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ABOUT THE GAMES

On Saturday 20 May 2023 the Guernsey Sports Commission and Specsavers will host the 10th Guernsey Youth Games, in which six teams will compete against each other in 23 different sports.

All children in school Years 5 and 6 can take part in the Games competing in one of the 23 different sports and, for the first time, we will be welcoming pupils from Alderney.

Participants will represent one of six teams named after islands taking part in the 2023 NatWest International Island Games being hosted by Guernsey in July. All the children who take part will receive a medal and a team t-shirt.

A trophy will be presented at the Games Day closing ceremony to the team that has accumulated the most points across all the sports. A fair play trophy will be presented to the team that receives the most nominations from the coordinators and officials.

The principal aim of the Specsavers Youth Games is to promote the value of sport to island children and the emphasis is on fun, fair play and creating a festival atmosphere. The Games will provide an opportunity for children to take part in a large-scale event, to meet new friends, build confidence and enjoy a positive sporting experience.

The children are asked to try a sport in which they do not normally participate. They will be given an opportunity to learn as much as possible about their chosen sport at dedicated coaching sessions in the weeks before the Games. These sessions will enable children to learn new skills which will be put to the test on Games Day, 20 May 2023. During this day, the sports will host fun competitions culminating in all the children coming together for a final closing ceremony at Footes Lane.

On Games Day, unless otherwise noted, all sports will be held at the training session venue.

Children should wear appropriate clothing for their sport and the weather. For indoor sports please wear non-marking trainers.

No jewellery should be worn to any session.

All children should bring a drink to training sessions. For Games Day all children should bring a healthy packed lunch and a drink and wear sun protection. Sun cream should be applied by parents or carers at home.

WELCOME



Youngsters in Guernsey have an exciting year of sport ahead of them, with the 10th Specsavers Youth Games in May, which we are delighted to be sponsoring again, and the NatWest International Island Games in July.

The atmosphere was electric two years ago and the smiles on the children's faces made me realise what this event is all about – encouraging and nurturing sport within our young people in Guernsey, as well as building their confidence to improve their social life skills and, moreover, for them to make new friends.

A huge event like this takes a great deal of commitment from everyone, from the coaches within each sport, to the Guernsey Sports Commission working hard to ensure a smooth competition, to the schools and, of course, the young participants and their families. My thanks go to everyone involved who will help make this event an unforgettable day in Guernsey's sporting diary.

Good luck!

Dane How Farmio

Dame Mary PerkinsSpecsavers co-founder



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HOW TO TAKE PART

Interested? Then here is your guide to taking part in this prestigious event:

- **Step 1** Decide which sport you would like to take part in.
 - · Remember to choose sports you don't currently play.
 - · Check the training times carefully to make sure that you can attend.*
 - · Check the eligibility criteria to make sure you qualify.
 - · Make sure you are able to attend Games Day on 20 May before signing up.

Please note that spaces are limited in some sports

- we will try to allocate places as fairly as possible.
- **Step 2** Put your FIVE chosen sports in the 'sports choice list' on the player registration form at the back of this booklet **OR** complete the form online. You will be given one of your five choices.
- Step 3 Fill in all the other details on the player registration form and, if you haven't filled it in online, hand your paper copy into your school or post it to:

Youth Games Coordinator

Guernsey Sports Commission

Coach House

Beau Seiour

St Peter Port GY1 2DL

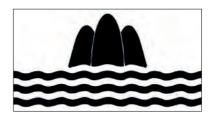
- Step 4 After February half term you will receive a confirmation letter from the Sports Commission confirming the sport you have been allocated, the team you will be representing and reminding you of the training times, venue and dates.
- **Step 5** Remember Games Day is Saturday 20 May, you will be competing in your allocated sport in the morning with the closing ceremony at Footes Lane at around 2.30 / 3pm so you will need to be available on that day.

Have fun at squad training!

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HOW THE TEAMS WORK

We have chosen six islands taking part in the 2023 NatWest International Island Games as our team names. You will be selected to compete for one of these teams.



GozoThe latest to join the Island Games family



GreenlandThe largest island



Falkland IslandsThe furthest away



St HelenaThe most remote



GibraltarHosted the last Games in 2019



OrkneyHosts of the next Games in 2025

Specsavers will provide t-shirts in each team colour for competitors to wear (and keep) on Games Day. Medals will also be presented to all participants.

Please make sure you select your t-shirt size when you complete the player registration form.

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^{*} Some training sessions may be weather dependent, so alternative dates may need to be provided.



ATHLETICS

Open to

Girls and boys

Clothing required

Trainers, suitable clothing i.e., shorts and t-shirt, plus warm clothing/waterproofs if it's poor weather. Running spikes can be used but are not essential

Main contact

Lee Merrien,
Guernsey Athletics Club
Telephone: 07781 133008
Email: lee@leemerrienrunning.com

If you choose athletics, you will be introduced to a variety of disciplines during the training sessions, with the emphasis very much on having fun while participating and developing your running, jumping, and throwing skills.

On Games Day we will hold a quadrathlon-style competition with all children taking part in all events which will involve a short sprint, long jump, howler throw and running event, in order to gain as many points as possible for your respective team.



TRAINING DATES AND TIMES - There are between 35 and 50 places available

Team	Venue	Date	Time
All islands	Footes Lane athletics track (NB may change if there's maintenance work being carried out on the track ahead of the Island Games)	Wednesdays 26 April and 3, 10, 17 May	16.30 – 17.30 6

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BADMINTON

Open to

Girls and boys

Clothing required

Non-marking trainers, shorts, and t-shirt

Main contact

Paulo Pinheiro, Badminton Development Officer Telephone: 07781 115022 Email: development@badminton.org.gg

Badminton is a fun sport to play for enjoyment or competition. You can play individually or in doubles.

Training sessions will start with learning the basics of the sport, the rules, and the court areas. We will aim to develop your skills over the weeks to improve your serving, hitting underarm and overhead shots and game practice.

On Games Day all players will have the chance to play group matches representing your allocated island.

There are plenty of opportunities to carry on playing badminton after the Youth Games.



BASKETBALL

Open to

Girls and boys

Clothing required

Sports clothing, preferably shorts and t-shirt and non-marking trainers/basketball boots. Bring a water bottle

Main contact

Peter Beausire,
President Guernsey Basketball Association
Telephone: 07781 112476
Email: peter_beausire@me.com

Basketball is fun team game.

There will be three training sessions leading up the Youth Games, where you will learn basic basketball skills from qualified coaches who will teach you the skills you need to play in a round robin tournament on Games Day.

You can carry on playing basketball after the Youth Games by joining Guernsey Basketball's Future Stars programme.



TRAINING DATES AND TIMES - There are 42 places available

Team	Venue	Date	Time
All islands	Rohais Badminton Halls	Saturdays 29 April, 6 and 13 May	11.00 – 13.00
7			

TRAINING DATES AND TIMES - There are 60 places available

Team	Venue	Date	Time
All islands	Beau Sejour Leisure Centre – Sports Hall	Saturdays 29 April, 6 and 13 May.	10.00 – 11.00
			8

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BOWLS

Open to

Girls and boys

Clothing required

Flat shoes or trainers

Main contact

Chris Dyer,

Guernsey Bowling Club Telephone: 07839 195910

Email: gbc1927@yahoo.com or cdyermuratti@outlook.com

Bowls is a fun sport for all ages and abilities and can be played indoors or outdoors. We will be playing outdoors for the Youth Games.

It's a skilful and relaxing game and can be very competitive. You can play as individuals, pairs, or small teams.

There are lots of opportunities to carry on playing outside of the Youth Games.



BOXING

Open to

Girls and boys

Clothing required

Trainers and loose clothing. Please bring a drink

Main contact

Mandy Hobart, Boxing Development Officer Telephone: 07781 102340 Email: mandv@gabc.org.uk

Box

Training days will be at the club in St Martin's. The competition itself will be a tag boxing competition. Games Day will see individuals competing against each other in order to add to their team's total score.

Time

18.30 – 19.30

nali. Hariay @gabe.org.ak
oxing in the Youth Games will be non-contact.
aining sessions will start with learning the basic skills required for exing, focusing on footwork drills, movement in range and out of nge, the jab, and rules of the competition.
aining days will be at the club in Ct Martin's The competition itself

	All equipment will be supplied.						
TRAINING DATES AND TIMES - There are 18 places available TRAINING DATES AND TIMES - There are 24 places available							
Team	Venue	Date	Time	Team	Venue	Date	
All islands	Guernsey Bowling Club – Beau Sejour (outdoors)	Sundays 30 April, 7 and 14 May	10.00 – 11.30	All islands	Guernsey Amalgamated Boxing Club, Route des Couture, St Martin's	Thursdays 23 March, 6 and 27 April, 4, 11, 18 May	

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CLIMBING

Open to

Girls and boys

Clothing required

Non-marking trainers, shorts, and t-shirt

Main contact

Dimi Argyros and Thomas Humpage, Up Climbing Telephone: 01481 255799 Email: admin@upclimbing.gg

Climbing has been made very popular since it appeared in the Olympics in 2021 and this is your chance to come and take part in this fun and rapidly-growing sport.

Training sessions will consist of learning how to warm up for climbing, learning specific climbing movement and techniques, and climbing terminology. Participants will also be taught the rules and regulations of competition climbing, developing general climbing skills including balance, coordination, precise footwork, transferring your weight, climbing fitness and good hand-to-eye coordination.

Children will be split into two groups for training but will compete together on Games Day.

TRAINING DATES AND TIMES - There are 36 places available Time Venue Date Team 12.00 - 13.30 **UP Climbing** Saturdays 1 and 29 April Gozo and 6, 13 May Greenland The Galaad Falkland Islands Rue De Galaad Vale 13.45 – 15.15 St Helena GY5 7FJ Gibraltar Orkney

CRICKET

Open to

Girls only

Clothing required

Sportswear, trainers and bring a water bottle

Main contact

Hannah Eulenkamp, Cricket Development Officer for girls and women Telephone: 01481 257332 Email: hannah@guernseycricket.com



Women and girls' cricket is taking off around the world and Guernsey is no different.

With the Women's Cricket World Cup taking place in February 2023, the Specsavers Youth Games is a perfect opportunity for players to have a go themselves and continue throughout the summer after the big day.

Cricket is a striking and fielding game played between two teams - both teams get to bat and field - the winning team being the one with the most runs (or points) at the end of the game.

The sessions will be a mixture of learning skills, practising those skills, learning the game of cricket, and playing lots of fun games to bring everything together.

Following on from the Youth Games training sessions and fun competition on Games Day, Girls' cricket will continue on a Tuesday during the summer term for anyone that would like to continue playing.

TRAINING DATES AND TIMES - There are 48 places available

Team	Venue	Date	Time
All islands	KGV playing fields (Outdoors)	Tuesdays 25 April and 2, 9, 16 May	16.00 – 17.30 apart from 9 May 9.00 - 10.30
			12

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CYCLING

Open to

Girls and boys

Clothing required

Sport/leisure clothing with trainers appropriate for varying weather. Helmets are compulsory

Main contact

Paul de Garis, Cycling Development Officer Telephone: 07781 102118 Email: paul@gvc.gg



All children must have a roadworthy bike. Drop handlebars are not allowed.

Cycling has been made popular over the years with British riders Bradley Wiggins, Chris Froome and Geraint Thomas all winning the Tour de France.

The Guernsey Velo Club has been organising road racing and mountain bike racing and more recently Cyclocross in Guernsey for more than 50 years. Our junior racing squad have successfully competed in the UK and France and the Guernsey Cycling Team has achieved gold medals at the Island Games. More recently Guernsey Cycling performed brilliantly across both MTB and Road Disciplines in the 2022 Commonwealth Games held in Birmingham.

Training sessions will be held at Delancey Park with basic skills being taught on the grass. The racing will be on a combination of tarmac and off-road and riders will experience fun racing which will be an ideal introduction to the sport.

TRAINING DATES AND TIMES - There are 18 places available				
Team	Venue	Date	Time	
All islands	Delancey Park	Saturdays 29 April, and 6, 13 May	10.15 – 12.15	
13				

FOOTBALL

Open to

Girls only

Clothing required

Shin pads and football socks, football boots can be worn but trainers are suitable

Main contact

Joelle Priaulx, Women and Girls' Football Development Officer Telephone: 07781 441680 Email: joelle.pengelley@guernseyfa.com

The training sessions will develop your understanding of the rules of football and each week will focus on a technical element leading into match play.

The girls will develop team skills, technical skills, and tactics of football in a fun environment ending with a round-robin tournament on competition day, where all teams will play against each other.

Women's football will feature in the Island Games here in Guernsey in July and there are plenty of opportunities to carry on playing at all ages.

TRAINING DATES AND TIMES - There are 42 places available

Team	Venue	Date	Time
All islands	KGV 3G (artificial) Pitch	Thursdays 27 April and 4, 11, 18 May	16.30 – 18.00
			14

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GYMNASTICS

Open to

Girls and boys

Clothing required

T-shirt and shorts with bare feet and hair tied back

Main contact

Nikki Palmer, Guernsey Sports Commission Telephone: 07736 301213

Email: nikki.palmer@guernseysports.com

Children with no previous experience will have the chance to learn the fundamentals of gymnastics, in a safe and friendly environment.

During your three training sessions, you will learn the skills required to put together a tumbling sequence and springboard vault, which will then be performed on the day of competition.



HOCKEY

Open to

Girls and boys

Clothing required

Trainers and gum shield required. Shin pads and hockey stick if you have them – if not they can be borrowed from the club

Main contact

Sam Watson. Hockey Development Officer Email: hdo@guernseyhockey.com

Hockey is a fast-paced team game played on an AstroTurf pitch.

We will look to develop key skills such as passing, dribbling, tackling, and shooting through fun training games, so we can take these into matches for Games Day.



TRAINING DATES AND TIMES - There are 12 places available

Team	Venue	Date	Time
All islands	Phoenix Tumbling and Gymnastics Centre, Barras Lane	Sundays 30 April, 7 and 14 May	11.00 – 12.30
15			

TRAINING DATES AND TIMES - There are 60 places available

Team	Venue	Date	Time
All islands	The Hockey Club, Footes Lane	Thursdays 27 April and 4, 11, 18 May	17.30 – 19.00
			16

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JUDO

Open to

Girls and boys

Clothing required

Tracksuit or jogging bottoms, t-shirt, full water bottle

Main contact

Edward Mann

Telephone: 07839 191900

Email: guernseyjudoclub@gmail.com

Judo is a martial art and Olympic sport.

Each training session will be one hour long, with a total of six sessions. You will learn the basics of judo, which will provide you with the knowledge to take part in the Games Day competition against each other.



TRAINING DATES AND TIMES - There are 18 places available

Team	Venue	Date	Time
All islands	Elizabeth College Sports Hall	Wednesdays 22, 29 March, 26 April and 3, 10, 17 May	18.30 – 19.30
17			

NETBALL

Open to

Boys only

Clothing required

Comfortable sportswear and trainers. Bring a drink

Main contact

Amy Fallaize, Netball Development Officer Telephone: 07839 209911 Email: info@guernseynetball.gg

Netball is a fast-paced, dynamic team sport which everyone can enjoy.

The number of boys and men participating in men's and mixed netball is growing. In fact, this year saw the first ever men's international netball match between England and Australia.

Guernsey has had its own men's netball team for quite a few years now and we would love to give more young boys the opportunity to get involved in our sport.

The Games Day tournament will be a 7-a-side or 5-a-side boys netball tournament depending on the number of players we have interested.

TRAINING DATES AND TIMES - There are minimum of 42 places available

Team	Venue	Date	Time
All islands	Beau Sejour, Outdoor Netball Courts	Wednesdays 3, 10 and 17 May	17.30 – 19.30
			18

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Open to

Girls and boys

Clothing required

Wetsuit (if you have one), swimming gear, towel or wrap and something warm to put on afterwards

Main contact

Alan Jenner, Outdoor and Adventure Sports Development Officer Telephone: 07781 118253

Email: alan.jenner@guernseysports.com



Stand Up Paddle Boarding or SUP is one of the fastest growing water sports in the world. There are lots of possible activities on offer with SUP, but the fundamentals of board and paddle skills are absolutely key.

We will aim to develop your skills towards being able to race – we will learn about distance, technical and sprints – which we will base our Games Day competition on. Training sessions will be one hour, and we will split into two groups of six.

Location and times for training will be driven by the weather, tides etc but will generally be planned for Saturday mornings. It is important you are able to attend the first introduction session, ideally along with a parent/carer.

Please only sign up to this if you can be flexible about training times.

Team	Venue	Date	Time
All islands	La Vallette Bathing Pools (introduction session not on the water)	Saturday April 1	10.00 – 11.00
Gozo Greenland Falkland Islands	Pembroke or Havelet	Saturdays 29 April, 6, 13 May	Morning - start time dependent on tides
St Helena Gibraltar Orkney 9	Pembroke or Havelet	Saturdays 29 April, 6, 13 May	Morning – start time dependent on tides



Open to

Girls and boys

Clothing required

Trainers and sports kit.
Other equipment will be provided

Main contact

Sara Woolland, Guernsey Padel, Dominic Woolland (coach) Telephone: 07781 100051 or 07781 100729 Email: sara.woolland@gmail.com

Padel is one of the fastest-growing sports in the world - a hybrid of tennis and squash, it is most similar to tennis but played inside a glass box where the ball can bounce off the walls.

Always played as doubles, padel is fun, easy to pick up and sociable. It is much easier than other racket sports and can be enjoyed by both boys and girls and by all abilities.



TRAINING DATES AND TIMES - There are 16 places available

Team	Venue	Date	Time
Gozo Greenland Falkland Islands	Guernsey Tennis Centre, Longcamps	Tuesdays 28 Mar, 4, 25 Apr, and 2, 9, 16 May	16.00 – 17.00
St Helena Gibraltar Orkney	Guernsey Tennis Centre, Longcamps	Wednesdays 29 Mar, 5, 26 Apr, and 3, 10, 17 May	16.00 – 17.00 20

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PETANQUE

Open to

Girls and boys

Clothing required

Sturdy footwear, no flip-flops

Main contact

Dave Bartram, Guernsey Pétanque Club Telephone: 07781 168529 Email: gpa@suremail.gg

The training sessions will be used to learn how to throw boules accurately and learn the necessary tactics. The venue for both training sessions and competition day can be found at www.guernseypetanque.co.uk/how-to-find-us/

There's plenty of parking on site and parents are welcome to join in.



RUGBY

Open to

Girls and boys

Clothing required

Comfortable clothing, boots or training shoes and a mouthguard

Main contact

Steve Melbourne. Rugby Development Officer Telephone: 07781 137988 Email: stevemelbourne@rfu.com

main emphasis on safety and having fun.

All the sessions will be game based with skill zones to work on skills such as running, passing and contact skills.

On Games Day you will be divided up into your island teams and then play against each other in a round robin of games.

There are plenty of opportunities to continue with rugby after the Youth Games.

Junior rugby is delivered by the Guernsey Rugby Academy with the

TRAINING DATES AND TIMES - There are 18 places available

Team	Venue	Date	Time
All islands	Guernsey Club de Pétanque, Les Friquets, St Andrews	Sundays 16 and 23 April and 7, 14 May	10.00 – 11.30
21			

TRAINING DATES AND TIMES - There are 50 places available

Team	Venue	Date	Time
All islands	Guernsey Rugby Training Pitch, Footes Lane	Wednesdays 29 March, 5, 26 April, 3, 10, 17 May	17.00 – 18.00
			22

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SAILING

Open to

Girls and boys

Clothing required

Clothes and shoes that can get wet.

Sailors can wear a wetsuit if they have one, if not sports kit and a jumper. Towel and a change of clothes and shoes to go home in

Main contact

Clare Chapple, Sailing Development Officer Telephone: 01481 710877 Email: clare@sailingtrust.org.gg

All sailing, training and competition will be held on the Model Yacht Pond.

Sailors will be taught to sail the Oppie dinghies, one sailor per boat. By the end of the training, you will be able to sail a reach-to-reach course tacking at each end.

This course will be used for the Games Day competition with sailors lining up along the wall to start. You will compete as individuals with your scores being combined with other team members to work out the winning sailing team.

TRAINING DATES AND TIMES - There are 24 places available Time Venue Date Team 15.45 - 17.15 Tuesdays 25 April, Gozo Guernsey Sailing Trust, Greenland Model Yacht Pond 2, 10 (Wed), 16 May Falkland Islands Thursdays 27 April 15.45 - 17.15 St Helena Guernsey Sailing Trust, and 4, 11, 18 May Gibraltar Model Yacht Pond Orkney

SKATEBOARDING

Open to

Girls and boys

Clothing required

Skate shoes or trainers

Main contact

Tim Gaudion, Guernsey Skate Parks Telephone: 07911 130690 Email: info@guernseyskateparks.com

Skateboarding lessons take place every Saturday morning from 10am until 11.30am (weather permitting) at the Jubilee Skatepark, Beau Sejour. After the lesson you will be expected to continue practising until 12. Instructors will be at the skatepark during this time to help if needed.

We will use these regular sessions for our Youth Games training. Skateboards and helmets are available to borrow for the lessons.

Complete beginners will start learning the basics on the street sections and banks around the skatepark, while more advanced skaters can also use the bowl and halfpipe.

The Games Day competition will be a skate jam at the Jubilee Skatepark and we will be looking to see which skaters have progressed the most.

TRAINING DATES AND TIMES - There are 12 places available

Team	Venue	Date	Time
All islands	Jubilee Skatepark, Beau Sejour	Saturdays – apart from during Easter holidays – you can start whenever, but need to attend at least three sessions before Games Day	10.00 – 11.30
			24

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SOFTBALL

Open to

Girls and boys

Clothing required

Trainers or football boots

Main contacts

Sam Richardson, Guernsey Softball Association Telephone: 07781 424075 Email: sam@manorfarmfoods.com

Softball is a game similar to baseball but with a larger, softer ball, smaller field and under arm pitching.

During the training sessions, children will learn the basics of the game i.e., catching, throwing, batting, running the bases and learning where to be when the ball gets hit.

There will be a fun, team competition on Games Day.



TRAINING DATES AND TIMES - There are 70-80 places available

Team	Venue	Date	Time
All islands	Softball Diamond at Beau Sejour	Sundays 30 April, 7 and 14 May	10.00 – 12.00
25			

SQUASH

Open to

Girls and boys

Clothing required

Non marking trainers and comfortable sportswear. All other equipment will be provided

Contact

Martin Watts, Squash Development Officer Telephone: 07781 129511 Email: office@guernseysquashandracketball.co.uk

Squash is a fast, fun, and enjoyable sport played indoors.

During the training sessions you will learn the shots of the game, rules and tactics allowing you to get the most out of the competition on Games Day.

The training sessions are flexible. If you can't make your designated session, you can attend the alternative one. Participants should try to attend at least four of the training sessions.



TRAINING DATES AND TIMES - There are 30 places available

Team	Venue	Date	Time	
Gozo Greenland Falkland Islands	Beau Sejour	Saturdays 1, 8, 15, 29 April, and 6, 13 May	13.00 – 14.00	
St Helena Gibraltar Orkney	Beau Sejour	Saturdays 1, 8, 15, 29 April, and 6, 13 May	14.00 – 15.00	
				26

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TABLE TENNIS

Open to

Girls and boys

Clothing required

Shorts, t-shirt and trainers

Contacts

Becks O'Keefe, Table Tennis Development Officer or Derek Webb Telephone: 07781 180140 Email: tabletennis@cwgsy.net

Training sessions will consist of service practice and playing simple rallies, this will enable you to play matches and enjoy the competition on Games Day.

Teams will be made up of three players from each of the six islands.

The basic rules of the game will also be part of the sessions.

The competition will be played on a round robin basis, all play all. This will give every player 15 matches, best of three up to seven points, alternating service. A point will be awarded for every game won. Then at the end of the day each team's points will be counted.

Umpires will be provided from the junior section of the GTTA.



VOLLEYBALL

Open to

Girls and boys

Clothing required

Shorts, t-shirt, and trainers / indoor court shoes

Contact

Josh Martel or Robbie Le Messurier, Guernsey Volleyball Association Telephone: 07781 145686 or 07781 445313 Email: gvasecretary@hotmail.com

Volleyball is one of the most popular sports globally, boasting the most amateur associations of any sport in the world.

It's explosive, fun, and fast-paced. Teamwork is an absolute necessity. We will hold training sessions on Monday nights in the lead-up to the competition day.



TRAINING DATES AND TIMES - There are 18 places available

Team	Venue	Date	Time
All islands	Guernsey Table Tennis Centre, Hougue du Pommier	Tuesdays 2, 9, 16 May and Thursdays 4, 11, 18 May	17.30 – 18.30
27			

TRAINING DATES AND TIMES - There are 24 places available

Team	Venue	Date	Time
All islands	Les Maingy Activity Centre / Scout HQ, Rue Maingy, Vale	Mondays 24 April, and 8, 15 May	17.00 – 19.00
			28

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ALDERNEY

For the first time we are able to include children from Alderney in this year's Youth Games thanks to the support of the Alderney Sports Foundation.

Unfortunately, we are unable to offer all 23 sports to Alderney children, but we have selected six sports for you to choose from – all of which you will be able to carry on playing in Alderney after the Youth Games if you want to.

We will provide separate, detailed information to Alderney children about training dates and times – some of which may involve a daytrip to Guernsey to join other team members for at least one session in advance of Games Day. The cost of these trips will be funded thanks to the support of the Alderney Sports Foundation. Some of our Guernsey-based coaches will also travel to Alderney to deliver training sessions alongside local coaches.

The sports available for Alderney children to choose from are:

Athletics

Boxing

Cricket

Cycling

Sailing

Table tennis

On Games Day, Saturday 20 May, we are aiming to charter a ferry to bring the children, their coaches and teachers (and possibly any parents if they are interested) to Guernsey for the day to take part in the competition and closing ceremony. Obviously, this will be weather dependent.

At this stage we are asking all Alderney children in Years 5 and 6 to select five of the six sports that you would be interested in trying. Training will generally be held at St Anne's School.

SPECSAVERS GUERNSEY YOUTH GAMES 2023 PLAYER REGISTRATION FORM

You can complete and submit the form online if you wish.

Please go to www.guernseysports.com/programmes/youth-games/

My name is				Boy / Girl
Address				
Postcode	Date of Birth .			
Home tel				
Parent contact email				
Emergency contact name and	number			
School		S	School year	
My sport choices are (please g	iive 5):			
1				
2				
3				
4				
5				
T-shirt size (please circle):	Medium (age 9-10)	Large (age 11-12)	Extra Large (12-13)	

This information is provided for the interest of members of the community. The circulation of the information should not be taken as a recommendation or endorsement by the school or Education Services, and you should carry out your own enquiries to ensure that you are satisfied with the quality, suitability and safety of the product or service advertised and the identity and character of those providing it.

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PARENTS

The Guernsey Sports Commission would like to take pictures of your child taking part in the Specsavers Youth Games. These may be used for publicity purposes, such as in local news or in our promotional materials. Your child may be asked to give a radio and/or television interview to promote young people being involved in sport. Any images and interviews will be taken in line with the Guernsey Sports Commission safeguarding children policies.

Taking part in sport has an assumed risk. While the Guernsey Sports Commission, the sports organisations and instructors will take all necessary precautions to ensure the safety of participants, unfortunately accidents may occur. It is understood and agreed that individuals participate at their own risk.

Please state any kr	nown medical	conditions that may	affect your	child during	the session ar	nd your preter	red course of	action:

I agree to my child taking part in the sport(s) indicated. To the best of my knowledge my child is eligible to take part and fulfils the criteria set for the chosen sports. He/she is available for training sessions and Games Day on Saturday 20 May 2023.

Signed	Parent/Guardian
Please print name	Nate

To ensure your child's safety, we will be operating a sign-in/sign-out policy on Saturday 20 May 2023. This may take a few minutes, but we would appreciate your patience while we make sure that each child is safely reunited with their parent or guardian. Signs will be posted at the closing ceremony venue to remind parents of this policy.

Please return this player registration form to: 2023 Youth Games Coordinator, The Coach House, Beau Sejour Leisure Centre Leisure Centre, Amherst, St Peter Port, GY1 2DL to arrive **no later than Friday 17 February 2023** or hand it in to your school before the closing date.



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