



# HOLDFAST WATER SKILLS ACADEMY

For further information and to book a course,  
visit our website by scanning the QR code below:



Email:

[info@guernseysports.com](mailto:info@guernseysports.com)

Call or message Alan Jenner on:  
**07781 118253**

## Hotel and Restaurant water safety course

A bespoke course designed for staff at hotels  
with swimming pools and businesses that  
have close contact to the Guernsey shoreline,  
such as bars and restaurants.



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# HOLDFAST WATER SKILLS ACADEMY

PROVIDING THE SKILLS NEEDED TO  
HAVE FUN ON AND IN THE WATER



SCAN QR CODE



# HOLDFAST WATER SKILLS ACADEMY

## Living on an island, nowhere is too far from the sea.

Guernsey's maritime environment is something very special to be enjoyed by the whole community, including our many visitors to the island. But the risks and dangers of this environment should not be underestimated.

We all want to enjoy the natural beauty and world class ocean environment Guernsey offers, but before we start our adventures, we need to consider whether we have the skills, confidence and competence to proceed.

The Guernsey Sports Commission's Holdfast Water Skills Academy aims to provide the skills needed to have fun on and in the water.

We offer the following courses and training →



## Community water safety awareness training

Group sessions for the community, providing information and guidance to make people aware of all foreseeable risks that they may face, with the outcome being better decisions about water safety and engaging with the environment.

## Business/office water safety training

A course designed to be delivered during a lunchtime/social event, offering water safety information and knowledge regarding the Guernsey environment. Some offices might have external contracted staff or staff who are new to Guernsey, including some who might be new to outdoor water-based activities. The life skills provided can then be shared with family and friends.



## Qualification in water safety

We can offer a States of Guernsey approved and 1st4Sport accredited water safety qualification with 3 different levels, which can be taken in whole or in part:

**Level 1 Water safety principles**

**Level 2 Location specific – beach water safety**

**Level 3 Deep water safety management – open water swimming and rescue boards**

The courses are not generic, but are delivered with the Guernsey environment in mind in addition to life skills for all water-based activities.



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