commission's ongoing discussions with schools and sports clubs about how to encourage teenage girls to remain active and enjoy sport.

All bar one of the girls who completed the feedback forms agreed or strongly agreed that they enjoyed participating in the activities with around two thirds

saying they found an activity they would like to try again.



The day also featured a discussion session where the girls responded to a number of questions about what age they were when they were most physically active and what sports they did at the time, along with asking them to think about what schools could either stop doing, or do more of, to make physical activity more enjoyable.

It was interesting to note that a lot of the girls felt that boys were given priority in sport at school and appeared to have more options to choose from.

Girls wanted to do the same sports as boys, but not necessarily playing alongside them and there were some comments about wanting 'girls only' PE lessons or activities.



They wanted a greater variety of sports to try and wanted it to be fun, to pick their own teams and be able to choose the sports they did.'

The girls also came up with a number of suggestions for new after school sports clubs although many of them said they struggled to find time to take part in physical activity, found transport difficult

or expensive and would like to go to clubs with their friends.

Enjoyment and improving motivation and self-confidence were definitely two of the key drivers for being more active, according to feedback from those who took part.



It was great to read that the girls were proud of taking part and trying all the activities on offer. They enjoyed a healthy lunch and really appreciated the goodie bag of treats they were all given thanks to our amazing sponsors, Sovereign Group, Investec, Ogier and the Sarah Groves Foundation.

GUERNSEY INSTITUTE OF SPORT

Dan Guillemette & Dr Conor Osborough



GiS 2022 Overview

In 2022, the Guernsey Institute of Sport ('GiS') continued to build on the foundations it laid during previous years, working with a select group of athletes both within the Bailiwick and off-island. During 2022, the GiS undertook the following:

Guernsey Elite Athlete Support

Providing sport science and medical support to our elite-level sports performers, both on- and off-island, including to professionals and performers in the lead up to the Commonwealth Games, held in Birmingham during the summer. Athletes include Cameron and Alastair Chalmers, Sam Culverwell, Maya Le Tissier, Seb Priaulx, Charlie-Joe Hallett and Thierry Le Cheminant. This work has been on-going during the year with coordination and implementation of support services to our institute athletes, including medical and sports science interventions. As part of this work, two athletes were nominated and selected for grant support via SportAid in 2022 and again going forward into 2023.

Additionally, we continue to identify those who could make up the next generation of potential athletes via a talent identification programme, for example, those who fit the profile of the GiS and would benefit from the GiS support services in the mid- to long-term. This work has been on-going during the year with support given to those athletes and their parents, with regards to training and

competition advice and how to best fit these with their educational studies.

TASS (Talented Athlete Scholarship Scheme) Research Project


Participating in and contributing to a national-level project, with researchers at Liverpool John Moores University, that aimed to improve our understanding of best practice for athlete progression from an initial island-base to a national pathway and/or to professional sport. The research project successfully completed during 2022 with several recommendations regarding best practice resulting from it. Work has started to implement the most relevant of these within the set-up of the GiS for the benefit of Guernsey athletes.

Commonwealth Sport Foundation (Games Changers Grant)

Following the successful application for a funding grant from the Commonwealth Games Federation in 2021, work was undertaken this year to identify functional groupings related to para-sport classification groups. Leading up to the Birmingham Commonwealth Games several taster sessions were run, with the aim to identify and develop para-sport athletes and further their participation in sport. We now have three Guernsey individuals who have IPC (International Paralympic Committee) classification.

Dartfish

To underpin the performance analysis support that the GiS offers and provide a virtual platform for athletes and coaches, an annual subscription for Dartfish analysis software and its associated Dartfish TV channel was purchased in 2022. The software and channel allow support staff to provide detailed performance analysis for both teams and individuals (e.g., match, tactical and technical) and aids communication. During the year, the Commission's intern students overseen by the GiS supported the Guernsey Football Club by using Dartfish to analyse matches and load the associated video clips and analysis to Dartfish TV. The Dartfish software and



virtual platform will be utilised further in 2023 and will be a useful tool during the Island Games.

Enhancing Links and Engaging with Stakeholders

Proactively working to strengthen the links with both the Guernsey Island Games Association (GIGA) and the Guernsey Commonwealth Games Association (GCGA), as well as selected National Sporting Bodies both on- and off-island. This has helped to raise the profile of the GiS and the athletes that it supports. Additionally, the GiS oversaw the delivery of a performance analysis project using the Dartfish software and channel with Guernsey Football Club utilising the Commission's intern students.

Business Plan Development

Furthering the work from 2021, work continued in 2022 regarding the development of a business plan for the GiS. Its current infrastructure allows it to move forward dynamically with a flexible approach to various projects and introducing new athletes into the programme. Funding opportunities with potential partners continue to be explored.

Other projects:

- Acting in an advisory role in the potential development of a Guernsey-based sports degree programme.
- Following a meeting with the GCGA, the GiS will be undertaking a review during 2023 on the 2022 Commonwealth Games, auditing performance support.

COMMUNICATION & ENGAGEMENT

Nicky Will, Director of Communications

We continued to build on raising our profile within the community, celebrating our achievements, and ensuring our member sports were kept up to speed with developments across local sport.

Community Awards – Organising Committee of the Year

The Guernsey Sports Commission was delighted to be announced as winners of the Guernsey Community Foundation Award for Organising Committee of the Year for the 2021 Specsavers Youth Games.

The Awards finally went ahead in May 2022 following a number of cancellations due to Covid.

The Commission was one of three organisations shortlisted for the Award along with the Guernsey Street Festival and Women in Public Life.

The Award was sponsored by Julius Baer.



We were delighted to be recognised for the organisation of the Specsavers Youth Games which was once again an outstanding success in 2021.

The logistics involved in organising an event where 700 children take part in 20

different sports, attending training sessions in the run up to Games Day and then competing in the final competition are extremely challenging. We simply could not do this without the support of all our sports and their many volunteers plus of course the continued sponsorship from Specsavers who have been with us from the very start.

Four Islands Meet


Sports representatives from the four islands of Guernsey, Jersey, the Isle of Man, and Isle of Wight met in Guernsey in July to share good practice, discuss current challenges, and promote close working relationships between the jurisdictions.

This was the first time the annual get together has happened since 2019 as the previous meetings had to be cancelled due to Covid.



Each island was able to suggest agenda items which included developing a new PE curriculum, support for sport, the need to review swimming pool provision, ideas for targeting hard to reach groups and how the islands support performance athletes.

Spiralling energy costs and the maintenance of ageing swimming pools attracted detailed discussion with all islands facing challenges in continued provision and considering whether to review existing facilities. Community and political opposition to closing inefficient and costly facilities was recognised as being a barrier to addressing future provision.



The islands shared the way they support performance athletes, acknowledging that it was difficult to provide the level of expert input required for elite level performers and balance this against helping young athletes be the best they can be.

It's hoped to organise further meetings in future.

TASS Research

Talented islanders chasing their sporting dreams could benefit from a far-reaching study focusing on athlete transitions which was published in July.

The research looked at the experiences of young athletes from Guernsey, Jersey and the Isle of Man moving off-island in a bid to boost their sporting careers.

The Talented Athlete Scholarship Scheme (TASS) undertook the Small Island Athlete Migration research in order to explore the decision-making processes and experiences of those athletes from Jersey, Guernsey and the Isle of Man who migrate off island.

Many of those questioned combined their sport with education, employment or both and detailed athlete surveys sought to identify common concerns and address familiar challenges.

The final report discussed the different routes taken by athletes and identified the push and pull factors influencing decisions to transition off-island or to continue to benefit from traditionally strong on-island support networks.

Key findings revealed that the chance to study at university, access elite sport infrastructures, benefit from a less stressful travel schedule and enjoy new life experiences all contributed to a desire to move off island.

However, the opportunity to access established on-island support programmes, remain with a trusted coach, save money, and retain a familiar routine were all factors when athletes considered delaying a move to the mainland, Europe or beyond.

The findings of this research project will help to inform the way in which the Guernsey Sports Commission through the Guernsey Institute of Sport supports and guides individuals onto National Performance or Professional Sport Pathways going forward.

You can read the full report at <https://www.tass.gov.uk/resource/small-island-athlete-migration/>

Volunteers Week




We hosted a special afternoon tea to say thank you to those who volunteer in sport.

The event, held on the Legends' Terrace at KGV on Wednesday 1st June, marked the start of National Volunteers' Week.

Sport in Guernsey simply wouldn't happen if it wasn't for volunteers. From coaches to marshals, welfare officers to official scorers, many hours go into making local sport the safe, enjoyable experience it is for so many islanders and we just wanted the chance to say a big thank you.



As part of the event, we also launched an online survey to help find out more about how volunteers in sport feel, what support they already receive and what additional training or support they would welcome.



We will continue to use this data to help us plan how we can continue to support our sport volunteers.

Pride in Sport

The Guernsey Sports Commission once again supported the annual Pride in Sport campaign to promote the inclusion of LGBTQ+ athletes, coaches, volunteers, and spectators by wearing rainbow laces and sweatbands.



There is such a love of sport in Guernsey, whether that's taking part in it or spectating, it's important to foster a culture where everybody regardless of ability, race, age, gender, or sexuality can enjoy sport and feel a shared sense of belonging.

The annual Pride in Sport campaign serves as a reminder to all sports to work hard at being as inclusive as possible.

Meet the Stars of Team Guernsey

Members of the public had the chance to be inspired by some of the stars of Guernsey's Commonwealth Games Team at the Guernsey Sports Commission's Utmost Community Sports Fun Day in September.



Silver medallist and bowls star Lucy Beere was joined on stage by boxer Billy

Le Poullain and sprinter Abi Galpin to share some of their experiences competing in Birmingham. They also spoke about how their sporting journeys began and what motivated them to be successful.

The event was well supported with a good crowd of well-wishers celebrating the success of Team Guernsey.

Active 8 Plan for Sport

We continued to support the over-arching objectives of the States of Guernsey Active 8 Plan for Sport through delivering our Action Plan.

Our updated Plan can be found at <https://guernseysports.com/our-action-plan/2022-action-plan-update/>

Working Together

We continue to work closely with colleagues at the Health Improvement Commission as well as those at Education Services, Health & Social Services, Policy & Resources and Sport & Recreation Services.

Newsletters, website, and social media

We've continued to send out regular newsletters to our member sports and mailing lists as well as publishing updates, events and news stories on our website and promoting these to our ever-growing followers on social media.

Media

We maintained excellent relationships with our local media during 2022 being regularly interviewed and acting as a voice for sport.

Our staff have also regularly featured on the Guernsey Press Sports Podcast.

Active Travel

The Sports Commission joined the e-bike revolution thanks to sponsorship from local company Strategic Risk Solutions. The Commission now has three e-bikes for staff to use to get to and from schools and other extra-curricular sports activities.

Sporting Achievement Awards

Wow what a night! The 2022 Sporting Achievement Awards were a real celebration of a bumper year of Guernsey sport showing the breadth and depth of talent on the island.

From the Commonwealth Games in Birmingham to the Football Championship; from the shooting ranges at Bisley to the grass wickets in Guernsey, trophies were awarded to a broad cross section of sports by our special guest His Excellency, the Lieutenant Governor Richard Cripwell.



The top award of the night, the Guernsey Sports Commission Trophy for the Outstanding Performer of the Year was awarded to Bristol City star Alex Scott whose star has continued to rise during 2022. Dubbed the Guernsey Grealish, Scott is now in this third season at the Robins with Premier League football and further England caps surely only a matter of time.



Top sportswomen of the year and winner of the Guernsey Brewery Salver was Lucy Beere MBE for her stunning performance at the Commonwealth Games winning a hard-fought silver medal – the first Guernsey athlete for nearly three decades to stand on a Commonwealth podium.



Her Team Guernsey colleague Alastair Chalmers was awarded the Richard Burton Salver for the outstanding individual sporting achievement of the year by a sportsman. After producing his fastest season opener ever in April, Ala ran an exceptional 48.88second Island record at the World Athletics Challenger meet in Belgium in May, won a third straight British title in June, and represented Great Britain at the World

Championships in Oregon in July. But the best was yet to come. 22-year-old Chalmers made history by becoming the first Sarnian to win a medal in the sport of athletics – he came storming back from Covid to snatch bronze in the 400m hurdles.



Top young sportsperson of the year was golfer Ollie Chedhomme following a tremendous year becoming the first Guernsey player to win the Hampshire Boys Championship since Peter Wilcox in 1978.



The Beau Sejour Trophy for the outstanding team performance by a team of under 18s was awarded to the Guernsey Cricket Under 17 team for their fantastic run in the ICC Under-19 Cricket

World Cup European Division 2 Qualified played on home soil in July. Although they narrowly missed out to Italy in the final their hard-fought win over Norway in the semi-final saw them win promotion to Division 1.



Guernsey Cricket also took home the Sports and Nautical Events Shield for their hosting of the World Cup qualifier event.

The Sports Commission Small Team trophy was awarded to the Ladies Commonwealth Games Swimming Relay Team of Orla Rabey, Tatiana Tostevin, Laura Le Cras and Molly Staples who qualified for the finals of both the 4 x 100m freestyle and medley relays. Up against the big swimming nations the girls finished in 7th and 6th respectively setting new Island records in the process.

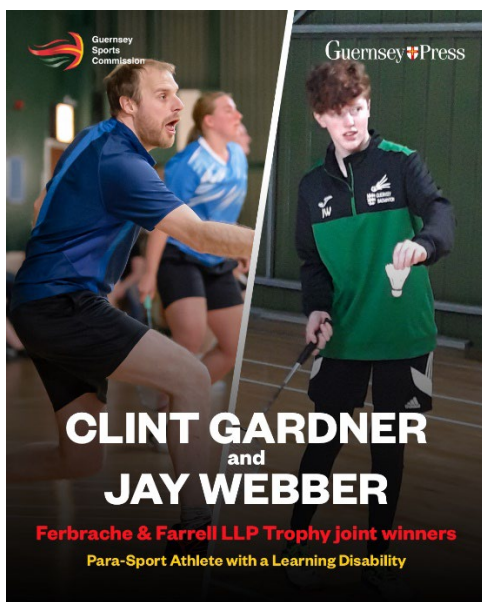
The Trophy for teams of over 4 competitors went to St Martin's AC for their unforgettable 2021/22 season. They became the first team since Vale Rec in the early 80s to finish a Priaux League campaign undefeated as they mounted a successful defence of the island's top-flight title. And it got even better at the Track in May when they were crowned CI champions with victory over St Clement - the first Guernsey team to lift the Upton Park Trophy in a decade.

It was great to see strong nominations for both our para-sport awards this year. Sight impaired climber Michael Ellis was

awarded the Baroness Tanni Grey-Thompson Trophy for the Para-Sport athlete with a physical impairment. Michael placed second at his debut climbing competition after he headed to Wales in September for the third round of the national Para climbing series. Michael competed in two qualifying rounds before reaching the final with his guide, Chris Harvey.



There were joint winners of the Ferbrache & Farrell Trophy for the Para-Sport athlete with a Learning Impairment. Badminton's Clint Gardner and Jay Webber took home the trophy after their stellar performance in the Special Olympics GB Summer Series of Sport where they both won gold in their respective singles events then combined to take gold in the mixed doubles.



The Dave Dorey Trophy is awarded for the outstanding contribution to sport and Guernsey's only international blue badge Table Tennis umpire Ben Foote beat off strong competition to take the title. Ben has had a busy couple of years travelling the world to officiate at some of the top events including the ITTF World Championships in Houston, the European Youth Top 10 in Tours, France, and the Dusseldorf Open last month but the highlight of Ben's year was umpiring the men's gold medal match between England's Liam Pitchford and India's Sharath Kamal Achanta at the Commonwealth Games in Birmingham in July

Rifle shooter Nick Kerins was awarded the Sir John Loveridge Trophy for the sportsperson making the greatest progress in the year. Having reached his first final for the HM Queens prize at the National Championships at Bisley Nick excelled in the testing conditions, and at one point after the first 900-yard distance looked like he was in contention for a win. After another excellent shoot at 1000 yards, he ended up in 7th place against some of the best shooters in the world.

All in all, it was fantastic evening and a real celebration of sport plus the chance to look forward to 2023 and in particular Guernsey hosting the NatWest International Island Games in July.

You can read citations for all the award nominees and watch a recording of the Awards night at <https://guernseysports.com/programmes/sporting-achievement-awards/>

SPORT DEVELOPMENT OFFICERS

Athletics



www.guernseyathletics.org.gg



GuernseyAthletics



@GsyAthletics

The Development Team of Tom Druce and Lee Merrien enjoyed a busy year at Guernsey Athletics which saw a lot of positive change and evolution along with accompanying challenges. Much of this happened in the background under the watchful eye of new Club Chair Graham Merfield and is intended to bear fruit in 2023 and beyond. An example of such change is in the structure of the U13 age group, which is a transitional age in many ways and has been identified as a key point where the club can more effectively nurture and prepare youngsters as they develop and progress along the athlete pathway.

Tom devised and published a Philosophy for Athlete Development along with Athlete Pathway to outline these concepts to coaches, parents, and athletes:

<https://guernseyathletics.org.gg/2022/09/athlete-pathway-our-philosophy/>

All major local events took place in 2022 including Easter Festival, Half Marathon, All-Terrain Challenge, and a summer-long Track & Field Series.

The obvious highlight of the year for athletics was Alastair Chalmers' bronze medal-winning performance at the Commonwealth Games in Birmingham.

Schools

The schools' event that was most to the fore in 2022 was once again the X-Challenge event at Footes Lane which sees both primary and secondary school athletes take on a fun, engaging and spectator-friendly cross-country course. This year over 600 students took part in the event, meaning it was the second-largest club-organised event in terms of participation.



The primary schools Track & Field Championships again drew the largest crowd as the event draws on its strong traditions but is ever evolving in its format. Tom and Lee continue to tweak the offering to ensure that more athletes get to take part and that the event serves to offer the right opportunities in terms of correct age groups and disciplines offered.

In terms of lessons and after-school clubs, Lee and Tom were able to fulfil virtually all requests for primary school teaching/coaching – and as usual they achieved this largely within the traditional athletics terms of summer 1 and summer 2.

Community

Guernsey Athletics held four holiday camps in 2022 for primary school children. The three-day camps were

priced to be easily accessible for all and over half of the attendees were not members of the club.

At the other end of the age spectrum, the club again supported the externally organised mass participation Guernsey Marathon through providing official chip timing and officials. Similarly, the club held the popular Half Marathon event.

Numerous other endurance events were again accessed by non-member participation runners and experienced club athletes alike. The club's top endurance coaches Paul Ingrouille and Lee Merrien held an open presentation about appropriate and effective training modalities to try to help athletes of all levels gain more understanding of how to get the most from their training inside and outside of the club sessions.



Performance

The Commonwealth Games is the pinnacle of Guernsey representation for any athlete, and Guernsey Athletics were well represented at the Games in Birmingham by five exciting young athletes. 22-year-old Alastair Chalmers made history by becoming the first Sarnian to win a medal in the sport of athletics – he came storming back from Covid to snatch bronze in the 400m hurdles. Earlier in the summer he established himself as the island's greatest athlete in terms of statistical performance – he ran an incredible 48.88sec in Belgium.



Fellow 400m hurdler Peter Curtis claimed the National U23 title ahead of the Games with a big performance of 51.35sec. His Commonwealth teammate Joe Chadwick also made superb strides early in the season in tearing the Island 60m record to shreds in winning the British Universities' title in 6.68sec and coming 5th in the UK Champs.


Female star Abi Galpin made an impression on the Commonwealths with very credible progression to the 200m semi-finals – she made waves elsewhere too in breaking the 60m record in taking Southern Indoors silver, as well as smashing the 400m and Long Jump records at Footes Lane.

Generally, it must be said that there was a definite elevating of performances across many disciplines as the impending prospect of competing in the Island Games 2023 gets ever closer.

Workforce/Coach Education

A number of new volunteer officials have been recruited in order to continue to maintain the pool of officials required for the hosting of valid Track & Field meets locally. The qualification process overseen by England Athletics is quite a cumbersome one and thus concerted effort by the club and existing volunteers is necessary to see new officials establish themselves. There have also been a small number of new volunteer coaches come into the fold and they are currently part-way through an England Athletics pilot qualification which has seen their Coaching Assistant qualification taken entirely through virtual classrooms rather than in-person.

The existing coaching team have been well supported by the club in seeing in-



person CPD attendance at an England Athletics Coach Development weekend in Jersey as well as securing access to identified online courses to aid relevant coaches' ongoing development. These include content from ALTIS, Just Fly Sports and High-Performance West.

Future Plans

- Continued work based upon the recently published Philosophy and Athlete Pathway including ongoing assessment and evolution of our coaching of U13 athletes
- A new team delivering novel and optimal training to our U7, U9 & U11's
- Stabilisation of the club's coaching structure and more coach development, starting with the Development Team
- Maximising the positive impacts of a home Island Games
- X-Challenge to be expanded to include adult races after the schools' event!

Badminton



<http://badminton.org.gg/>



Guernsey Badminton Association LBG



gsybadminton

This year we had our Island Tournaments for Seniors and Juniors (Senior Open, Senior Closed, Junior Open and Junior Closed) and got to go to off-island events. We competed in the Inter-Counties Championships with 2 senior teams. Our Juniors also participated in the South West Championships with some wins and the Juniors Devon Open.

Our veterans had an away match against Wales. We also organised a second Training Camp with Chris Langridge, Olympic Bronze Medallist in Rio 2016.



Our top activity was the participation with 4 athletes in the Commonwealth Games in Birmingham.

Our top achievement was Elena Johnson achieving a Bronze Medal in the Senior European Championships in Ladies Doubles (more 35 years) in Slovenia.



Schools

Guernsey Badminton continues to extend our outreach work in schools programme providing badminton lessons to Year 5 & 6 pupils in all primary schools. We had very successful Year 3 and Year 4 Festivals (89 participants), the Year 5 & Year 6 Inter-Schools competition (66 participants) and the Y7 Inter-Schools (35 participants).

This year Guernsey Badminton started going to Sark Primary School as well and going to Y6 in Beechwood.

Guernsey Badminton has seen an increase in the number of pupils coming into badminton after the schools' programme.

Regarding Secondary Schools, Guernsey Badminton has been working with Blanchelande, Elizabeth College, Grammar, La Mare de Carteret High, Les Voies and St. Sampson's High.

Community

We started Casual Badminton that is on Saturdays (16:00 – 17:00) for any people to just turn up and play Badminton. Very family friendly. On Sunday mornings we now have Para-Badminton for wheelchair classes.

Guernsey Badminton supports the Sports Commission's On Your Marks holiday camps and Community Sport Fun Days to provide badminton opportunities.



Performance

Our highlight was having Chloe Le Tissier, Elena Johnson, Emily Trebert and Stuart Hardy competing in Birmingham 2022 in the Commonwealth Games. Jordan Trebert was selected as well, but unfortunately had to pull out due to injury.



Other highlights include our juniors that competed in the South West Badminton Championships and got some medals:

U-12-13 Boys singles

Jayden Hallett – 2nd place

Luca Sidaner – 3rd place

U-12-13 Girls singles

Medha Vallapureddy – 1st place

U12-13 Boys doubles

Jayden Hallett/ Luca Sidaner - 2nd place

U12-13 Girls doubles

Medha Vallapureddy/ Emma Durant – 2nd place

U14-15 Boys singles

Robert McVean – 1st place

Jayden Hallett – 3rd place

U14-15 Girls singles

Medha Vallapureddy – 3rd place

U14-15 Boys doubles

Simon Hearne / Robert McVean – 1st place

Jayden Hallett / Luca Sidaner – 3rd place

U16-17 Girls doubles

Medha Vallapureddy/ Tilly Mann - 1st place

U16-17 Girls singles

Grace Edwards – 2nd place

U16-17 Boys doubles

Jack Dowinton/ Robert McVean – 2nd place

U16-17 Girls doubles

Grace Edwards/ Jay Webber - 2nd place

U18-19 Men's singles

Jack Garbutt – 3rd place

U18-19 Women's singles

Grace Edwards – 2nd place

U18-19 Men's doubles

Jack Dowinton/ Jack Garbutt – 3rd place

U18-19 Women's doubles

Grace Edwards/ Jay Webber - 2nd place

Workforce/Coach Education

We delivered some workshops regarding coaching Badminton which also included how to help wheelchair users access the sport to help our existing coaches to better deliver their training sessions.

Future Plans

- Island Games
- Youth Games
- Y3 & Y4 Festivals
- Y5, Y6, Y7 & Y8 Inter-school tournaments
- Junior Badminton Camps & Matches
- Inter-County Championships

Boxing



Guernsey Amalgamated Boxing Club

We held 5 dinner boxing shows and one boxing open show in 2022.

Our success in growing our junior boxers has paid off with the club registering over 17 junior boxers and 4 youth boxers. Our October open show showcased 3 new junior boxers and the November Dinner Boxing show showcased a further 4 junior boxers having skills bouts.

The 2021/2022 season finished on a high with Billy Le Poullain making it through to the Commonwealth Games Quarter Finals 2022. He started the bout strong coming out on a mission to get the job done but lost to a strong GB boxer.



We also had success with Tom Teers having reached the finals of National Development Championships and the Haringey Box Cup in elites, the largest box cup in Europe, and came home with the runners up trophies.

Due to the success of our Development Officer promoting boxing within schools, our Tuesday Junior sessions for ages 8

to 11 are at full capacity and we have started a waiting list.

Schools

The Boxing Development Officer has extended her outreach into more schools' programmes providing boxing sessions to Le Murier, Grammar School and Sixth Form Centre, Les Beaucamps, La Mare de Carteret, St Sampsons High, Elizabeth College, Ladies College, and Melrose. The session size ranges from 12 to 22 children.



The Boxing Development Officer ran sessions as part of the curriculum and lunch time and after school activities.

The Boxing Development Officer has also worked closely with the Youth Commission running a number of sessions for around 30 children. The most recent session was held at the club's premises in St Martins, which proved a good venue choice for the youngsters.

Community

The Boxing Development Officer continues to offer one to one sessions for young people referred through school or family support agencies.

She also works with the Bailiwick Social Prescribing Link Workers and has helped a number of adults learn boxing giving

them confidence, improving their fitness and mental health.



The club holds four weekly sessions for children aged 8 - 17.

There are approximately 30 children attending each session.

Performance

The club is now running 8 sessions a week and is considering adding another session for junior boxers.

One of the big achievements for the year has been the growth of juniors training and looking to compete. The team will see this come to fruition in 4 years as we see our junior boxers transition into youth boxers, and our youth boxers become seniors. We envisage that we will have a team of over 50 boxers by 2026.

2022 has seen some outstanding performances by our local boxers, who will develop further over the forthcoming season, with some progressing to compete at championships.



Workforce/Coach Education

A Level 1 coaching course was run by England Boxing which saw 7 local coaches qualify.

We have a number of parents volunteering at sessions who we hope to continue to develop and progress to complete their Level 1 coaching course sometime in the future.

We continue to train our coaches in-house.

Future Plans

- We have one open show planned for October 2023 which we hope will showcase a further 6 new junior boxers, with a total of 10 juniors looking to compete on this show.
- Continuing to work with referrals for one-to-one sessions.
- Increasing sessions for juniors from 4 to 5 at The Amalgamated Boxing Club
- Train junior boxers to compete at the Specsavers Youth Games
- To run sessions for St Anne's School in Alderney

Cricket



www.guernseycricket.com



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[@Guernseycricket](https://twitter.com/Guernseycricket)



[Guernsey Cricket](https://www.youtube.com/GuernseyCricket)



[guernseycricket](https://www.tiktok.com/guernseycricket)

2022 was another fantastic year of cricket for Guernsey Cricket. The year started off with the first visit from off island coaches for 2 years with both Nic Pothas (ex Sri Lanka and West Indies Head Coach) and Steffan Jones (Mumbai Indians IPL Coach) delivering a batting and bowling masterclass.

The senior national side had their first taste of International Cricket for a 2-year period competing first in Desert Springs, Spain against the hosts and Norway and then in a European Division 2 T20 World Cup Qualifier in Finland whilst in Guernsey we played host to the Under 19 World Cup Division 2 50 over qualifier. The under 19's had a fantastic tournament progressing to the next round next summer.



For the First time in 2 years the age group tours returned with all age groups taking part in an Inter Insular as well as the Under 13's and 15's touring to Liverpool for various fixtures.



2022 also saw the appointment of Jeremy Frith as Director of Cricket. Jeremy has been somewhat of a stalwart of Guernsey Cricket and will no doubt bring vast experience and new ideas to continue to develop Guernsey Cricket.

Schools

The coaching team of Ben, Lee, Hannah, and Dec delivered cricket to all 12 primary schools working with over 800 pupils along the way. In secondary schools we managed to deliver cricket to 5 secondary schools working with approximately 300 students along the way. We also delivered to Blanchelande, Ladies College and Elizabeth College.

At Elizabeth College, Ben delivered 10 hours a week across Years 7, 8, 9 and senior games lessons working with approximately 400 students. Ben also delivered training and match days for Elizabeth College First XI where he is head coach.



The primary schools' programme culminated with the Kwik Cricket festival hosted at the KGV with both a boys' and girls' competition. This year saw our largest number of entrants since 2019 with 8 schools entering either competition.

Community

Outside of our school delivery we continued to attend events such as the Sports Commission Family Fun Day, Rangers 7's football weekend, Proms on the Wicket, and the Health Improvement Commission Adult Activity Morning.



At these events we ran free cricket stations to allow people outside of cricket to come and have a go.

Alongside these events we also played host to various company cricket evening including HSBC's beach cricket evening.

Performance

2022 highlight must be both the tournament organisation and the performances at the Under 19 World Cup Division qualifier 2 in August. Under the direction of Carl Brooks and Mark Latter the island held a tournament for which it

can be proud. The team performed brilliantly, registering wins against France, Italy, Germany, and Norway which sees them progress to the next round of qualifiers in summer 2023.



Stand out performances from Charlie Birch (90 not out vs Italy) and Charlie Forshaw (7 overs 3-14 vs France) and an emphatic team win against Norway in front of a large crowd at the KGV made it a tournament to remember.


Workforce/Coach Education

Hannah and Lee have both been accepted onto the ICC Coach Tutoring programme and once they have completed this they will join both Jeremy Frith and Ben Ferbrache as qualified tutors to be able to deliver courses on Island.

Lee and Ben also completed their Gary Kirsten CoachED course with both completing the Accreditation course and the Level 3 Course.

Future Plans

- The Guernsey Under 19's side will have the opportunity to continue their development on the international scene with a World Cup European Division 1 Cricket Qualifier.
- 24-hour cricket – Following the delay in the 2022 season we are planning to run a 24-hour cricket event in conjunction with EPIC Guernsey.
- A full age group programme including tours for every age group both on and off Island.

- 
- A strong focus on women's cricket with Women's and Girls Development Officer Hannah Eulenkamp.
 - The Youth Games and a spotlight on girls' cricket. Especially pleased to see that children from Alderney will have the opportunity to participate.

Cycling



www.gvc.gg



[VeloGuernsey](https://www.facebook.com/VeloGuernsey)



[gvc](https://www.instagram.com/gvc)



[@veloguernsey](https://twitter.com/veloguernsey)

2022 was a great year for Cycling with strong representation and performances in the summer's Commonwealth Games Road and Mountain Bike (MTB) disciplines.

Locally has seen great development across the board in all disciplines, this included our committed group of riders racing in the MTB Southern Region XC's and with that claiming overall and podium placing within their respective age groups.



Locally good numbers have turned out for the MTB Crit races and later in XC races and again this carried onto the popular Tour of Guernsey event which was the standout event for riders of all levels.

Our continued presence in the MTB Southern Region XC's and attending some of the National XC rounds have been outstanding.



We've also had an impressive performance on the roadside in the Northwest Region by one of our Academy riders.

Finally, the reintroduction of Cyclocross again on Island has proven to be a major success. We had a 4-race series being held during November.

Schools

Coaching Sessions have taken place across several schools including Elizabeth College, St Sampson's High, Ladies College & Vale Primary. During the summer we had the opportunity to successfully work with a couple of students from La Murier School.

The Vale Primary School was a particular highlight with the Cycling Development Officer working with a group of 24 children over a 6-week period. It was fantastic just seeing them have so much fun on a Bike.

Another highlight was being able to offer Elizabeth College students the option of Cyclocross at the end of Easter term. We had some spectacular racing across 3 separate year groups, which we hope to continue into 2023 as well as being able to offer the opportunity to other schools.



Community

We were able to bring over a British Cycling off-road talent development coach to conduct some MTB Coaching at La Pomare in early March 2022. This was well attended by 30-40 Guernsey Velo club cyclists throughout the day in separate sessions ranging from age 10 to age 45 plus a female only session for potential Island Games team riders.

Performance

Performance highlights for the year include Charlie Tourtel not only winning the Overall MTB Southern Region Championships and producing consistently strong performances in the National Round. He subsequently went on to represent the British Cycling Southern Region in the Inter Regional BC Championships.

Sam Culverwell should also be congratulated for his performances in the Commonwealth Games and for his team Trinity, especially the Tour of Taiwan.

We were also delighted for Sophie Veron for her initial selection after attending a Talent ID Day with British Cycling. Sophie is now onto the 1st step of the ladder for the British Cycling Para Talent Academy having been identified as someone with potential talent to develop as a rider. Exciting times for Sophie heading into 2023.

Workforce/Coach Education

We were able to run a British Cycling Level 1 course in October allowing six of our coaches to take the first step on their Coaching Pathway.



Our Level 2 coaches who started their studies in 2019 had the opportunity in November to finally complete their Level 2 certification.

Cycling Development Officer Paul de Garis managed to secure Level 1, 2 and Level 2 MTB qualifications over the course of the year. We hope British Cycling's current policy will change to allow better access to specific discipline coaching. This will massively benefit the Island with the hope of maybe being able to offer a Level 1 MTB course in the first half of 2023.

Future Plans

- More off Island Racing (National Championships & Regionals) across MTB, Road and CX
- Specsavers Youth Games 2023
- Island Games 2023
- Tour of Guernsey MTB
- Alderney Cycling Festival

Football



www.guernseyfa.com



[GuernseyFootballAssociation](https://www.facebook.com/GuernseyFootballAssociation)



[guernseyfa](https://www.instagram.com/guernseyfa)



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Guernsey FA again achieved the FA Safeguarding Operating Standard in 2022.

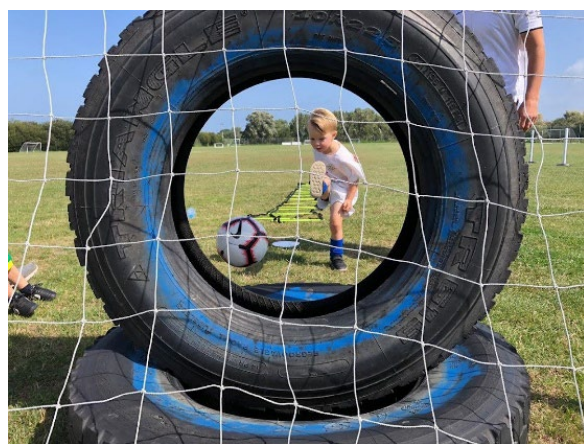
The following development activities took place during 2022: Weetabix Wildcats, GSC Family Fun Day, Little Champs, GFA Academy, Safeguarding Validation Visits, Guernsey Soccer School, The BWCI Min Soccer Festival, Girls Academy, Girls PDC.



There are now several Weetabix Wildcats Centres in Guernsey, a fun way for girls 5-11 to get involved with football.



We continue to work in partnership with Little Champs to offer football for pre-school children.



We conducted several Safeguarding Validation Visits to monitor the local football clubs, any clubs who did not meet the safeguarding requirements were given an action plan to meet the best practice requirements. The FA Safeguarding weekend was used to highlight the importance of safeguarding within football and provide information for all who are involved in the game.

WE'RE BACKING PLAY SAFE



In partnership with
NSPCC

Schools

During 2022 we delivered PE at most schools in Guernsey.

We also delivered lunch clubs and after school clubs at several different schools.

Some Weetabix Wildcats sessions were delivered on school sites.



Community

We continue to support affiliated football clubs to offer football for children and adults in line with FA Safeguarding and Welfare requirements including England Football Accreditation.



ACCREDITED
PART OF ENGLAND FOOTBALL

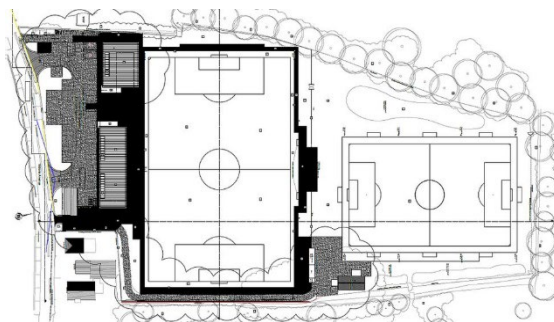
Workforce/Coach Education

The FA Coach Development Programme has evolved since 2019 and the focus has shifted towards CPD along with Formal Coaching Qualifications. Several CPD sessions were delivered by FA National Staff and local staff and made available to all local clubs who have achieved the England Football Accreditation Status.



Future Plans

- Planning permission has been approved for a new facility to be built at Victoria Avenue.



- Additional CPD sessions will be offered in March with FA National Staff.



- Island Games: July 2023



Hockey



www.guernseyhockey.com



Guernsey Hockey



[guernseyhockey](https://www.instagram.com/guernseyhockey)



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It was good to get back to normality in 2022, with uninterrupted training and domestic leagues, the return of our Outreach programme in schools and the opportunity for representative sides to play against Jersey and UK sides again.

Guernsey Hockey was also delighted to receive Clubmark status from England Hockey and SportsMark status from the Guernsey Sports Commission, reassuring members we have good governance and qualified coaches.

The sport also welcomed a new full-time Hockey Development Officer, Sam Watson, who will build on the great work done by our outgoing part-time officer, Steve Eulenkamp.



A highlight of 2022 was the visit of Olympic Gold and Bronze and

Commonwealth Gold Medallist Shona McCallin, who was invited, in conjunction with local charity Headway, to increase awareness of concussion in sport and to share her own concussion story. She was also special guest at a fundraising dinner and our start of season HockeyFest, where she inspired over 200 local budding hockey players.



Schools

The Primary School Outreach Programme was delivered to the majority of schools in 2022, with several hundred Year 5 and 6 children receiving an introduction to hockey. This once again culminated in two successful and enjoyable tournaments.




We also continue to work with States Secondary Schools, developing the provision of hockey, with new skills learned, showcased in some competitive tournaments.

More and more junior players are coming into the club as a direct result of their enjoyment of hockey at school which is really encouraging and great for the future of the sport.

Community

Guernsey Hockey is fortunate to have facilities to rival the top clubs in the UK, and in 2022 they entered into an



agreement with Muse to run their new kitchen and bar facilities. This has meant players can enjoy a meal after their games and the club can be hired for charity, corporate and private events.

Guernsey Hockey also entered into partnerships with three local charities in 2022 – Headway, Guernsey Mind and The Eleanor Foundation and look forward to working with them in the coming seasons.

Thanks to a donation from the Saffery Rotary Walk, Guernsey Hockey has recently begun Walking Hockey to encourage people to try a new sport and to welcome back ex-players. The first three sessions were great fun, and it is hoped that by working with other local organisations in 2023, participation numbers will grow and will contribute to the health and wellbeing of islanders.

Performance

There were closely fought matches in all three adult leagues this season, with the guest junior teams also proving strong opponents for their adult counterparts. Yobbos and Panthers emerged as new Men's and Ladies' Champions respectively, with their victories being all the sweeter as neither had won the title in recent years.

Inter-insular hockey was played again after the covid break with the Jersey and Guernsey sharing the spoils in the U14 and U16 junior inter-insulars. Jersey won most of the matches in the Senior Inter-Insular in March, but the Men's 1st XI retained the trophy with a 2-2 draw.



Three promising young local players were invited to join the England Hockey Talent Programme.

Workforce/Coach Education

Guernsey Hockey has several newly qualified Level 2 coaches that have enhanced the coaching quality of junior players this year. Two coaches have also been accepted onto the England Hockey Enhanced Coaching Programme and we look forward to benefitting from their experience in the coming seasons.

We were delighted when Mike Kinder entered the Guernsey Coaching Roll of Honour this year. He has helped with the coaching of hockey over 4 decades and was a key organiser and integral part of our Outreach work.



Future Plans

- Being part of the Specsavers Youth Games
- Introduction of a new Development League
- Reintroduction of Business Hockey
- Junior Tours to UK / Europe

Outdoor & Adventure Sports



Outdoor & Adventure Sports

DEVELOPMENT OFFICER



www.guernseysup.com



[guernseysup](https://www.facebook.com/guernseysup)



[Guernsey.sup](https://www.instagram.com/Guernsey.sup)

The Outdoor and Adventure Sports Development Officer (O&A SDO) has continued to develop stand-up paddle board (SUP) lessons for adults in line with the British Stand-Up Paddleboard Association.



The core development in 2022 was towards juniors and following support from the GSC we were able to teach SUP to juniors on boards actually suited to their size which was extremely rewarding. Hold Fast Rookie SUP is looking to provide a full summer programme for juniors in 2023.



With water safety qualifications now in place, we contributed to the 24-Hour Sea Donkey Challenge and the Ladies College Swimming Gala at the Bathing Pools, together with water safety cover for the Elizabeth College Havelet swim and Ladies College open water event. Paperwork for these events was undertaken by the O&A SDO, to ensure best possible outcomes, with risks mitigated as much as possible.

Schools


The O&A SDO contributed to the delivery of a Year 4 Cultural Enrichment programme to over 600 pupils, with the aim of introducing pupils to the Guernsey beach/shoreline environment and pathways to water sports. The programme was delivered over two classroom sessions and one beach session, with the core outcome being water confidence and greater risk awareness.

In addition, other schools have required assistance in respect of water safety cover and activities, and we have undertaken some excellent private sessions with swimming and Super Jumbo adventures.



Community

The O&A SDO has worked with a number of social prescribing candidates to



facilitate an opportunity for these clients to access the outdoor environment as way of improving their health and wellbeing. These opportunities all involved an introduction to SUP.

Through our work with schools, it has been great to engage with children and young people who need some head space and seeing that the outdoor environment delivers the freedom so they can switch off from life for an hour or so.



Performance

Seeing the potential of some young SUP'ers in the Rookie trial scheme was extremely enjoyable. All the children had fun, but there were about 8 girls and boys that had the basic skills, water confidence and balance to take the sport further and to begin to race.

Workforce/Coach Education

We were delighted to have undertaken water safety training with Atlantic Crest to receive, and then offer, the RLSS NSWMP Course – Level 1-3 and the ASQ Course Level 1 – 3 to 11 Islanders who are stakeholders in the water activity industry.



In addition, we have become WiSe trained, for interaction with wildlife, and renewed our BSUPA School and Level 2 licence.

Future Plans

- Implementation of the Hold Fast Rookie SUP Academy
- Specsavers Youth Games – SUP specific
- The 2023 Year 4 Cultural Enrichment programme delivery
- A specific social prescribing client who presents unique challenges, but with potentially incredible outcomes
- Bringing Bouley Bay Diving School to the Island to deliver snorkelling and diving taster sessions

Netball



www.guernseynetball.gg



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[guernseynetball](https://www.instagram.com/guernseynetball)

Engagement with and enjoyment of netball continued to grow in 2022!

Our Saturday morning Ravenscroft GNA Future Panthers programme has attracted 130 children in school years 2-6, as well as a new sponsor.



Walking Netball also continues to be popular, with thanks to our volunteer Walking Netball Host for facilitating the weekly Sunday morning sessions and the GSC for supporting court costs.



In September, a new programme was established for Year 7 netballers with over 50 girls and boys attending on Monday evenings.

Club netball continued to provide exciting matches and the 2022/23 season sees 29 teams play across 4 divisions of the Deloitte GNA Winter Netball League.

For any Year 8/9s unable to find spaces in the youth division teams, we created a new training group which is steadily increasing in numbers.

The GNA's new (and first ever) part-time admin assistant, Andi, was employed this year and she has been integral to getting these new programmes set up.

Schools

From January to June our Netball Development Officer (NDO) provided opportunities for students to play Netball, with a particular focus on those who may have never had the opportunity to try it before. This included several weeks working with groups of Year 7 and 8 students from Le Murier school and multiple trips to work with students from Years 1-8 at Sark School.

Since the start of the new academic year, our NDO has spent roughly 60 hours delivering netball to various secondary school students in their lessons or lunchtime clubs.



Umpiring support was also provided at several school fixtures including the end of season tournaments.

Students at the Ladies' College also learned about umpiring and put these skills into practice at the primary schools' netball tournament.

By the end of the academic year, every primary school will have been supported by the NDO to offer some after school netball club sessions for Year 3s and 4s.

Community

In June, Netball was proud to be part of GSC's Girls Get Active event and have the opportunity to connect with some girls who do not usually access sport outside of school.

In July the GNA hosted its first ever Netball Community Day which saw 48 girls aged 10-14 play in tournaments, plus netball taster sessions and a mixed netball match. Then in September, we participated in the Utmost Community Sports Fun Day with lots of people trying out our netball challenges.



Thanks to the Skipton Community Fund, we were able to look the part at all of these events with our new banners and some fun equipment.

During the school holidays, our NDO has also been working with GSC's On Your Marks programme to deliver netball taster sessions as well as a dedicated Netball Camp in the summer holidays!



Performance


During the summer, Guernsey's U16s and U19s girls' netball teams competed in tournaments in the UK and the U16s were successful in securing a spot in the Netball South U16 Regional League Div 2. Competing in this league is a fantastic opportunity and the home games have provided some thrilling netball for the spectators!



Workforce/Coach Education

Thanks to support from the Ravenscroft Coach the Coaches programme, the GNA have continued to recruit new coaches and provide them with development opportunities.





Our NDO has engaged with multiple CPD opportunities, including England Netball's online Into Officiating award and an in-person weekend in Jersey as part of the England Netball Level 2 award. She also provided some training for GSC staff, put together resources for schoolteachers and has encouraged several other members of the netball community to sign onto England Netball's online coaching and umpiring courses.

The GNA appointed a volunteer Umpiring Secretary, who delivered an informal umpiring information session and will continue to support umpires with development opportunities on island.

Future Plans

- Appointment of new head coach
- Inter-insulars
- Specsavers Youth Games
- Mixed netball tournaments
- Welcoming new volunteers

Rugby



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www.grfc.gg
www.guernseyrugbyacademy.com
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Guernseyrugbygra stjacksonvikingsrfc

2022 saw the return of the Junior and Senior Siam Cups with the Senior men gaining victory over Jersey and the Ladies regaining the Ladies Trophy.



The Junior Siam was played over 2 weekends owing to weather and ferry restrictions. However, the main event played in Guernsey on the Sunday allowed for local parents to see their children in action over a full day of rugby. Guernsey Rugby Academy gained more

age grade wins than ever before which says a great deal about the set up and coaching within the Academy.

Sadly, COVID again took its toll on the Junior Schools Rugby Festival and the Secondary Schools boys and girls Inter school rugby competition.

Schools

Even with COVID in the early part of the year Rugby Development delivered 671 coaching sessions in Junior and Secondary Schools which equates to 3.5 sessions every academic day of 2022 in Junior and Secondary Schools.

In addition to this Rugby Development has supported Schools during activities weeks, after school and lunch time clubs and Sports/Open days, Duke of Edinburgh award schemes and supporting work experience students from Secondary Schools and College of Further Education.

Community

Rugby Development ran both Easter and Summer Rugby Camps with 55 and 84 attendees ranging in school age grades from Year 1 to Year 10. We have seen more girls attending Academy sessions - 8 in 2021 now at 22 for girls in Years 8 - 10 which has been a follow-on effect of more Secondary Schools requesting girls contact rugby sessions.

There are still weekly emails from parents requesting information on Academy sessions and if there are places, which has seen Academy Numbers continue to grow up to 330 players from Year 1 to Year 13 boys and girls.

Rugby Development has supported 'How to Coach Sessions' for College of FE Year 1 and Year 2 Students.

Performance

2022 saw more U17 players signed off to play adult rugby than ever before with the girls leading the way with five U17 girls now signed off and two making regular appearances for the Guernsey Raiders Ladies before the Christmas break.



One U17 male has already made two debuts for Guernsey Raiders at National 2.

Three players have made debuts for Welsh and Scottish Exiles at U16 and U17 Level with three U16s now attending the Harlequins RFC elite training camp.

The Guernsey Rugby Association Player Development Pathway has 27 players from U14-U18 boys and girls which runs two weekly sessions (one gym based and one skill based) during school term time and four sessions (two gym based and two skills based) per week during half term and school holidays.

Workforce/Coach Education

Guernsey Rugby Association continues to develop its on-island workforce with trainers attending four weekends to upskill themselves to deliver mentoring for two new Level 3 coaches over a year-long course and train eight new Level 2 coaches and 14 new Level 2 referees.



In order to meet with England Rugby regulations, Guernsey Rugby Association has now trained 24 coaches, managers, and volunteers in Emergency First Aid (Level 3) and 40 to Level 2 Safeguarding. In total this equates to 112hrs coaching, match official and volunteer development in 2022.

Additionally, Guernsey Rugby Association has also supported Jersey Rugby Association to run coaching, match officials, First Aid and safeguarding courses and England Rugby Leadership Academy.

Future Plans

- Continue to drive girls' rugby in secondary schools
- Re-establish Junior Schools Rugby Festival (1 Apr 2023)
- Re-establish Adult Inter Insular (Mar 2023)
- Run Inter Schools 7's programme to support Island 7's to prepare for future inclusion into Commonwealth Youth Games 7's
- Develop different rugby variations for all age groups (Walking, Family Tag/Touch and X7's)

Sailing



 www.sailingtrust.org.gg

 [guernseysailingtrust](https://www.facebook.com/guernseysailingtrust)

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 [guernseysailingtrust](https://www.instagram.com/guernseysailingtrust)

The Guernsey Sailing trust (GST) and Guernsey Yacht club (GYC) ran a full season of sailing with training and racing available for all. The GST ran after school sailing and courses each week of the school holidays and the GYC ran after school clubs and weekend training.



The GYC ran a very successful Dorey Financial Modelling Regatta with over 70 participants, including Adult and Junior Novice Racing which was run by the GST.

The GYC also hosted Jersey for an inter-island youth regatta. 36 competitors competed in 9 races over two days.

Schools

The Guernsey Sailing Trust worked with multiple year groups from 25 schools, including a home-school group. Both Ladies College and Elizabeth College ran

school championships, and we also ran a free after school sailing club for children in schools year 6-10.

We worked with over 1000 school children aged 7-18 in 2022 teaching them to sail or powerboat.

Students from the Guernsey Institute, and La Mare De Carteret High school achieved their powerboat Level 1 or 2 Qualifications.

Community

In April the GST ran a free sailing on the pond morning, 75 children enjoyed the opportunity to give sailing a go. We followed this with a very successful joint GST & GYC Open morning where over 200 people took to the water, pond, and sea, enjoying powerboat and sailing tasters.



30 children took part and enjoyed sailing on our free Sailability after school club, for those with neurodiversity or physical disabilities.

The Guernsey Sailing Trust has also worked with Autism Outreach, the Autism Hub, the Adult Day service, and multiple Individuals to give everyone the opportunity to get out on the water.

Performance

Luke Elliott, age 14, became the first Guernsey Boy to be selected to represent GB at the optimist European Championship, he also gained selection to two other GB teams from his performance nationally in 2022. Luke also became the Southern Area Champion and ended the year with a national team training invite and a ranking of 5th under 14 boy.



Jess Watson and Monty Desforbes gained selection to the IICA 4 regional training group. Jess also picked up two bronze medals for under 16 girls, with best over finishes of 14th & 16th and a best individual race result of 5th. Monty achieved bronze at the Southern area Championships. All events competing at Under 18 level.

7 Local sailors competed in their first national event off Island.

Workforce/Coach Education

The GST ran multiple instructor courses and qualified;

- 11 Assistant Instructors
- 8 Dinghy Instructor
- 4 Senior Instructors
- 1 Senior Instructor revalidation due to an expired qualification
- 3 Advanced Powerboat Instructors

Future Plans

- The Youth Games
- Island Games
- Bigger and better after school and Sailability programs.

Squash



www.guernseysquashandracketball.co.uk



[GuernseySquashRacketball](https://www.facebook.com/GuernseySquashRacketball)



[@GuernseySquash](https://twitter.com/GuernseySquash)

2022 saw an increased number of secondary schools coming to Beau Sejour for squash and racketball sessions, which was a good addition to our development programme giving older juniors the chance to experience our sport and possibly take it up.



Our primary school program involved schools coming to Beau Sejour and us running lunchtime sessions in schools. The Utmost Family Fun Day and other multi-sports events run by the Guernsey Sports Commission provide an excellent opportunity for us to promote our sport.

Schools

Our schools' programme enables us to provide squash and racketball to over 1,000 pupils in schools sessions and many of them enjoy "something different" that they might not have tried before. This programme is supported by the Guernsey Sports Commission, and we appreciate their support with links to schools and funding.

Community

As a sport we run events for all ages and abilities. Early in 2022 we introduced a beginners racketball session which started with 4 players and is now a

popular weekly session for around 12 players.

Along with our adult squash coaching and junior sessions we have managed to increase the number of members we have and feed these players into our regular leagues and tournaments.

Performance

Guernsey Squash sent a team of 5 players to the European Team Championships Ljubljana, Slovenia finishing 12th out of 19 teams. This annual event remains one of the top events in the calendar.




On Island we held the Island Championships for senior and junior players, with the largest entry for 5 years. Our juniors also progressed well over the year, and we were able to take our juniors to their first County Closed events off island for 3 years, which proved to be a very successful trip. 6 of our juniors were invited to play for the county and represented their age groups in November with all teams reaching the finals which will take place in March 2023. We also had 3 juniors preparing to take part in the British Junior Open which takes place in January 2023.



Workforce/Coach Education

We have continued to strengthen our coaching team, giving more support to our development officer. Although we are based at one club (Beau Sejour) and



have limited courts the extra cover means the development officer can support other events both on and off island. We started a program to develop more referees in the game which has proved popular.

Future Plans

- We are looking forward to continuing to increase the number of recreational players into squash and racketball who then feed into our general programme
- The European Team Championships are always an important event giving our performance players something to aim for, increasing the interest for all players in the programme
- Specsavers Youth Games is a great event for juniors to try a new sport and usually provides a good pathway into our sport



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